

# Jolene Jacquart

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## Education

**Vanderbilt University Medical School**  
**Department of Psychiatry & Behavioral Sciences Adult Psychiatry**  
2019–2020 (Anticipated)  
Nashville, TN

**Internship in Professional Psychology:**  
General Track  
**Supervisor:** Dr. Sonia Matwin

**The University of Texas at Austin**  
**Ph.D. in Clinical Psychology**  
2014–2020 (Anticipated)  
Austin, TX

**Dissertation:** “Exercise for Mental Health”  
**Advisor:** Dr. Jasper Smits

**The University of Texas at Austin**  
**M.A. in Clinical Psychology**  
2014–2016  
Austin, TX

**Thesis:** “Enhancing Exposure Therapy with Acute Exercise: An Initial Test”  
**Advisor:** Dr. Jasper Smits

**The University of Wisconsin - Madison**  
**B.S. in Biology-Neuroscience & Psychology**  
2008–2012  
Madison, WI

**Undergraduate Senior Thesis:** “Differences in Emotional Perseveration in Meditators & Meditation-Naive Participants”  
**Advisor:** Dr. Richard Davidson

## Licenses & Board Certifications

State of Texas, Licensed Psychological Associate

*License Number: 38115*

## Scholarships & Awards

**Ira Iscoe Fellowship** 2019  
Psychology Department, University of Texas at Austin

**Janet T. Spence Award for a Teaching Assistant** 2019  
In PSY393K Clinical Practicum, Psychology Department, University of Texas at Austin

**Professional Development Travel Award** 2016, 2017, & 2018  
Psychology Department, University of Texas at Austin

**The Benjamin Hairington Empirically Supported Treatment Award** 2016 & 2017  
Anxiety & Stress Clinic, Psychology Department, University of Texas at Austin

**Graduate Student Assembly Travel Award** 2016  
Graduate Student Assembly, University of Texas at Austin

**APF/COGDOP Graduate Research Scholarship** 2015  
American Psychological Foundation

**Grammar Fellowship for Mental Health Research** 2015  
Psychology Department, University of Texas at Austin

**Graduate School Prestigious Fellowship** 2014–2015  
College of Liberal Arts, University of Texas at Austin

*Jacquart, J*

## Research

### Peer-Reviewed Journal Articles

1. **Jacquart, J.**, Dutcher, C., Freeman, S.Z., Stein, A.T., Dinh, M., Carl, E., Smits, J.A.J. (2019). The effects of exercise on transdiagnostic treatment targets: A meta-analytic review. *Behaviour Research and Therapy*. 115:19-37. PubMed: 30473437.
2. **Jacquart\***, J., Roquet\*, R.F., Papini, S., Powers, M.B., Rosenfield, D., Smits, J.A.J., Monfils, M.H. (2017). Enhancing exposure therapy with acute exercise: Negative findings in humans and rats. *Journal of Anxiety Disorders*. 50:76-86. PubMed: 28618306.
3. **Jacquart, J.**, Papini, S., Davis, M.L., Rosenfield, D., Powers, M.B., Frierson, G., Hopkins, L., Baird, S.O., Marcus, B., Church, T., Otto, M., Zvolensky, M., Smits, J.A.J. (2017). Identifying attendance patterns in a smoking cessation treatment and their relationships with quit success. *Drug and Alcohol Dependence*. 174:65-69. PubMed: 28315809.
4. Smits, J.A.J., Powers, M.B., Rosenfield, D., Zvolensky, M.J., **Jacquart, J.**, Davis, M.L., Beevers, C.G., Marcus, B.H., Church, T.S., Otto, M.W. (2016). BDNF Val66Met polymorphism as a moderator of exercise enhancement of smoking cessation treatment in anxiety vulnerable adults. *Mental Health & Physical Activity*. 10:73-77. PubMed: 27453731.
5. Medina, J.L., **Jacquart, J.**, Smits, J.A.J. (2015). Optimizing the exercise prescription for the treatment of depression: The search for biomarkers of response. *Current Opinion in Psychology*. 4:43-47. PubMed: 26309904.
6. Kuo\*, B., Bhasin\*, M., **Jacquart, J.**, Scult, M.A., Slipp, L., et al. (2015). Genomic and clinical effects associated with a relaxation response mind-body intervention in patients with irritable bowel syndrome and inflammatory bowel disease. *PLOS ONE*. 10(4):e0123861. PubMed: 25927528.
7. Scult, M., Haime, V., **Jacquart, J.**, Takahashi, J., Moscovitz, B., Webster, A., Denninger, J.W., Mehta, D. (2015). A novel healthy aging program for older adults: Effects on self-efficacy and morale. *Advances in Mind-Body Medicine*. 29(1):26-33. PubMed: 25607120.
8. Park, E.R., Psaros, C., Traeger, L., Stagg, A., **Jacquart, J.**, Willett, J., Alert, M.D., Laroche, K.L., Ecker, J.L. (2015). Development of a postpartum stress measure. *Maternal and Child Health Journal*. 19(10):2094-101. PubMed: 25682113.
9. **Jacquart\***, J., Miller\*, K.M., Radossi, A., Haime, V., Gilburd, D., Nelson Oliver, M., Macklin, E., Mehta, D., Yeung, A., Fricchione, G.L., Benson, H., Denninger, J.W. (2014). The effectiveness of a community-based mind body depression group intervention of depression and anxiety. *Advances in Mind-Body Medicine*. 28(3); 6-13. PubMed: 25141353.
10. Yeung, A., Slipp, L., Niles, H., **Jacquart, J.**, Chow, O., Fava, M., Denninger, J.W., Benson, H., Fricchione, G.L. (2014). Effectiveness of the relaxation response-based group intervention for treating depressed Chinese Americans: a pilot study. *Int J of Environ. Res. and Pub. Health: Migrant Health Special Issue*. 11; 9186-9201. PubMed:25198683.
11. Psaros, C., Kagan, L., Shifren, J.L., Willett, J., **Jacquart, J.**, Alert, M.D., Macklin, E., Styler, A.K., Denninger, J.W., LaRoche, K.L., Park, E.R. (2014). Mind-body group treatment for women coping with infertility: A pilot study. *J. of Psychosomatic Obstetrics and Gynecology*. 26:1-9. PubMed: 25541217.

12. Yeung, A.S., Slipp, L., **Jacquart, J.**, Fava, M., Denninger, J., Benson, H., Fricchione, G. (2013). The treatment of depressed Chinese Americans using qigong in a health care setting: A pilot study. *Evidence-Based Complementary and Alternative Medicine*. 2013; 168784. PubMed: 23690836.
13. Alert, M.D., Rastegar, S., Foret, M., Slipp, L., **Jacquart, J.**, Macklin, E., Baim, M., Fricchione, G., Benson, H., Denninger, J., Yeung, A.S. (2013). The effectiveness of a comprehensive mind body weight loss intervention for overweight and obese adults: A pilot study. *Complementary Therapies in Medicine*. 21(4); 286-293. PubMed: 23876558.
14. Schyuler, B., Karl T., **Jacquart, J.**, Wang, H., Van Reekum, C., Lutz, A., Davidson, R. (2012). Temporal dynamics of emotional responding: Amygdala recovery predicts emotional traits. *Social Cognitive and Affective Neuroscience*. 9(2); 176-181. PubMed: 23160815.

\*Authors contributed equally.

## Manuscripts Under Review

1. Conroy, H.E., **Jacquart, J.**, Baird S.O., Rosenfield, D., Davis, M.L., Powers, M.B., Frierson, G.M., Marcus, B.H., Otto, M.W., Zvolensky, M.J., Smits, J.A.J. (*under review*). Age and pre-quit day attrition during smoking cessation treatment. *American Journal of Drug and Alcohol Abuse*.
2. **Jacquart, J.**, Van Dessel, P., Rink, M., Smits, J.A.J. (*under review*). The relation between approach-avoidance bias and implicit evaluation with exercise behaviors: An exploratory analysis. *Sport, Exercise, and Performance Psychology*

## Book Chapters

1. Holahan, C.J., **Jacquart, J.**, Moos, R.H. (2018). Healthcare work environments. In Ayers, S. et al. (Eds.) *Cambridge Handbook of Psychology, Health and Medicine (3rd edition)*. Cambridge; New York: Cambridge University Press.

## Peer-Reviewed Conference Presentations

1. **Jacquart, J.**, Dutcher, C., Freeman, S.Z., Stein, A.T., Dinh, M., Carl, E., Smits, J.A.J. (2019, March). The effects of exercise on transdiagnostic treatment targets: A meta-analytic review. In R.J. McNally (Chair), *How Does Exercise Improve Mental Health?* Symposium conducted at the International Convention of Psychological Science, Paris, France.
2. **Jacquart, J.**, Papini, S., Davis, M.L., Rosenfield, D., Powers, M.B., Frierson, G., Hopkins, L., Baird, S.O., Marcus, B., Church, T., Otto, M., Zvolensky, M., Smits, J.A.J. (2018, April). Identifying attendance patterns for an exercise-based smoking cessation treatment & their relationships with quit success for smokers with high anxiety sensitivity. In **J. Jacquart** (Chair), *Exercise for mental health: Impact of exercise prescription variables & adherence on clinical outcomes*. Symposium conducted at the Anxiety and Depression Association of America Annual Conference, Washington D.C.
3. **Jacquart, J.**, Papini, S., Davis, M.L., Rosenfield, D., Powers, M.B., Frierson, G., Hopkins, L., Baird, S.O., Marcus, B., Church, T., Otto, M., Zvolensky, M., Smits, J.A.J. (2017, July). An exercise augmented smoking cessation treatment for individuals with high anxiety sensitivity: The relationship between attendance patterns and quit success. In F. Legrand (Chair), *The effects of exercise on anxiety, depression, and associated unhealthy behaviors*. Symposium conducted at the 14th World Congress of Sport Psychology of the International Society of Sport Psychology, Seville, Spain.

4. Denninger, J.W., Laubach, J.P. Yee, A.J., O'Donnell, E., Macklin, E.A., Perez, G.K. Traeger, L.N., Chad-Friedman, E., Proszynski, J., **Jacquart, J.**, Goldman, R., Riklin, E., Niles, H., Nehrt, E.M., Chaukos, D.C., Richardson, P.G., Raje, N.S., Fricchione, G.L., Park, E.R., Benson, H. (2017, June) Psychosocial effects of the relaxation response resiliency program (SMART-3RP) in patients with MGUS and smoldering multiple myeloma: A waitlist controlled randomized clinical trial. Poster session presented at the American Society of Clinical Oncology Annual Meeting, Chicago, IL.
5. **Jacquart, J.**, Smits, J.A.J., Powers, M.B., Rosenfield, D., Zvolensky, M.J., Davis, M.L., Beevers, C.G., Marcus, B.H., Church, T.S., Otto, M.W. (2017, April). BDNF Val66Met polymorphism as a moderator of exercise enhancement of smoking cessation treatment in anxiety vulnerable adults. In E. Bernstein (Chair), *Let's get moving! Exploring targets and mechanisms of exercise's therapeutic effect on mental health*. Symposium conducted at the Anxiety and Depression Association of America Annual Meeting, San Francisco, CA.
6. **Jacquart, J.**, Papini, S., Rosenfield, D., Powers, M.B., Smits, J.A.J. (2016, October). Enhancing exposure therapy with acute exercise: Negative findings. In A. Fang (Chair), *Novel strategies for enhancing cognitive-behavioral therapy: D-cycloserine, oxytocin, and exercise*. Symposium conducted at the the Association for Behavioral & Cognitive Therapies Annual Conference, New York, NY.
7. **Jacquart, J.**, Papini, S., Davis, M.L., Rosenfield, D., Powers, M.B., Zvolensky, M.J., Smits, J.A.J. (2016, April). Attendance to an exercise-based smoking cessation program for individuals with high anxiety sensitivity. Poster session presented at the Anxiety and Depression Association of America Annual Conference, Philadelphia, PA.
8. Goldman, R., Kuo, B., Denninger, J.W., Dusek, J., Bhasin, M., Macklin, E., Korzenik J.R., **Jacquart, J.**, Scult, M.A., Slipp, L., Riklin, E., Lepoutre, V., Comosa, N., Norton, B.A., Dassatti, A., Rosenblum, J., Thurler, A.H., Surjanhata, B.C., Hasheminejad, N.H., Kagan, L., Slawsby, E., Rao, S.R., Benson, H., Libermann, T.A., Fricchione, G.L. (2014, October). Genomic and clinical effects of a relaxation response mind body intervention in IBS and IBD. Poster session presented at Massachusetts General Hospital Annual Clinical Research Day, Boston, MA.
9. **Jacquart, J.**, Miller, K.M., Radossi, A., Haime, V., Macklin, E.A., Gilburd, D., Nelson Oliver, M., Mehta, D., Yeung, A., Fricchione, G.L., Benson, H., Denninger, J.W. (2013, October). Effectiveness of a community-based mind body depression group intervention of depression: A pilot study. Poster session presented at the Massachusetts General Hospital Annual Clinical Research Day, Boston, MA.
10. Drewel, E., LaRoche, K., **Jacquart, J.**, Niles, H., Wolff, J., Fricchione, G.L., Benson, H., Denninger, J.W. (2013, October). Blurred lines: Differences & similarities between chronic stress & anxiety. Poster session presented at the Massachusetts General Hospital Annual Clinical Research Day, Boston, MA.
11. **Jacquart, J.**, Psaros, C., Kagan, L., Shifren, J.L., Willet, J., Alert, M.D., Macklin, E.A., Styer, A.K., Denninger, J.W., Park, E. (2012, October). Mind-body group treatment for women coping with infertility: A pilot study. Poster session presented at Massachusetts General Hospital Annual Clinical Research Day, Boston, MA.
12. **Jacquart, J.**, Scult, M., Kempner, M., Haverkamp, M., Andreyeva, I., Fiornio, A., Denninger, J.W, Benson, H., Hibberd, P., Fricchione, G.L. (2012, October). Health management training to enhance influenza vaccine immunogenicity?. Poster session presented at Massachusetts General Hospital Annual Clinical Research Day, Boston, MA.
13. **Jacquart, J.**, Schuyler, B.S., Kral, T.R.A., Burghy, C., Bachhuber, D., Cayo, A., Hessenthaler, H., Nelson, T., Weng, H.Y., MacCoon, D., Perlman, D., Rosenkranz, M., Lutz, A., Davidson, R.J.

(2011, April). Differences in emotional perseveration In meditators and meditation-naive participants. Poster session presented at the Annual Wisconsin Symposium on Emotion, Madison, WI.

## Research Positions

### Anxiety & Health Behaviors Lab

Psychology Department, University of Texas at Austin  
Austin, TX

- January 2018–  
Present
- Project: Public Attitudes Toward Mental Healthcare  
PI: Trisha Gupte & Jolene Jacquart, M.A.  
Aim: Explore the public's knowledge of and attitudes toward mental healthcare  
Role: Co-Principal Investigator  
Primary Responsibilities: Project design and implementation; data analysis; manuscript preparation
- January 2018–  
May 2019
- Project: Implementation of a Group-CBT Program for Social Anxiety Disorder in a Community Setting  
PI: Jolene Jacquart, MA & Scarlett Baird, MA  
Aim: Test the feasibility and acceptability of a group CBT protocol as implemented in a community outpatient clinic  
Role: Co-Principal Investigator  
Primary Responsibilities: Project design and manual development; training of therapists; data collection; manuscript preparation
- January 2018–  
May 2019
- Project: Perception and Performance  
PI: Annabelle DiVita & Jolene Jacquart, M.A.  
Aim: Test whether depressive symptoms moderate the efficacy of an online arousal reappraisal intervention on stress responding.  
Role: Co-Principal Investigator  
Primary Responsibilities: Project design; data analysis; manuscript preparation
- June 2017–May  
2019
- Project: Strategies for Responding to Stress  
PI: Jolene Jacquart, M.A.  
Aim: Test the efficacy of an integrated exercise and arousal reappraisal intervention on stress responding in a sample of participants with mild to moderate depression.  
Role: Principal Investigator  
Primary Responsibilities: Project design and implementation; data collection; manuscript preparation
- August 2016–  
May 2017
- Project: Impact of Exercise on Computerized Task Performance  
PI: Jolene Jacquart, M.A.  
Aim: Explore the relationship between implicit and explicit exercise biases and exercise related self-report behaviors.  
Role: Principal Investigator  
Primary Responsibilities: Project design and implementation; data collection; manuscript preparation

- January 2015–  
November 2018
- Project: Dose Timing of D-Cycloserine to Augment CBT for Social Anxiety Disorder
    - Funding: National Institute of Mental Health
    - PI: Jasper Smits, Ph.D
    - Aim: Evaluate a tailored post-session administration strategy for DCS augmentation of exposure therapy
    - Role: Graduate Research Assistant
    - Primary Responsibilities: Independent evaluator; data collection; treatment fidelity assessment
- May 2015–May  
2019
- Project: Enhancing Panic and Smoking Reduction Treatment with D- Cycloserine
    - Funding: National Institute on Drug Abuse
    - PI: Jasper Smits, Ph.D
    - Aim: Evaluate the potential efficacy of the addition of DCS versus placebo to a specialized cognitive-behavioral program targeting the role of anxiety sensitivity, distress intolerance, and panic attacks in smoking maintenance
    - Role: Graduate Research Assistant
    - Primary Responsibilities: Protocol therapist; data collection; treatment fidelity assessment
- May 2015–May  
2016
- Project: Integrated PTSD and Smoking Treatment
    - Funding: National Institute on Drug Abuse
    - PI: Mark Powers, Ph.D
    - Aim: Test an integrated and specialized treatment for smokers with PTSD
    - Role: Graduate Research Assistant
    - Primary Responsibilities: Protocol therapist; independent evaluator; data collection; treatment fidelity assessment
- August 2014–  
February 2017
- Project: Exercise and Virtual Reality Exposure Therapy for Acrophobia
    - PI: Jolene Jacquart, M.A.
    - Aim: Test the efficacy of a single bout of vigorous exercise to enhance the effects of a single session of virtual reality exposure therapy for acrophobia.
    - Role: Principal Investigator
    - Primary Responsibilities: Project design and implementation; data collection; manuscript preparation

**Benson Henry Institute for Mind Body Medicine**  
**Massachusetts General Hospital**  
 Boston, MA

- June 2013–June 2014 - Project: Genomic and Psychosocial Effects of the Relaxation Response Resiliency Program (3RP) on Patients with MGUS and Smoldering Multiple Myeloma  
Funding: Aldoph Coors Foundation& Onyx Pharmaceuticals  
PI: John Denninger, MD, PhD  
Aim: Evaluate the effects of a mind body medicine intervention called the Relaxation Response Resiliency Program (3RP) on stress and stress related symptoms in patients with monoclonal gammopathy of undetermined significance (MGUS) and smoldering multiple myeloma (SMM).  
Role: Clinical Research Coordinator  
Primary Responsibilities: Study design and protocol development; communicate with funding agencies; participant recruitment and screening; coordinate blinded side of the study; data collection
- May 2012–June 2014 - Project: Quantification of Outcome Measure for Mind-Body Interventions  
Funding: National Center for Complementary and Integrative Health (Grant #: 5R01AT006464)  
PI: John Denninger, MD, PhD  
Aim: Determine if participation in one of three different health management groups (meditation, Kundalini yoga, and bibliotherapy) will elicit genomic and biochemical changes and decrease perceived stress levels and symptoms in healthy, stressed adults.  
Role: Clinical Research Coordinator  
Primary Responsibilities: Communicate with funding organizations, auditors, and the IRB; participant recruitment and screening using a clinical structured interview; coordinate the unblinded side of the study including randomization and participant retention; meditation and bibliotherapy instruction; train and supervise intervention instructors
- May 2012–June 2013 - Project: The Research Concentration Program for the Adult Psychiatry Residency Program at Massachusetts General Hospital & McLean Hospital  
Funding: National Institute of Health (Grant #: 5R25MH094612)  
PI: Justin Baker, MD, PhD  
Aim: Foster research mentorship and training during psychiatry residency.  
Program Coordinator  
Primary Responsibilities: Coordinate resident clinical neuroscience didactics; assist with redevelopment of the course layout and modules, lecture materials; create and maintain a database of conferences, awards, grants and seminars; organizing resident recruitment event with a symposium and poster presentations

**Laboratory for Affective Neuroscience & The Center for Investigating Healthy Minds**  
 Psychology Department, University of Wisconsin at Madison  
 Madison, WI

- January 2010–  
May 2012
- Project: Wisconsin Center for the Neuroscience and Psychophysiology of Meditation
    - Funding: National Center for Complementary and Integrative Health (Grant #: 1P01AT004952)
    - PI: Richard Davidson, PhD
    - Aim: Examine the brain mechanisms and peripheral biological correlates of two different forms of meditation: mindfulness-based meditation and a form of meditation designed to cultivate compassion and loving kindness.
    - Role: Undergraduate Research Assistant
    - Primary Responsibilities: Assist with data collection using multiple paradigms assessing affect and cognition; prepare participants for EEG, fMRI, physiological and behavioral data collection; data entry and processing; analyze behavioral emotion regulation data for a senior thesis.

### **Riters Lab**

Zoology Department, University of Wisconsin at Madison  
Madison, WI

- June 2009–  
December 2009
- Project: The role of the medial preoptic nucleus on song structure and behaviors of European Starling (*Sturnus vulgaris*) during mating
    - PI: Lauren Riters, PhD
    - Aim: Examine the effect of chemical lesions to the medial preoptic nucleus on the internal structure of European Starling (*Sturnus vulgaris*) mating songs.
    - Role: Undergraduate Research Assistant
    - Primary Responsibilities: Analyze song structure and related behavior, complete a written and poster presentation of findings.

## Clinical Experience

- August 2018–  
May 2019
- Eating Recovery Center**
    - Practicum Therapist*
    - Supervisor: Allison Chase, PhD, Regional Managing Clinical Director
      - Worked in an intensive outpatient and partial hospitalization patient setting
      - Provided individual co-therapy for patients in the partial-hospitalization program (PHP)
      - Lead group therapy sessions using Cognitive Behavioral Therapy (CBT), Dialectical Behavioral Therapy (DBT), and Acceptance and Commitment Therapy (ACT) techniques
      - Coached PHP patients through meals and snacks



Aug 2017–May  
2019

### **UT-Austin Psychology Training Clinic**

*Peer Supervisor*

Supervisor: Martita Lopez, PhD

- Provided clinical supervision for two graduate students during 2017–2018 and three graduate students in 2018–2019 during their initial clinical work
- Supervised students in both individual and group settings
- Supervised various types of treatment including CBT, ACT, and Exposure and Response Prevention (ERP) targeting various disorders including panic disorder, SAD, GAD, OCD, SUD, and MDD

May 2017–  
December 2018

### **Michael J. Telch & Associates**

*Practicum Therapist*

Supervisor: Michael Telch, PhD, UT-Austin Psychology Core Faculty

- Provided individual and team led CBT and intensive therapy for patients with OCD, Panic, Delusional, & Conversion Disorder
- Used psychophysiological methods as well as exposure and self-monitoring techniques

August 2017–  
May 2018

### **Pittman McGehee, PhD**

*Practicum Therapist*

Supervisor: Pittman McGehee, PhD

- Specializing in individual and couples compassion and mindfulness based therapy for anxiety and mood disorders

August 2016–  
December 2016

### **Oregon Research Institute**

*Protocol Therapist*

Supervisor: Paul Rohde, PhD

- Group protocol therapist for the Indicated Body Project, a study of eating disorders group therapy

February 2015–  
May 2019

### **Anxiety & Stress Clinic**

*Practicum Therapist*

Supervisor: Jasper Smits, PhD, UT-Austin Psychology Core Faculty Member; Mark Powers, PhD; Kean Hsu, PhD

- Provided individual and group CBT for patients with variety of anxiety and mood disorders
- Designed and implemented two group therapy programs for the clinic:  
Social Anxiety Exposure Practice Group: rolling admission program designed for aiding patients receiving social anxiety treatment to implement social anxiety exposures  
FIT Mind & Body: group program created in collaboration with the Fitness Institute of Texas for UT-Austin community members struggling with stress and anxiety

January 2015–  
June 2019

### **Anxiety & Health Behaviors Lab**

*Protocol Therapist & Independent Evaluator*

Supervisor: Jasper Smits, PhD & Mark Powers, PhD

- Individual protocol therapist for a clinical trial evaluating enhancing panic and smoking reduction treatment with D-Cycloserine and a clinical trial evaluating an integrated PTSD and smoking treatment.
- Group protocol therapist for a clinical trial evaluating timing of D-Cycloserine to augment CBT for social anxiety disorder.
- Performed structured clinical interviews for three clinical trials
- Reviewed therapy videos for protocol fidelity for three clinical trials

August 2015–  
May 2016

**UT-Austin Psychology Training Clinic**

*Practicum Therapist*

Supervisor: Jasper Smits, PhD & Martita Lopez, PhD

- Provided CBT and ERP therapy
- Conducted assessments including MMPI, WAIS, and SCID, and wrote integrated clinical reports

## Teaching Experience

Fall 2017–  
Spring 2019

**Department of Psychology, UT-Austin**

*Teaching Assistant & Clinical Supervisor*

Course: “Clinical Practicum I and II”, PSY 393, graduate level

Instructor: Jasper Smits, PhD & Martita Lopez, PhD

- Provided clinical supervision for graduate students during their initial clinical work
- Assisted in designing the graduate course curriculum, developing training resources (example videos, handouts, etc.)
- Delivered an online lecture on providing patients with assessment feedback and writing integrative reports
- Supervised students in both individual and group settings on CBT, ACT, and ERP.

Spring 2016–  
Spring 2017

**Department of Psychology, UT-Austin**

*Teaching Assistant*

Course: “Honors Research I & II”, PSY 359H, undergraduate, upper level

Instructor: Charles Holahan, PhD

- Guided and assisted students in the completion of their undergraduate honors theses

Summer 2015

**Department of Psychology, UT-Austin**

*Guest Lecture*

Course: “Psychology of Motivation”, PSY 350, undergraduate level

Instructor: Mark Powers, PhD

- Guest lecture on “Goals & Motivation”

Fall 2015

**Department of Psychology, UT-Austin**

*Teaching Assistant*

Course: “Health Psychology”, PSY 341K, undergraduate, upper level with focused writing

Instructor: Charles Holahan, PhD

## Mentorship

September  
2016–Present

**Undergraduate Research Honors Program, UT-Austin**

- Mentored 2 students completing undergraduate honors theses.
- Co-mentored 24 students completing undergraduate honors theses as part of teaching assistant responsibilities.

Summer 2015  
& 2016

**SURE (Summer Undergraduate Research Experiment) Program, UT-Austin**

- Mentored 2 students from underrepresented minority groups in research design and preparation for graduate school.

September  
2014–May 2019

**Anxiety & Health Behaviors Lab, UT-Austin**  
- Mentored 20 undergraduate student researchers

## Peer Review

### Ad Hoc Review

American Journal of Psychiatry  
J of Science & Medicine in Sport  
J of Consulting & Clinical Psychology  
J of Anxiety Disorders

Clinical Psychology & Psychotherapy  
J of Psychosomatic Obstetrics & Gynecology  
J of Obsessive-Compulsive & Related Disorders  
Cognitive Behaviour Therapy

### Grant Review

2015 & 2016      Reviewed student grants for the APSSC student grant competition

## Community Outreach & Professional Service

### Committees

August 2017–  
May 2019      **Professional Development Committee, UT-Austin**  
- Organized professional development seminars, workshops, & resources  
for the UT-Austin clinical psychology graduate students

### Clinical Outreach

#### **Media Statements**

2017      ADAA Scientific Response Summary: Fear of Flying & other modes of  
transportation

## Specialized Education & Training

### Clinical Skills Training

May, 4, 2018      **Dialectical Behavior Therapy Workshop**  
Penny Kruger, LCSW, DBT Associates of Austin

March, 25, 2016      **Treatment of Generalized Anxiety Disorder**  
Eni Becker, PhD, Radboud University Nijmegen

April 24, 2015      **Clinical Supervision & Consultation Workshop**  
Sarah Kate Bearman, PhD, Department of Educational Psychology, UT-  
Austin

September 11 &  
18, 2015      **Workshop on Prolonged Exposure Therapy (PE) for PTSD**  
Mark Powers, PhD, Department of Psychology, UT-Austin

### Teacher Training

November 10 &  
12, 2014      **Inclusive Classrooms Leadership Certificate Seminar**  
Diversity & Community Engagement, UT-Austin

### Research Training

February 25,  
2015      **Responsible Conduct of Research**  
Office of Sponsored Projects, UT-Austin

September-  
December 2012      **Scientific Writing Seminar**  
Massachusetts General Hospital