

CURRICULUM VITAE

Chelsea D. Kilimnik, M.S.

Department of Psychology
The University of Texas at Austin
108 E. Dean Keeton Stop A8000, Austin, TX 78712
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EDUCATION

- 2015~present **Doctor of Philosophy**, Clinical Psychology (expected graduation, 2021)
The University of Texas at Austin, Austin, Texas, U.S.A.
Accredited, American Psychological Association
Member, Academy of Psychological Clinical Science
Dissertation Title: An Online Expressive Writing Intervention for the Psychosexual Well-Being of Women with a History of Childhood Sexual Abuse: Theory, Mechanisms, and Effectiveness in a Randomized Clinical Trial
Chair of Dissertation Committee: Cindy M. Meston, Ph.D.
- Pre-Doctoral Internship**, Clinical Psychology (2020-2021)
Medical University of South Carolina, Charleston, SC, U.S.A.
Accredited, American Psychological Association
Rotations: National Crime Victims Center, Ralph H. Johnson VA Medical Center Couples and Family Clinic, Pediatric Primary Care, High Risk Obstetrics and Gynecology Clinic
Preceptor: Christine Hahn, Ph.D.
- 2013~2015 **Master of Science**, Psychology
Trent University, Peterborough, Ontario, Canada
Thesis Title: Sexual Consent: The Role of Nonconsensual Sexual Experiences, Identification, and Affective Sexuality
Chair of Thesis Committee: Terry P. Humphreys, Ph.D.
- 2007~2012 **Bachelor of Arts**, Psychology, with Thesis Honors
University of Winnipeg, Winnipeg, Manitoba, Canada
Second Major in English: Creative Writing
Thesis Title: Assault Identification in Women Reporting Severe Nonconsensual Sexual Experiences: Effects on Sexual and Emotional Adjustment
Chair of Thesis Committee: Paul D. Trapnell, Ph.D.

RESEARCH GRANTS & SUPPORT

- 2017~2020 **Doctoral Foreign Study Award**
Canadian Institute of Health Research
Amount: \$105,000
- 2018~2019 **ISSWSH Scholars in Women's Sexual Health Research Grant**
International Society for the Study of Women's Sexual Health (ISSWSH)
Amount: \$6,000
- 2019 **Summer Dissertation Writing Fellowship**
The University of Texas at Austin
Amount: \$6,000
- 2017 **Hixon Fellowship in Statistics**
The University of Texas at Austin

- Amount: \$3,000
 2014 **Ontario Graduate Student Bursary (OGS)**
Government of Ontario
 Amount: \$15,000
 2014 **Trent Graduate Research Fellowship**
Trent University
 Amount: \$4,000

AWARDS & ACADEMIC HONORS

- 2018 **SSTAR Student Poster Award**
Society for Sex Therapy and Research
 2018 **Nominee for the Psychology Outstanding Teaching Award – Teaching Assistant**
The University of Texas at Austin
 2017 **Nominee for the Psychology Outstanding Teaching Award – Teaching Assistant**
The University of Texas at Austin
 2017 **Best Student Oral Presentation Award**
Canadian Sex Research Forum (CSRF)
 2017 **Rising Scholar Recognition Award**
Society for the Scientific Study of Sexuality
 2016 **Summer Research Fellowship**
The University of Texas at Austin
 2016 **Janet Hyde Graduate Student Research Grant – Honorable Mention**
Hyde Grant Committee
 2015 **Nominee for Excellence in Teaching Award – Teaching Assistant**
Trent University
 2015 **Graduate Student Bursary**
Trent University
 2014 **Janice M. Epp Student Scholarship Award**
The Society for the Scientific Study of Sexual (SSSS)
 2014 **Graduate Student Bursary**
Trent University
 2014 **Graduate Conference and Travel Grant**
Trent University Graduate Student Association
 2014 **Research and Training Bursary**
CUPE 3908 Unit 2
 2013 **Graduate Student Bursary**
Trent University
 2013 **Graduate Conference and Travel Grant**
Trent University Graduate Student Association
 2013 **Research and Training Bursary**
CUPE 3908 Unit 2
 2009 **Millennium Excellence Award and Scholarship**
Canada Millennium Foundation
 2007 **Special Entrance Scholarship**
University of Winnipeg

PEER-REVIEWED PUBLICATIONS

1. **Kilimnik, C. D., & Meston C. M.** (2020). Sexual shame in the sexual excitation and inhibition of men with and without nonconsensual sexual experiences. *Journal of Sex Research*, online ahead of print. doi:10.1080/00224499.2020.1718585

2. Luterman, A., Farisello, L., & **Kilimnik, C. D.** (2020). Facilitating erotic connection: The Relationship Shared Values Primer (RSVP) to any sex and relational therapy in the context of sexual trauma history. *Journal of Sex and Marital Therapy*, online ahead of print. doi:10.1080/0092623X.2020.1716906
3. Meston, C. M., Freihart, B. K., Handy, A. B., **Kilimnik, C. D.**, Rosen, R. (2020). Scoring and interpretation of the FSFI: What can be learned from 20 years of use? *Journal of Sexual Medicine*, 17(1), 17-25. doi:10.1016/j.jsxm.2019.10.007
4. Meston, C. M., **Kilimnik, C. D.**, Freihart, B. K., & Buss, D. M. (2020). Why humans have sex: The development and psychometric assessment of a short-form version of the YSEX? Instrument. *Journal of Sex and Marital Therapy*. 46(2), 141-159. doi:10.1080/0092623X.2019.1654581
5. Braham, J.*, Sparling-Skakoon, S., **Kilimnik, C. D.**, & Milhausen, R. R. (2019). Intimate partner violence history and its association with condom use negotiation. *Personality and Individual Differences*, 147, 256-260. doi:10.1016/j.paid.2019.04.004
6. Davies, J.*, McKie, R. M., **Kilimnik, C. D.**, Levere, D. D., Pednault, C., Humphreys, T. P., & Reesor, A. (2019). Forgotten voices: Prevalence of nonconsensual sexual experiences among incarcerated men in Ontario. *The Community Psychologist*, 52, online publication. [Invited for Special Issue].
7. **Kilimnik, C. D.**, & Meston, C. M. (2019). Sexual violence identification and women's sexual well-being. *Current Sexual Health Reports*, 11(1), 1-8. doi:10.1007/s1930-019-00186-y [Invited Review]
8. **Kilimnik, C. D.**, & Humphreys, T. P. (2018). Understanding sexual consent and nonconsensual sexual experiences in undergraduate women: The role of identification and rape myth acceptance. *Canadian Journal of Human Sexuality*, 27(3), 195-206. doi:10.3138/cjhs.2017-0028
9. **Kilimnik, C. D.**, Boyd, R. L., Stanton, A. M., & Meston, C. M. (2018). Identification of nonconsensual sexual experiences and the sexual self-schemas of women: Implications for sexual functioning. *Archives of Sexual Behavior*, 47(6), 1633-1647. doi:10.1007/s10508-018-1229-0
10. Pulverman, C. S., **Kilimnik, C. D.**, & Meston, C. M. (2018). The impact of childhood sexual abuse on women's sexual health: A comprehensive review. *Sexual Medicine Reviews*, 6(2), 188-200. doi:10.1016/j.sxmr.2017.12.002 [Invited Review]
11. **Kilimnik, C. D.**, Pulverman, C. P., & Meston, C. M. (2018). Methodological considerations for the study of childhood sexual abuse in sexual health outcome research: A comprehensive review. *Sexual Medicine Reviews*, 6(2), 176-187. doi:10.1016/j.sxmr.2017.11.006 [Invited Review].
12. **Kilimnik, C. D.**, & Meston, C. M. (2017). A developmentally relevant approach to classifying nonconsensual sexual experiences in the study of women's sexual well-being. *Journal of Sex Research*, 55(7), 824-836. doi:10.1080/00224499.2017.1366969
13. Althof, S. E., Meston, C. M., Perelman, M., Handy, A. B., **Kilimnik, C. D.**, & Stanton, A. M. (2017). On the diagnosis/classification of sexual arousal concerns in women. *Journal of Sexual Medicine*, 14(11), 1365-1371. doi:10.1016/j.jsxm.2017.08.013
14. Lachowsky, N. J., Wentland, J. J., **Kilimnik, C. D.**, & Levere, D. D. (2017). Reflecting back, looking forward: A content analysis of scientific programs from the 2013-2016 Canadian Sex Research Forum Annual Conferences. *Canadian Journal of Human Sexuality*, 26(2), 122-129. doi:10.3138/cjhs.262-a5

15. **Kilimnik, C. D.,** & Meston, C. M. (2016). The role of body-esteem in the sexual excitation and inhibition responses of women with and without childhood sexual abuse. *Journal of Sexual Medicine, 13*, 1718-1728. doi:10.1016/j.jsxm.2016.09.004
16. **Kilimnik, C. D.,** Trapnell, P. D., & Humphrey, T. P. (2016). Negative affectivity in female's identification of their nonconsensual sexual experiences and sexual dissatisfaction. *Canadian Journal of Human Sexuality, 25*, 177-185, doi:10.3138/cjhs.253-A1

MANUSCRIPTS IN PREP

1. Gauvin, S., Merwin, K. E., **Kilimnik, C. D.,** Maxwell, J. A., & Sakaluk, J. K.. A large-scale test of the replicability and generalizability of survey measures in close relationships and sexuality science. [Pre-print available: <https://psyarxiv.com/d47q2>]. doi:10.31234/osf.io/d47q2
2. **Kilimnik, C.D.,** Sears, M. A., Ahmed, S., & Meston, C. M.. Undergraduates' definitions of sexual consent and sexual violence labels across the rise of the #MeToo movement.

BOOK CHAPTERS

1. Snell, W. E., & **Kilimnik, C. D.** (2019). Multidimensional Sexual Self-Concept Questionnaire. In R. Milhausen, J. Sakaluk, T. Fisher, C. Davis, and B. Yarber (Eds.), *The Handbook of Sexuality-Related Measures (4th Ed.)*, Taylor and Francis.
2. Snell, W. E., & **Kilimnik, C. D.** (2019). Multidimensional Sexual Approach Questionnaire. In R. Milhausen, J. Sakaluk, T. Fisher, C. Davis, and B. Yarber (Eds.), *The Handbook of Sexuality-Related Measures (4th Ed.)*, Taylor and Francis.

PRESENTATIONS

Podium Presentations:

1. **Kilimnik, C. D.,** McMahon, L.*, & Meston, C. M. (October, 2020). Online expressive writing intervention and sexual schema change in women with childhood sexual abuse histories. Canadian Sex Research Forum (CSRF) annual meeting. Virtual conference.
2. **Kilimnik, C. D.,** McMahon, L.*, & Meston, C. M. (March, 2020). A randomized, active placebo-controlled trial of an online expressive writing intervention for the sexual well-being of women with childhood sexual abuse histories. International Society for the Study of Women's Sexual Health (ISSWSH) annual meeting. Orlando, Florida.
3. Sears, M. A.*, **Kilimnik, C. D.,** & Meston, C. M. (March, 2020). Evaluating the role of relationship status in the sexual well-being of women with and without histories of nonconsensual sexual experiences. International Society for the Study of Women's Sexual Health (ISSWSH) annual meeting. Orlando, Florida.
4. **Kilimnik, C. D.,** Sears, M. A.*, & Meston, C. M. (October, 2019). Undergraduates' understanding of sexual violence labels: The role of nonconsensual sexual experience histories. Canadian Sex Research Forum (CSRF) annual meeting. Victoria, British Columbia.
5. **Kilimnik, C. D.,** Cole, H.*, & Meston, C. M. (March, 2019). The sexual well-being of men with and without nonconsensual sexual experience histories. International Society for the Study of Women's Sexual Health (ISSWSH) annual meeting. Atlanta, Georgia.

6. Freihart, B. K., **Kilimnik, C. D.**, Buss, D. M., & Meston, C. M. (March, 2019). Validation of a short-form version of the YSEX? Instrument. International Society for the Study of Women's Sexual Health (ISSWSH) annual meeting. Atlanta, Georgia.
7. Sears, M. A. *, **Kilimnik, C. D.**, & Meston, C. M. (March, 2019). The language of sexual violence: Undergraduates' understanding of sexual violence labels and the role of previous sexual experiences. International Society for Study of Women's Sexual Health (ISSWSH) annual meeting. Atlanta, Georgia.
8. Braham, J. *, Sparling-Skakoon, S., **Kilimnik, C. D.**, & Milhausen, R. R. (November, 2018). Does past experience of intimate partner violence impact condom negotiation? Examining a sample of heterosexual men and women and men who have sex with men. Society for the Scientific Study of Sexuality (SSSS) annual meeting. Montreal, Quebec.
9. **Kilimnik, C. D.**, Garcia, S. M. *, & Meston, C. M. (October, 2018). The role of nonconsensual sexual experiences and identification of these experiences in men's sexual excitation and inhibition propensities. Canadian Sex Research Forum (CSRF) annual meeting. Toronto, Ontario.
10. **Kilimnik, C. D.**, Boyd, R. L., Stanton, A. M., & Meston, C. M. (May, 2018). Sexual self-schemas and sexual functioning: The role of nonconsensual sexual experience identification. European Federation of Sexology (EFS) annual congress. Albufeira, Portugal.
11. **Kilimnik, C. D.**, & Meston, C. M. (May, 2018). Examination of the role of sexual violence characteristics in sexual self-schemas of women. European Federation of Sexology (EFS) annual congress. Albufeira, Portugal.
12. **Kilimnik, C. D.**, Boyd, R. L., Stanton, A. M., & Meston, C. M. (February, 2018). Sexual self-schemas and identification of nonconsensual sexual experiences: Implications for sexual functioning. International Society for the Study of Women's Sexual Health (ISSWSH) annual meeting. San Diego, California.
13. **Kilimnik, C. D.**, & Meston, C. M. (November, 2017). A sexual developmental approach to the classification of nonconsensual sexual experiences. Society for the Scientific Study of Sexuality (SSSS) annual meeting, Atlanta, Georgia.
14. **Kilimnik, C. D.**, & Meston, C. M. (October, 2017). Characteristics of nonconsensual sexual experiences explain heterogeneity in the sexual schemas of women. Canadian Sex Research Forum (CSRF) annual meeting, Fredericton, New Brunswick.
15. Levere, D. D., McKie, R. M., **Kilimnik, C. D.**, Humphreys, T. P., & Reesor, A. (October, 2017). A qualitative analysis assessing incarcerated men's interest in healthy sexual relationship programs. Do they want them? Canadian Sex Research Forum (CSRF) annual meeting. Fredericton, New Brunswick.
16. **Kilimnik, C. D.**, & Meston, C. M. (February, 2017). The importance of the developmental stage of nonconsensual sexual experiences in women's sexual adjustment. International Society for the Study of Women's Sexual Health (ISSWSH) annual meeting. Atlanta, Georgia.
17. **Kilimnik, C. D.**, & Meston, C. M. (September, 2016). Sexual excitation and inhibition in women with a history of nonconsensual sexual experiences: The role of the developmental stage of onset. Canadian Sex Research Forum (CSRF) annual meeting, Quebec City, Quebec.
18. Levere, D. D., McKie, R. M., **Kilimnik, C. D.**, Humphrey, T. P., & Reesor, A. (September, 2016). Assessing sexual consent negotiation and unwanted sexual experiences in a sample of incarcerated men in Ontario. Canadian Sex Research Forum (CSRF) annual meeting, Quebec City, Quebec.

19. **Kilimnik, C. D.**, & Humphreys, T. P. (November, 2015). Nonconsensual sexual experiences and sexual well-being: The role of identification and sexual self-esteem. Society for the Scientific Study of Sexuality (SSSS) annual meeting, Albuquerque, New Mexico.
20. **Kilimnik, C. D.**, & Humphreys, T. P. (November, 2014). The predictive utility of erotophobia-erotophilia in sexual consent perspectives. Society for the Scientific Study of Sexuality (SSSS) annual meeting. Omaha, Nebraska.
21. **Kilimnik, C. D.**, & Humphreys, T. P. (November, 2014). The role of nonconsensual sexual experiences on the expression of erotophobia-erotophilia. Society for the Scientific Study of Sexuality (SSSS) annual meeting. Omaha, Nebraska.
22. **Kilimnik, C. D.**, Trapnell, P., & Smith, S. (September, 2012). Assault identification in women reporting severe unwanted sexual experiences: Effects on sexual and emotional adjustment. Canadian Sex Research Forum (CSRF) annual meeting. Ottawa, Ontario.

Symposium Presentations:

1. **Kilimnik, C. D.**, & McKie, R. M. (November, 2015). Hard to reach populations: Ethically recruiting through barriers. In S. Skakoon-Sparling (Chair), *Research Methods for Sex Scientists*. Society for the Scientific Study of Sexuality (SSSS) annual meeting. Albuquerque, New Mexico.
2. **Kilimnik, C. D.**, & Humphreys, T. P. (June, 2015). Sexual consent and nonconsensual sexual experiences: The importance of language. In T. P. Humphreys (Chair), *Sexual consent symposium: Current challenges and successes*. Annual Guelph Sexuality Conference. Guelph, Ontario.

Poster Presentations:

1. Ahmed, S.*, **Kilimnik, C. D.**, Sears, M. A.*, & Meston, C. M. (March, 2020). Undergraduates' definitions of sexual consent: The role of rape myth acceptance. International Society for the Study of Women's Sexual Health (ISSWSH) annual meeting. Orlando, Florida.
2. Laurent, S. E.*, **Kilimnik, C. D.**, & Meston, C. M. (November, 2019). The role of education in sexual violence: Sex education and harmful sexual attitudes. To be presented at the Society for the Scientific Study of Sexuality (SSSS) annual meeting. Denver, Colorado.
3. Cairns, B., Levere, D., McKie, R. M., **Kilimnik, C. D.**, Dixon, A., Pedneault, C., Humphreys, T. P., Reesor, A. (October, 2019). A thematic analysis assessing the sexual boundaries of incarcerated men. Canadian Sex Research Forum (CSRF) annual meeting. Victoria, British Columbia.
4. Lemay, K. R.*, McKie, R. M., Levere, D., **Kilimnik, C. D.**, Pednault, C., Reesor, A., & Humphreys, T. P. (May, 2019). Don't ask, don't tell: Lifetime sexual victimization of incarcerated men in Ontario. Society for Sex Therapy and Research (SSTAR) annual meeting. Toronto, Ontario.
5. Garcia, S. M.*, **Kilimnik, C. D.**, & Meston, C. M. (March, 2019). Women's perceptions of the impact of early consensual and nonconsensual sexual experiences on their sexual well-being. International Society for the Study of Women's Sexual Health (ISSWSH) annual meeting. Atlanta, Georgia.
6. Johnston, S.*, Levere, D. D., McKie, R. M., **Kilimnik, C. D.**, Davies, J.*, Pedneault, C., Humphreys, T. P., & Reesor, A. (November, 2018). Nonconsensual sexual experiences and child abuse rates in incarcerated men in Ontario. Society for the Scientific Study of Sexuality (SSSS) annual meeting. Montreal, Quebec.

7. **Kilimnik, C. D.**, Boyd, R. L., Stanton, A. M., & Meston, C. M. (April, 2018). Nonconsensual sexual experiences and sexual self-schemas in women's sexual functioning: The role of self-identification. Society for Sex Therapy and Research (SSTAR) annual meeting. Philadelphia, Pennsylvania.
8. Crosby, C. L., **Kilimnik, C. D.**, & Meston, C. M. (February, 2018). Sexual partners and compulsivity: An examination of body esteem in the sexual behaviors of women with and without nonconsensual sexual experiences. International Society for the Study of Women's Sexual Health (ISSWSH) annual meeting. San Diego, California
9. Freihart, B. K., **Kilimnik, C. D.**, Buss, D. M., & Meston, C. M. (February, 2018). Preliminary examinations of a short-form version of the YSEX scale. International Society for the Study of Women's Sexual Health (ISSWSH) annual meeting. San Diego, California.
10. Levere, D. D.*, McKie, R. M., **Kilimnik, C. D.**, Humphreys, T. P., & Reesor, A. (October, 2017). A qualitative analysis assessing incarcerated men's interest in healthy sexual relationship programs. Do they want them? Canadian Sex Research Forum (CSRF) annual meeting. Fredericton, New Brunswick.
11. **Kilimnik, C. D.**, & Meston, C. M. (February, 2017). The role of sexual schemas in the body appraisals and sexual functioning of women with nonconsensual sexual experiences. International Society for the Study of Women's Sexual Health (ISSWSH) annual meeting. Atlanta, Georgia.
12. **Kilimnik, C. D.**, Garcia, S. M.*, & Meston, C. M. (January, 2017). The role of approach-avoidant temperaments in the relationship between nonconsensual sexual experiences and the sexual self. Society for Personality and Social Psychology (SPSP) annual meeting, San Antonio, Texas.
13. McKie, R. M., **Kilimnik, C. D.**, Humphreys, T. P., & Travers, R. (November, 2016). An international comparison of the effects of childhood abuse on sexual consent understanding and behaviour. Society for the Scientific Study of Sexuality (SSSS) annual meeting. Phoenix, Arizona.
14. Bouchard, L. E., Humphreys, T. P., **Kilimnik, C. D.**, & McKie, R. M. (September, 2016). The Sexual Boundaries Scale (SBS): A new measure of perceptions and behaviours surrounding personal sexual limits. Canadian Sex Research Forum, Quebec City, Quebec.
15. **Kilimnik, C. D.**, Pulverman, C. S., Handy, A. B., & Meston, C. M. (February, 2016). An examination of a continuous measure of subjective sexual arousal in arousal specificity for abused and non-abused women. International Society for the Study of Women's Sexual Health, Charleston, South Carolina.
16. Handy, A. B., Stanton, A., **Kilimnik, C. D.**, & Meston, C. M. (February, 2016). Differences in why women with and without sexual dysfunction have sex. International Society for the Scientific Study of Women's Sexual Health, Charleston, South Carolina.
17. **Kilimnik, C. D.**, & Humphreys, T. P. (October, 2015). The importance of language: Subjective identification of nonconsensual sexual experiences with externally provided labels. Canadian Sex Research Forum (CSRF) annual meeting. Kelowna, British Columbia.
18. **Kilimnik, C. D.**, McKie, R. M., & Humphreys, T. P. (August, 2015). Understanding one's sexual self after nonconsensual sexual experiences. American Psychological Association (APA) annual meeting. Toronto, Ontario.
19. **Kilimnik, C. D.** and Humphreys, T. P. (October, 2014). Understanding sexual consent after a nonconsensual sexual experience: Does subjective identification of the experience matter? Canadian Sex Research Forum annual meeting (CSRF). Kingston, Ontario.

20. **Kilimnik, C. D.** and Humphreys, T. P. (October, 2014). Sexual assault prevalence: A comparison of identification and severity differences between a community and university sample. Canadian Sex Research Forum (CSRF) annual meeting, Kingston, Ontario.
21. **Kilimnik, C. D.**, McKie, R. M., and Humphreys, T. P. (June, 2014). The impact of a college or university human sexuality course on reactions and exposure to sexually explicit materials: Differences between previous sexual experiences and gender. Annual Guelph Sexuality Conference. Guelph, Ontario.
22. McKie, R. M., **Kilimnik, C. D.**, and Humphreys, T. P. (June, 2014). Gender and sexual orientation differences and similarities towards condom use, HIV knowledge, and healthy sexual communication post-completion of a college or university human sexuality course. Annual Guelph Sexuality Conference. Guelph, Ontario.

* Indicates undergraduate student supervisees

MEDIA APPEARANCES

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| 2019 | Community Psychologist, <i>Preventing future crime by addressing childhood sexual abuse and later nonconsensual sexual experiences in a community context</i> . Article March 1, 2019. |
| 2019 | Sunday Night Health Show with Maureen McGrath, <i>Sexual Abuse Related Distress, Neurotransmitters, & Orgasms</i> . Interviewed February 4, 2019. |
| 2018 | UT Research Showcase, <i>How women define their sexual histories affects how they are influenced by them, Study</i> . Article July 9, 2018. |

TEACHING EXPERIENCE

Teaching Assistantships:

Department of Psychology

The University of Texas at Austin

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| 2020 | Empirically Supported Treatments (Graduate Level) |
| 2019 | Statistics and Research Design |
| 2019 | Statistics and Research Design |
| 2018 | Advanced Inferential Statistics (Graduate Level) |
| 2018 | Introduction to Human Sexuality |
| 2017 | Advanced Inferential Statistics (Graduate Level) |
| 2017 | Introduction to Psychology |
| 2017 | Introduction to Human Sexuality |
| 2016 | Psychoquantology |
| 2016 | Introduction to Human Sexuality |
| 2015 | Introduction to Child Development |

Department of Psychology

Trent University

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| 2015 | Introduction to Social Psychology |
| 2014 | Human Sexuality |
| 2014 | Intimate Relationships |
| 2013 | Emotion and Motivation |

Guest Lectures:*Department of Psychology**The University of Texas at Austin*

- 2020 Advanced Behavior Pathology, “Sexual Disorders” (Graduate Level)
 2020 Empirically Supported Treatments, “Relationship Dysfunction and Couples Therapy” (Graduate Level)
 2019 Diversity in Clinical Practice, “Research, ethical, and practice issues with low SES clients and those in poverty” (Graduate Level)
 2019 Introduction to Human Sexuality, “Sexual Orientation and Gender Identity”
 2018 Diversity in Clinical Practice, “Research, ethical, and practice issues: Low SES clients and those in poverty” (Graduate Level)
 2018 Introduction to Human Sexuality, “Sexual Orientation and Gender Identity”
 2017 Introduction to Human Sexuality, “Sexual Orientation and Gender Identity”
 2016 Introduction to Human Sexuality, “Sexual Orientation and Gender Identity”

*Department of Counseling**St. Edwards University*

- 2018 Sex and Couples Therapy, “Considerations in Sex Therapy: Nonconsensual Sexual Experiences and Sexual Trauma”

*Department of Psychology**University of Guelph*

- 2017 Advanced Research & Methods, “Automated Text Analysis”
 2016 Couple and Family Relationships, “Consent, Coercion, Assault, and Abuse”

*Department of Psychology**Trent University*

- 2014 Human Sexuality, “Medicalized Sexual Functioning”
 2014 Intimate Relationships, “Intimate Partner Violence and Conflict”

Knowledge Translation and Dissemination Talks:*Public Workshop & Lecture**The Center for Relationships*

- 2018 Reclaiming Your Sexual Self After Negative Sexual Experiences

*Women in Psychology**The University of Texas at Austin*

- 2017 Graduate Psychology Trajectories, Clinical Graduate Student Representative

*Texas Women of Excellence**The University of Texas at Austin*

- 2016 Mental Health and Self-Image Panel, Sexual Health Expert

Mentoring Experience:

- 2016~present Sexual Psychophysiology Laboratory, The University of Texas at Austin
 • Supervisor to twelve undergraduate research assistants
 • Supervisor to four undergraduate honor students and their theses projects
- 2015~present Canadian Sex Research Forum, Student Mentorship Program

- Mentor to two undergraduate student researchers
- Founder of the Canadian Sex Research Forum's Student Mentorship Program

- 2014~2015 Sexual Psychology Laboratory, Trent University
- Mentor to two undergraduate student researchers
 - Supervisor to two undergraduate research assistants

FORMAL PRACTICUM EXPERIENCE

- 2019~2020 **External Practicum**
Williamson County Contracted Assessments
Supervisor: Eric Frey, Ph.D.
- Administered intelligence (WASI-2, WRAT-5), personality and psychodiagnostic (PAI-A, MACI, MAYSI), neurocognitive (Connors-3, CAARS-3, CEFI, WMS), and violence / re-offence (SAVRY, JSOAP) assessments for adolescents in custody or pending court, as well as assessments with juvenile sex offenders.
 - Conducted clinical interviews with youths and parents.
 - Wrote integrated clinical reports with clinical treatment recommendations.
- 2019~2020 **External Practicum**
Private Practice, Dr. Elayne Lansford
Supervisor: Elayne Lansford, Ph.D.
- Couples therapy using Gottman method therapy, cognitive behavioral therapy, family systems therapy, sex therapy, and control mastery strategies.
 - Conducted clinical interviews and assessments of relationship and sexual functioning, provided tailored written and verbal feedback to the couple.
 - Monitored progress with validated measures of psychological symptoms and relationship well-being.
- 2018~2020 **External Practicum**
Private Practice, Dr. Michael J. Telch & Associates
Supervisor: Michael J. Telch, Ph.D.
- Intake interviews, psychopathology assessment, and ongoing symptom assessment and monitoring.
 - Wrote clinical reports and delivered tailored feedback.
 - Worked collaboratively as part of a team of therapists for severe and low-functioning cases.
 - Provided individual and couples therapy using cognitive behavioral therapy, prolonged exposure, and dialectical behavioral therapy for anxiety-related psychopathology, including PTSD, GAD, MDD, Panic Disorder and Agoraphobia, sexual anxiety, relationship distress, and adult separation anxiety.
- 2018~2019 **External Practicum**
Travis County Correction Center and Travis County Jail
Supervisor: Vivian Pan, Ph.D.
- Intake interviews and mental health assessments, WAIS-IV, RBANS, D-KEFS, MMSE, MMPI-RF, and symptom self-report assessments
 - Wrote integrative clinical reports, including facility housing and treatment recommendations
 - Individual therapy for adults and adolescents using cognitive behavior therapy, dialectical behavior therapy, motivational interviewing, and interpersonal psychotherapy for a range of psychopathology and presenting concerns (e.g., schizophrenia, bipolar, depression, anxiety and panic, grief, anger management, PTSD, and substance use disorders).
 - Lead and facilitated therapeutic groups for substance use and trauma.
- 2017~2018 **External Practicum**
Center for Relationships, Private Practice & Training Center
Supervisor: Vagdevi Meunier, Psy.D.

- Received Gottman Method Couples Assessment and Therapy Training (Level 1)
- Provided couples and individual therapy using the Gottman method couples therapy, emotion-focused couples therapy, interpersonal psychotherapy, and cognitive behavioral sex therapy
- Administered and scored Gottman assessments and symptoms self-reports, included providing tailored feedback and writing clinical reports
- Conducted workshops on sexual trauma, intimacy, trust, communication, and sexual and relational well-being

2016~2017

Psychology Training Clinic (Therapy)

The University of Texas at Austin

Supervisors: Martita A. Lopez, Ph.D. & Jasper Smits, Ph.D.

- Intake interviews, SCID, WAIS-IV, MMPI-2, and symptom self-report assessments
- Delivered tailored feedback and wrote integrative clinical reports
- Individual cognitive behavioral therapy for PTSD, mood, anxiety, and sexual disorders

2016

Psychology Training Clinic (Assessment)

Psychology Training Clinic, The University of Texas at Austin

Supervisors: Kirstin Bradbury, Ph.D. & Kim Fromme, Ph.D.

Austin, TX

- Conducted intake interviews
- Administered, scored, and interpreted WAIS-IV and MMPI-2 assessments
- Delivered tailored feedback and wrote integrative clinical reports

ADDITIONAL CLINICAL TRAINING

2018

Recovery-to-Practice Training for Serious Mental Illness

Austin, TX, USA

- Half day work shop on the APA developed recover-to-practice (RTP) model and its application to program development and the treatment of serious mental illness.
- Engaged in case conceptualization, treatment planning, and role playing

2018

Supervision and Consultation

Austin, TX, USA

- Full day workshop on clinical supervision and integrated health consultation and case management
- Learned about the ethical considerations for and theories of clinical supervision, interpersonal and behavioral approaches to interdisciplinary and integrated approaches to case management and consultation, and engaged in role playing

2017

Discussing Reconciliation: Actions and Words

Toronto, ON, Canada

- Full day workshop on intergenerational impacts of trauma and the need for reconciliation and healing
- Developed individual and community based reconciliation action plans

2015

Intersectional Identities in Research and Practice

Guelph, ON, Canada

- Half day workshop on the intersections of sociocultural, gender, and sexual identities
- Learned best practices for research and clinical practice for individuals with intersectional identities and non-visible minorities

2014

Intensive Sex Therapy Training Program

Guelph, ON, Canada

- Week-long intensive course on sexual dysfunctions, relational issues, and clinical interventions
- Engaged in case conceptualization, treatment planning, and clinical report writing

2013

Applied Suicide Intervention Skills Training

Winnipeg, MB, Canada

- Week-long immersive course on suicide, self-harm, and suicidal ideation
- Instruction around the steps, language, and importance of suicide assessment and intervention
- Engaged in intentional reporting, emergency responding, and active intervention

OTHER CLINICAL EXPERIENCE

2013~2015

Co-Principal Investigator

Central East Correctional Center

Supervisor: Terry Humphreys, Ph.D., Alynna Reesor,
Lindsay, Ontario

- Researcher on the Sexual Boundary and Consent Perspectives of Incarcerated Male Sex Offenders in Ontario research project.
- Interviewed and administered surveys to incarcerated men in the Central East Correctional Center, collecting data on their sexual and criminal history, as well as their sexual attitudes and behaviors and their attitudes toward sexual health programming.

2012~2013

Youth Care Worker

Marymount, Inc.

Supervisor: Paula Moynihan, M.A., B.S.W.
Winnipeg, Manitoba

- Counseling and general supervision of high-risk, female adolescents referred by court ordered sentencing, Child & Family Service apprehension, or guardian-initiated placement.
- Worked directly with young women who experiences sexual assault, sexual exploitation, interpersonal and intergenerational violence, as well as their families

2012~2013

Sexual Assault Crisis Counselor and Advocate

Klinic Community Resource Center

Supervisor: Lorraine Parrington
Winnipeg, Manitoba

- Aided survivors of sexual assault presenting to the ER
- Offered one-on-one counseling and crisis call counseling to survivors and families of survivors of sexual assault, rape, and childhood sexual abuse
- Completed 90 hours of training in sexual assault survivor counseling, advocacy and hospital protocol

VOLUNTEER EXPERIENCE

2019~present

Clinical Psychology Member

The University of Texas at Austin, Trauma-Informed Pedagogy Learning Community

- I meet with an interdisciplinary team of faculty and graduate students to discuss trauma-informed pedagogy (TIP) and strategies to enhance trauma-informed curricula across campus.
- Develop and implement a program of research to assess the impact of TIP on campus, as well as organize and execute TIP trainings and workshops for faculty and staff.

2016~present

Cohort Representative

The University of Texas at Austin, Clinical Psychology Committee

- I was nominated by my peers to be my cohort's representative on the clinical psychology committee and head of the graduate student faction of the committee.
- Organize departmental meetings and events, recruit researchers to give presentations at our research meetings, and act a voice for the clinical graduate students with in the department.

2016~present

Graduate Student Member

Voices Against Violence Student Organization, UT Counselling and Mental Health Centre

- Volunteer as a student member of the organization to help prevent interpersonal violence on campus through education, awareness and outreach initiatives
- Organize and implement various events and programming around campus to help with the prevention efforts of the program

2014~2016

Student Representative**Canadian Sex Research Forum (CSRF), Executive Committee**

- Worked with the committee on reviewing abstracts, organizing the annual conference, and planning networking activities.
- Founded the CSRF Student Mentorship Program and Student Video Blog

2015

Graduate Student Representative**Sexual Assault Prevention Committee, Trent University**

- Sat on the committee developed in response to the province's new action plan to end campus sexual violence as graduate student representative and expert in the field of sexual violence
- Provided information around the conceptual issues for reporting sexual assault in attempts to develop an ethical reporting procedure for the university
- Worked with the committee to develop the Sexual Assault Response Policy for the university

2014

Graduate Student Representative**Program Director Search Committee, Trent University**

- Reviewed each nominee's dossiers, organized the forum of nominees' presentations of intentions, sat in on the interviews for the candidates, and worked with the committee to determine the most eligible candidate for the position of Graduate Psychology Program Director.

2013~2014

Graduate Student Representative**Distinguished Research Awards Committee, Trent University**

- Review policy, nominations, and applications of faculty and work with the committee to determine the faculty most deserving of the Distinguished Faculty Research Award.

WORK EXPERIENCE

2015

Contracted Researcher**Ontario Ministry of Education**

Supervisor: Terry P. Humphreys

- Worked as part of a three person team to create and write empirically supported tip sheets for parental resources on children and youths' sexual health and healthy relationships

2011~2012

Case Coordinator Assistant**Family Services and Consumer Affairs, Government of Manitoba**

- Worked as intake role that assessed the needs, resources, supports, and risks that each client had and were requesting before determining the appropriate program for them based on eligibility criteria

PEER-REVIEW RESPONSIBILITIES

2018~present Reviewer for the Canadian Journal of Human Sexuality

2017~present Reviewer for Archives of Sexual Behavior

2017~present Reviewer for Violence Against Women

2016~present Reviewer for the Journal of Sex Research

PROFESSIONAL AFFILIATIONS

2019~present American Psychological Association (APA), Div. 43, Society for Couple and Family Therapy

2016~present International Society for Traumatic Stress Studies (ISTSS)
2014~present Sexual Information and Education Council of Canada (SIECAN)
2014~present American Psychological Association (APA), Div. 56, Trauma Psychology
2014~present Society for Sex Therapy and Research (SSTAR)
2013~present Society for the Scientific Study of Sexuality (SSSS)
2012 ~present Canadian Sex Research Forum (CSRF)
2012~present American Psychological Association (APA), Div. 35, Psychology of Women