

## CURRICULUM VITAE

# Carey S. Pulverman, Ph.D.

VHA VISN 17 Center of Excellence for Research on Returning War Veterans  
Central Texas VA Healthcare System  
4800 Memorial Drive, Building 93 (151 C)  
Waco, TX 76711  
(254) 297-3187  
carey.pulverman@va.gov  
pulverman@utexas.edu

## EDUCATION

---

- 2017      **Doctor of Philosophy**, Clinical Psychology  
University of Texas at Austin  
Accredited, American Psychological Association  
*Dissertation: The Relationship between Affective Appraisal of Physiological Sexual Arousal and Sexual Dysfunction among Women with a History of Childhood Sexual Abuse*  
*Chair of Dissertation Committee: Cindy M. Meston, Ph.D.*
- Clinical Psychology Internship**  
South Texas Veterans Health Care System  
Accredited, American Psychological Association
- 2011      **Master of Arts**, Psychology  
Hunter College of the City University of New York  
*Thesis: Context Influences Affective Information Processing*  
*Chair of Thesis Committee: Mariann R. Weierich, Ph.D.*
- 2007      **Bachelor of Arts**, Metropolitan Studies  
New York University  
Magna Cum Laude and Departmental High Honors  
Minor in Spanish Language

## POSTDOCTORAL TRAINING

---

- 2017~present      **Postdoctoral Fellow**  
OAA Advanced Fellowship in Mental Illness Research & Treatment  
VISN 17 Center of Excellence for Research on Returning War Veterans  
Training Director: Richard W. Seim, Ph.D.; Advisor: Suzannah K. Creech, Ph.D.  
Central Texas VA Healthcare System

## ACADEMIC APPOINTMENTS

---

- 2017~present      **Visiting Researcher**  
Department of Psychiatry  
Dell Medical School of The University of Texas at Austin
- 2017~present      **Adjunct Assistant Professor**  
Texas A&M College of Medicine

**ACADEMIC HONORS AND GRANTS**


---

- 2017      **Clinical Educator Grant**  
VA VISN 16 South Central Mental Illness Research, Education, and Clinical Center  
*Coping with Sexual Difficulties after Military Sexual Trauma*
- 2016      **Best Brief Communication (Runner Up)**  
International Academy of Sex Research  
*The Relationship between Affective Appraisal of Physiological Sexual Arousal and Sexual Dysfunction among Women with a History of Childhood Sexual Abuse*
- 2015      **College of Liberal Arts Summer 2015 Research Fellowship**  
University of Texas at Austin College of Liberal Arts
- 2015      **Austin Association of University Women Doctoral Fellowship**  
Austin Association of University Women
- 2016      **Janet T. Spence Teaching Assistant Award**  
University of Texas at Austin Department of Psychology
- 2015      **American Psychological Association Dissertation Research Award**  
American Psychological Association
- 2015      **Janet Hyde Graduate Student Research Grant**  
American Psychological Association Society for the Psychology of Women
- 2015      **Frances Fowler Wallace Memorial Award for Mental Health Dissertation Research**  
Hogg Foundation for Mental Health
- 2014~2015      **Integrated Behavioral Health Psychology Fellowship**  
University of Texas at Austin Department of Educational Psychology  
Specialized training in integrated behavioral health care in primary care and specialty care settings, motivational interviewing, family-centered care, program evaluation, cultural competency with Hispanic people, and conducting therapy in Spanish
- 2014      **Poster Award**  
Texas Psychological Association  
*Sexual Shame Mediates the Relationship between Sexual Abuse History and Intimate Relationship Conflict*
- 2014      **Departmental Dissertation Research Grant**  
University of Texas at Austin Department of Psychology
- 2014      **Grammer Fellowship for Mental Health Research**  
University of Texas at Austin Department of Psychology
- 2014      **Peter and Malina James & Dr. Louis P. James Legacy Scholarship**  
American Psychological Foundation
- 2014      **Departmental Summer Research Award**  
University of Texas at Austin Department of Psychology

- 2014      **Sandra R. Leiblum Student Research Award**  
Society for Sex Therapy and Research  
*Linguistic Changes in Expressive Writing Predict Psychological Outcomes in Women with a History of Childhood Sexual Abuse and Adult Sexual Dysfunction*
- 2013      **Essay Prize**  
International Society for the Study of Women's Sexual Health  
*Linguistic Changes in Expressive Writing Predict Treatment Outcomes in Women with a History of Childhood Sexual Abuse and Adult Sexual Dysfunction Undergoing an Expressive Writing Treatment*
- 2012      **Student Research Award Honorable Mention**  
Association for Psychological Science  
*Non-Trauma Focused Expressive Writing Improves Psychological Functioning in Survivors of Childhood Sexual Abuse*

### PEER-REVEIEWED PUBLICATIONS

---

1. **Pulverman, C. S.**, Boyd, R. L., Stanton, A. M., & Meston, C. M. (2017). Changes in the sexual self-schema of women with a history of childhood sexual abuse following expressive writing treatment. *Psychological Trauma: Theory, Research, Practice, and Policy*, 9(2), 181-188, doi:10.1037/tra0000163
2. Stanton, A. M., **Pulverman, C. S.**, & Meston, C. M. (2016). Vagal activity during physiological sexual arousal in women with and without sexual dysfunction. *Journal of Sex & Marital Therapy*, (43)1, 78-89, doi: 10.1080/0092623X.2015.1115793
3. **Pulverman, C. S.**, Hixon, J. G., & Meston, C. M. (2015). Uncovering category specificity of genital sexual arousal in women: The critical role of analytic technique. *Psychophysiology*, 52(10), 1396-1408, doi:10.1111/psyp.12- 467
4. Stanton, A. M., Lorenz, T. A., **Pulverman, C. S.**, & Meston, C. M. (2015). Heart rate variability: A risk factor for female sexual dysfunction. *Applied Psychophysiology and Biofeedback*, 40(3), 229-237. doi:10.1007/s1048015-9286-9
5. Stanton, A.M., Boyd, R. L., **Pulverman, C. S.**, & Meston, C.M. (2015). Determining women's sexual self-schemas through advanced computerized text analysis. *Child Abuse & Neglect*, 46, 78-88, doi:10.10-16/j.chiabu.2015.06.003
6. **Pulverman, C. S.**, Lorenz, T. A., & Meston, C. M. (2014). Linguistic changes in expressive writing predict psychological outcomes in women with history of childhood sexual abuse and adult sexual dysfunction. *Psychological Trauma: Theory, Research, Practice, and Policy*, 7(1), 50-57, doi:10.1037/a0-036462
7. Stephenson, K. R., **Pulverman, C. S.**, & Meston, C. M. (2014). Assessing the association between childhood sexual abuse and adult sexual experiences in women with sexual difficulties. *Journal of Traumatic Stress*, 27(3), 274-282. doi:10.1002/jts.21923
8. Lorenz, T. A., **Pulverman, C. S.**, & Meston, C. M. (2013). Sudden gains during patient-directed expressive writing treatment predicts depression reduction in women with history of childhood sexual abuse: Results from a randomized clinical trial. *Cognitive Therapy and Research*, 37(4), 690-696. doi:10-1007/s10608-012-9510-3

## BOOK CHAPTERS AND PUBLISHED REVIEWS

---

1. **Pulverman, C. S.** (2017). Sexual dysfunction. In K. Nadal (Ed.), *The SAGE Encyclopedia of Psychology and Gender* (pp.). Thousand Oaks, CA: Sage Publications, Inc.
2. **Pulverman, C. S.** (2016). Review of Come as You Are. *Journal of Sex & Marital Therapy*, 42(1), 94-96. doi:10.1080/0092623X.2015.1106768
3. Meston, C. M., & **Pulverman, C. S.** (2013). Sexual dysfunction. In W. E. Craighead, D. J. Miklowitz, & L. W. Craighead (Eds.), *Psychopathology: History, Diagnosis, & Empirical Foundations* (pp. 616-648). Hoboken, NJ: John Wiley & Sons, Inc.

## PUBLICATIONS UNDER REVIEW

---

1. **Pulverman, C. S.**, Kilimnik, C. D., & Meston, C. M. (in revisions). The impact of childhood sexual abuse on women's sexual health: A comprehensive review. *Sexual Medicine Reviews*.
2. Kilimnik, C. D., **Pulverman, C. S.**, & Meston, C. M. (in revisions). Methodological considerations for the study of childhood sexual abuse in mental health outcome research: A comprehensive review. *Sexual Medicine Reviews*.
3. **Pulverman, C. S.**, Meston, C. M., & Hixon, J. G. (in revisions). Automated artifact detection procedure for vaginal photoplethysmography. *Archives of Sexual Behavior*.
4. Handy, A. B., Stanton, A. M., **Pulverman, C. S.**, & Meston, C. M. (in revisions). Differences in perceived and physiological genital arousal between women with and without sexual dysfunction. *Journal of Sexual Medicine*.

## PRESENTATIONS

---

\* denote Master's or undergraduate research assistants as co-authors

### Paper Presentations

1. **Pulverman, C. S.**, & Meston, C. M. (2017, February). *Motivations for sexual intercourse among women with a history of childhood sexual abuse*. Paper presented at the annual meeting of the International Society for the Study of Women's Sexual Health (ISSWSH), Atlanta, GA.
2. **Pulverman, C. S.**, & Meston, C. M. (2016, June). *The relationship between affective appraisal of physiological sexual arousal and sexual dysfunction among women with a history of childhood sexual abuse*. Paper presented at the annual meeting of the International Academy of Sex Research (IASR), Malmö, Sweden. **International Academy of Sex Research Best Brief Communication (Runner Up)**
3. Stanton, A. S., **Pulverman, C. S.**, & Meston, C. M. (2016, April). *Differences in vagal activity between women with and without sexual dysfunction during sexual arousal*. Paper presented at the annual meeting of the Society for Sex Therapy and Research (SSTAR), Chicago, IL.
4. **Pulverman, C. S.**, Gonzalez, L. L.\*, Crosby, C. L.\*, Griffy, C. G.\*, & Meston, C. M. (2016, April). *Sexual shame mediates the relationship between a history of childhood sexual abuse and current sexual dysfunction*. Paper presented at the annual meeting of the Society for Sex Therapy and Research (SSTAR), Chicago, IL.

5. **Pulverman, C. S.**, & Meston, C. M. (2016, February). *Sexual dysfunction among women with a history of childhood sexual abuse: The role of negative appraisal of genital sexual arousal and sexual shame*. Paper presented at the annual meeting of the International Society for the Study of Women's Sexual Health (ISSWSH), Charleston, SC.
6. **Pulverman, C. S.**, & Malcolm, H. V. (2015, April). *Assessing healthcare providers' awareness of PTSD in children with chronic illness*. Paper presented at the University of Texas at Austin McCombs School of Business Innovation in Healthcare Delivery Systems Conference, Austin, TX.
7. **Pulverman, C. S.**, & Meston, C. M. (2015, March). *Women's sexual function depends more on male partner's sexual satisfaction than her own sexual satisfaction*. Paper presented at the annual meeting of the Society for Sex Therapy and Research (SSTAR), Boston, MA.
8. **Pulverman, C. S.**, Hixon, J. G., & Meston, C. M. (2015, February). *Evidence for specificity of genital sexual arousal in women: A within subject analysis*. Paper presented at the annual meeting of the International Society for the Study of Women's Sexual Health (ISSWSH), Austin, TX.
9. **Pulverman, C. S.**, Meston, C. M., & Hixon, J. G. (2015, February). *Automated artifact detection procedure for vaginal photoplethysmograph data*. Paper presented at the annual meeting of the International Society for the Study of Women's Sexual Health (ISSWSH), Austin, TX.
10. **Pulverman, C. S.**, & Meston, C. M. (2015, February). *Among sexually dysfunctional women sexual function is determined more by partner's sexual satisfaction than own sexual satisfaction*. Paper presented at the annual meeting of the International Society for the Study of Women's Sexual Health (ISSWSH), Austin, TX.
11. Stanton, A. M., Lorenz, T. A., **Pulverman, C. S.**, & Meston, C. M. (2015, February). *Heart rate variability as an index of female sexual dysfunction: Results from a pilot study*. Paper presented at the annual meeting of the International Society for the Study of Women's Sexual Health (ISSWSH), Austin, TX.
12. **Pulverman, C. S.**, Lorenz, T. A., & Meston, C. M. (2014, April). *Linguistic changes in expressive writing predict psychological outcomes in women with a history of childhood sexual abuse and adult sexual dysfunction*. Paper presented at the annual meeting of the Society for Sex Therapy and Research (SSTAR), Pittsburgh, PA. **Society for Sex Therapy and Research Sandra R. Leiblum Student Research Award**
13. Stephenson, K. R., **Pulverman, C. S.**, & Meston, C. M. (2014, February). *Assessing the impact of childhood sexual abuse on adult sexual experiences*. Paper presented at the annual meeting of the International Society for the Study of Women's Sexual Health (ISSWSH), San Diego, CA.
14. **Pulverman, C. S.**, Lorenz, T. A., & Meston, C. M. (2013, February). *Linguistic changes in expressive writing predict psychological outcomes in women with a history of childhood sexual abuse and adult sexual dysfunction*. Paper presented at the annual meeting of the International Society for the Study of Women's Sexual Health (ISSWSH), New Orleans, LA. **International Society for the Study of Women's Sexual Health Essay Prize**
15. Lorenz, T. A., **Pulverman, C. S.**, & Meston, C. M. (2013, February). *An expressive writing treatment for women with a history of childhood sexual abuse leads to sudden gains in depression symptom reduction*. Paper presented at the annual meeting of the International Society for the Study of Women's Sexual Health (ISSWSH), New Orleans, LA.

16. Meston, C. M., Watts, T.\*, Stephenson, K. R., Lorenz, T. A., Khouri, Y. P., & **Pulverman, C. S.** (2013, February). *Mediators of the long-term impact of childhood sexual abuse on sexual function: Stigmatization, powerlessness, and traumatic sexualization*. Paper presented at the annual meeting of the International Society for the Study of Women's Sexual Health (ISSWSH), New Orleans, LA.

#### Symposium Presentations

1. **Pulverman, C. S.** & Weierich, M. R. (2011, February). Perceived control and PTSD prevention video intervention for sexual assault survivors. In S. E. Cooper (Chair), *Cognitive mechanisms in stress related states and disorders*. Symposium conducted at the meeting of North East Undergraduate Research Organization for Neuroscience (NEURON), New York, NY.

#### Poster Presentations

1. **Pulverman, C. S.**, & Meston, C. M. (2017, November). *Sexual shame drives the development of sexual dysfunction among women with histories of childhood sexual abuse*. Poster to be presented at the annual meeting of the International Society Traumatic Stress Studies (ISTSS), Chicago, IL.
2. **Pulverman, C. S.**, Meston, C. M., & Hixon, J. G. (2016, June). *Development of an automated artifact detection procedure for vaginal photoplethysmography*. Poster presented at the annual meeting of the International Academy of Sex Research (IASR), Malmö, Sweden
3. **Pulverman, C. S.**, Boyd, R. L., Stanton, A. M., & Meston, C. M. (2016, February). *Changes in the sexual self-schema of women with a history of childhood sexual abuse following expressive writing treatment*. Poster presented at the annual meeting of the International Society for the Study of Women's Sexual Health (ISSWSH), Charleston, SC.
4. Kilimnik, C. D., **Pulverman, C. S.**, Handy, A. B., & Meston, C. M. (2016, February). *An examination of a continuous measure of subjective sexual arousal in arousal specificity for abused and non-abused women*. Poster presented at the annual meeting of the International Society for the Study of Women's Sexual Health (ISSWSH), Charleston, SC.
5. Proctor, A. B.\*, Sherrill, B. N.\*, **Pulverman, C. S.**, & Meston, C. M. (2015, February). *Sexual abuse history and intimate relationship conflict: The role of sexual shame*. Poster presentation at the annual meeting of the International Society for the Study of Women's Sexual Health (ISSWSH), Austin, TX.
6. Proctor, A. B.\*, Sherrill, B. N.\*, **Pulverman, C. S.**, & Meston, C. M. (2014, November). *Sexual shame mediates the relationship between sexual abuse history and intimate relationship conflict*. Poster presentation at the annual meeting of the Texas Psychological Association (TPA), Dallas, TX. **Texas Psychological Association Poster Award**
7. Sherrill, B. N.\*, Proctor, A. B.\*, **Pulverman, C. S.**, & Meston, C. M. (2014, February). *Psychological implications of abstinence-only sexual education*. Poster presentation at the annual meeting of the International Society for the Study of Women's Sexual Health (ISSWSH), San Diego, CA.
8. **Pulverman, C. S.**, Lorenz, T. A., & Meston, C. M. (2013, March). *Text analysis of expressive writing essays provides a tool for monitoring treatment response in female survivors of childhood sexual abuse undergoing an expressive writing treatment*. Poster presentation at the annual meeting of the Society of Behavioral Medicine (SBM), San Francisco, CA.
9. Lorenz, T. A., **Pulverman, C. S.**, & Meston, C. M. (2013, March). *Survivors of childhood sexual abuse experience sudden gains in depression symptom reduction during a client-directed expressive writing treatment*. Poster presentation at the annual meeting of the Society of Behavioral Medicine (SBM), San Francisco, CA.

10. **Pulverman, C. S.**, Lorenz, T. A., Lessels, B. R.\*, Sherrill, B. N.\*, Proctor, A. B.\*, Matlock, A. N.\* & Meston, C. M. (2013, February). *Women show different patterns of sexual arousal to threatening versus non-threatening sexual images*. Poster presentation at the annual meeting of the International Society For the Study of Women's Sexual Health (ISSWSH), New Orleans, LA.
11. **Pulverman, C. S.**, Lorenz, T. K., Stephenson, K. R., & Meston, C. M. (2012, May). *Non-trauma focused expressive writing improves psychological functioning in survivors of childhood sexual abuse*. Poster presentation at the annual meeting of the Association for Psychological Science (APS), Chicago, IL.  
**Association for Psychological Science Student Research Award Honorable Mention**
12. VanBuren, B. R., **Pulverman, C. S.**, & Weierich, M. R. (2011, May). *Neuroticism is not associated with disengagement from affective image stimuli*. Poster presentation at the annual meeting of the Association for Psychological Science (APS), Washington D.C.
13. **Pulverman, C. S.**, Van Buren, B. R., & Weierich, M. R. (2011, February). *Spatial orienting and spatial disengagement from affective stimuli*. Poster presentation at the meeting of North East Undergraduate Research Organization for Neuroscience (NEURON), New York, NY.

## EDITORIAL ACTIVITIES

---

2011~present *Ad hoc Reviewer*  
 Archives of Sexual Behavior  
 Hormones and Behavior  
 Journal of Research on Adolescence  
 Journal of Sex & Marital Therapy  
 Journal of Sex Research  
 Journal of Sexual Medicine  
 Psychological Trauma: Theory, Research, Practice, and Policy  
 Sexuality & Culture

## RESEARCH EXPERIENCE

---

**VHA VISN 17 Center of Excellence for Research on Returning War Veterans**  
**Central Texas VA Healthcare System**

2017~present Studying the impact of sexual trauma, including military sexual trauma (MST), on the mental and sexual health of female veterans.  
*Supervisor:* Suzannah K. Creech, Ph.D.

**Sexual Psychophysiology Laboratory**  
**Department of Psychology**  
**University of Texas at Austin**

2015~2016 *Title:* Food and Drug Administration Phase 2 Trial of Experimental Product for Female Sexual Arousal Dysfunction  
*Aim:* A double-blind placebo-controlled two-way crossover trial examining the effects of an experimental product on genital and subjective sexual arousal in women with genital sexual arousal dysfunction.  
*Role:* Study Coordinator; *Supervisor:* Cindy M. Meston, Ph.D.

- 2013~2016 *Title:* The Relationship between Affective Appraisal of Physiological Sexual Arousal and Sexual Dysfunction among Women with a History of Childhood Sexual Abuse  
*Aim:* To examine affective appraisal of genital sexual arousal as a mediator of the relationship between childhood sexual abuse and sexual dysfunction. Six additional candidate mediators of the relationship between abuse history and sexual dysfunction were also examined.  
*Role:* Principal Investigator; *Supervisor:* Cindy M. Meston, Ph.D.
- 2011~2015 *Title:* Category Specificity of Women's Genital Sexual Arousal  
*Aim:* Examined the relationship between women's self-reported sexual orientation and their genital sexual arousal response to different types of erotic stimuli.  
*Role:* Principal Investigator; *Supervisor:* Cindy M. Meston, Ph.D.
- 2013~2015 *Title:* Automated Data Processing Procedure for Vaginal Photoplethysmograph Data  
*Aim:* Created and validated an automated data processing procedure to remove movement artifacts from vaginal photoplethysmograph data.  
*Role:* Principal Investigator; *Supervisor:* Cindy M. Meston, Ph.D.
- 2011~2016 *Title:* Effects of Early Abuse on Adult Intimate Relationships  
*Aim:* A National Institute for Child Health and Human Development-funded treatment study examining the effects of a five-session expressive writing treatment on mental and sexual health among women with a history of childhood sexual abuse and current sexual dysfunction.  
*Role:* Lab Manager; *Supervisor:* Cindy M. Meston, Ph.D.  
This was a completed study for which I coordinated ongoing administrative tasks and assisted in analyses and publishing of findings.

***Cognition, Affect, and Psychopathology Lab***  
***Department of Psychology***  
***Hunter College of the City University of New York***

- 2010~2011 *Title:* Context Influences Affective Information Processing  
*Aim:* Examine the effect of a short video intervention on perceived control measured via a computerized behavioral task.  
*Role:* Principal Investigator; *Supervisor:* Mariann R. Weierich, Ph.D.
- 2009~2011 *Title:* Creation and Validation of a Visual Image Stimuli Set  
*Aim:* Creation of a set of visual images for use in future computerized behavioral tasks. Aided with identification of potential images and conducting study sessions with subjects.  
*Role:* Research Assistant; *Supervisor:* Mariann R. Weierich, Ph.D.
- 2009~2011 *Title:* Visual Attention among Individuals with Posttraumatic Stress Disorder (PTSD)  
*Aim:* Examine visual attention to affective visual stimuli in people with PTSD. Trained in SCID assessment and helped with administrative tasks.  
*Role:* Research Assistant; *Supervisor:* Mariann R. Weierich, Ph.D.

***Center for HIV Educational Studies and Training***  
***Department of Psychology***  
***Hunter College of the City University of New York***

- Summer 2010 *Title:* Relationship between Alcohol Use and Sexual Behavior Among Emerging Adults  
*Aim:* Examine decision making processes related to alcohol use and sexual behavior in order to create a comprehensive model of risky-behavior decision making.  
*Role:* Research Assistant; *Supervisor:* Brooke E. Wells, Ph.D.



Summer 2009 *Title:* Compulsive Sexual Behavior among Men Who Have Sex with Men  
*Aim:* Qualitative study examining compulsive sexual behavior.  
*Role:* Research Assistant; *Supervisor:* Brooke E. Wells, Ph.D.

## CLINICAL EXPERIENCE

---

2016~2017 **Clinical Psychology Internship**  
**Primary Care/Behavioral Medicine Emphasis**  
 South Texas Veterans Health Care System, San Antonio, TX

*Rotations:*

*Trauma-focused Treatment in Spanish: July 2016-July 2017*

Supervisor: Emma L. Mata-Galan, Psy.D., Chief of Psychology

- Provided individual Cognitive Processing Therapy in Spanish and English
- Received weekly supervision in Spanish

*Severe Mental Illness Psychiatry Clinic: March 2017-July 2017*

Supervisor: Dr. Gerardo Gonzalez, Ph.D.

- Provided group and individual therapy to patients with severe mental illness
- Served on interdisciplinary inpatient psychiatry team
- Conducted individual therapy with inpatient psychiatry patients for stabilization and treatment engagement

*Military Sexual Trauma: March 2017-July 2017*

- Conducted individual therapy using Skills Training in Affect and Interpersonal Regulation treatment with patients reporting a history of military sexual trauma

*Spinal Cord Injury Service: November 2016 – March 2017*

Supervisor: Melissa Talamantes, Psy.D.

- Provided individual therapy in inpatient and outpatient settings for adjustment to chronic injury, insomnia, depression, and anxiety to veterans with spinal cord injury
- Co-facilitated CBT and mindfulness-based chronic pain group
- Co-facilitated process-based support group for female veterans
- Provided consultation to interdisciplinary medical team

*Psychological Assessment: November 2016 – March 2017*

Supervisor: Teresa Hale, Ph.D., ABPP

- Conducted pre-surgical evaluations for organ transplants and bariatric surgery
- Conducted personality assessment and provided feedback for mental health service
- Provided consultation to medical personnel to assist in treatment planning

*Primary Care/Mental Health Integration: July 2016-November 2016*

Supervisor: Lynn Henton, Ph.D.

- Conducted brief evidenced-based interventions in primary care clinic
- Led weekly treatment group for veterans with sleep disorders using CBT-I
- Conducted shared group medical appointments for antidepressants with PharmD
- Collaborated on patient care with interdisciplinary medical and social work team

*Transgender Health: July 2016-Nov 2016*

Supervisor: J. Alison Bess, Ph.D.

- Co-facilitated weekly therapy group for transgender veterans
- Conducted hormone-therapy evaluations using Veterans Affairs and WPATH guidelines
- Coordinated hormone therapy treatment with endocrinology medical staff

2015~2016

**Anxiety and Stress Clinic**

University of Texas at Austin

Supervisors: Jasper A. J. Smits, Ph.D. &amp; Mark B. Powers, Ph.D.

- Conducted Prolonged Exposure Therapy for PTSD
- Served as study clinician in a randomized clinical trial of PE for PTSD

2015~2016

**Private practice**

Supervisor: Elayne Lansford, Ph.D.

- Practiced Gottman-influenced couples therapy

2015~2016

**Private practice**

Supervisor: Penelope F. Frohlich, Ph.D.

- Conducted individual CBT and psychodynamic sex therapy

2015

**Department of Educational Psychology**

University of Texas at Austin

Supervisor: Ricardo C. Ainslie, Ph.D., ABPP

- Trained in projective assessments including Early Memories Procedure, Thematic Apperception Test, Rorschach Inkblot Test (R-PAS system) and integrative report writing

Summer 2015

**Cancer Care Collaborative**

Seton Medical Center

Supervisor: Catherine M. Whiting, Ph.D., ABPP

- Provided individual therapy for adults with cancer or coping with survivorship
- Conducted therapy with spouses and family members in English and Spanish

2014~2015

**Blackstock Family Health Clinic**

Seton University Medical Center Brackenridge

Supervisor: Jennifer L. Ayres, Ph.D.

- Provided individual CBT and interpersonal therapies for adults with depression, anxiety, psychotic, substance abuse, and personality disorders in a primary care outpatient clinic
- Conducted individual therapy in Spanish
- Provided consultation to physicians and residents on inpatient and outpatient cases
- Participated in bi-monthly interdisciplinary palliative care case conferences

2014

**Psychology Training Clinic (Assessment Instructor)**

University of Texas at Austin

Supervisors: A. Rebecca Neal-Beevers, Ph.D. &amp; Kim Fromme, Ph.D.

- Taught graduate students WAIS-IV, WISC-IV, and MMPI-2 assessments
- Led weekly class on clinical skills and assessment administration
- Supervised intake interviews and assessments live and provided clinical feedback

- 2013~2014 **College Counseling and Mental Health Center**  
University of Texas at Austin  
Supervisors: Mark A. Zentner, Ph.D., Alicia Enciso-Litschi, Ph.D., Alicia Garces, LCSW., Keith Arrington, LCSW & Kristen Pearson, LCSW
- Conducted individual CBT and interpersonal therapies
  - Co-facilitated group therapy for gay and bisexual men
  - Co-facilitated group therapy for female survivors of sexual and intimate partner violence
- 2013 **Private practice**  
Supervisor: Elayne Lansford, Ph.D.
- Provided long-term psychodynamic/control mastery therapy
- 2012~2013 **Psychology Training Clinic (Therapy)**  
University of Texas at Austin  
Supervisors: Martita A. Lopez, Ph.D. & Michael J. Telch, Ph.D.
- Conducted intake interview, SCID, WAIS-IV, WISC-IV, MMPI-2, and symptom self-report assessments
  - Delivered tailored feedback and wrote integrative reports
  - Provided individual CBT for mood and anxiety disorders
- 2012 **Psychology Training Clinic (Assessment)**  
University of Texas at Austin  
Supervisors: A. Rebecca Neal-Beevers, Ph.D. & Kim Fromme, Ph.D.
- Trained in intake interview, WAIS-IV, WISC, and MMPI-2 assessments
  - Delivered tailored feedback and wrote integrative reports

#### ADDITIONAL CLINICAL TRAINING

---

- 2013 **Therapeutic Assessment Institute**  
Professor: Steven E. Finn, Ph.D.
- Attended weeklong Therapeutic Assessment immersion course

#### TEACHING EXPERIENCE

---

- Summer 2017 **Instructor for Introduction to Psychology**  
University of Texas at Austin
- Taught class of 25 students
- 2014~2016 **Teaching Assistant for Psychology Honors I & II**  
University of Texas at Austin  
Professor: Theresa A. Jones, Ph.D.
- Helped students with development of study ideas and design
  - Edited student honors theses
  - Trained students to present research findings for poster sessions
- Janet T. Spence Teaching Assistant Award**
- 2014 **Instructor for Assessment II**  
Psychology Training Clinic, University of Texas at Austin  
Supervisors: A. Rebecca Neal-Beevers, Ph.D. & Kim Fromme, Ph.D.
- Taught first-year clinical graduate students WAIS-IV, WISC-IV, and MMPI assessments
  - Led weekly class on clinical skills and assessment administration
  - Supervised intake interviews and assessments live and provided clinical feedback

- 2013      **Teaching Assistant for *Advanced Statistics***  
University of Texas at Austin  
Professor: Patrick J. Carroll, Ph.D.
- 2013      **Teaching Assistant for *Introduction to Psychology***  
University of Texas at Austin  
Professor: Carrie Goetz, Ph.D.
- 2012~2013      **Teaching Assistant for *Human Sexuality***  
University of Texas at Austin  
Professor: Cindy M. Meston, Ph.D.
- 2012      **Teaching Assistant for *Abnormal Psychology***  
University of Texas at Austin  
Professor: Chris G. Beevers, Ph.D.
- 2012      **Teaching Assistant for *Abnormal Psychology***  
University of Texas at Austin  
Professor: Manual Ramirez III, Ph.D.

## GUEST LECTURES

---

- 2016      **Male and Female Sexual Anatomy and Female Sexual Arousal**  
Introduction to Human Sexuality Class  
University of Texas at Austin  
Professors: Cindy M. Meston, Ph.D. & David M. Buss, Ph.D.
- Lectured to class of 100 students
  - Lectured in the Synchronous Massive Online Course (SMOC) system television studio which was broadcast live to 380 students online
- 2015      **Applying to Psychology Doctoral Programs**  
Honors I  
University of Texas at Austin  
Professor: Theresa A. Jones, Ph.D.
- Lectured to class of 16 students
  - Coached honors students through application process
- 2014      **Clinical Psychology Research Methods**  
Psychology Research Methods  
St. Edwards University  
Professor: Jennifer M. Clegg, Ph.D.
- Lectured to class of 12 students
- 2014      **Applying to Psychology Doctoral Programs**  
Honors I  
Professor: Theresa A. Jones, Ph.D.
- Lectured to class of 14 students
  - Coached honors students through application process
- 2013      **Panel on Applying to Psychology Doctoral Programs**  
Psi Chi Honors Society (undergraduate club)
- Represented clinical psychology on panel with graduate students from other fields

2011 **Applying to Clinical Psychology Doctoral Programs**

Women in Psychology (undergraduate club)

- Lectured on graduate admissions process

**VOLUNTEER EXPERIENCE**

---

- 2013~2016 ***Graduate Student Diversity Committee***  
**University of Texas at Austin Department of Psychology**  
 Supervisor: Martita A. Lopez, Ph.D.
- Worked to increase visibility of cultural diversity in department
  - Encouraged undergraduate students from diverse backgrounds to work in research labs
  - Attended the APA Multicultural Summit in Fall 2013 and presented to committee
  - Served on faculty search committee in 2015~2016 as Graduate Student Diversity Committee Representative
- 2013~2016 ***Summer Undergraduate Research Experience Program Mentor***  
**University of Texas at Austin Department of Psychology**  
 Supervisors: Juan M. Dominquez, Ph.D. & Marlene D. Henderson, Ph.D.
- Mentored minority undergraduate students applying to graduate school
- 2013~2016 ***Community Education Volunteer***  
**The Safe Alliance Community Education Program**  
 Supervisor: Natalia Lee
- Ran outreach information tables at community events and resource fairs
  - Spoke to survivors of sexual assault about resources available at The Safe Alliance
- 2012~2013 ***Rape Crisis Advocate***  
**The Safe Alliance Hospital Advocate Program**  
 Supervisor: Ix Chel Morrison
- Aided survivors of sexual assault presenting to the ER
  - Completed 40 hours of training in advocacy and hospital protocol
- 2010~2011 ***Rape Crisis Advocate***  
**Beth Israel Medical Center Rape Crisis and Domestic Violence Intervention Program**  
 Supervisor: Chauntel Gerdes, LCSW
- Aided survivors of sexual assault presenting to the ER
  - Completed 10 hours of training in domestic violence response and hospital protocol
  - Completed debriefing sessions with program staff after each call
- 2008~2010 ***Rape Crisis Advocate***  
**Saint Vincent's Hospital Rape Crisis Program**  
 Supervisor: Christine Fowley, LCSW
- Aided survivors of sexual assault presenting to the ER
  - Completed 40-hour training in crisis response and counseling skills
  - Completed debriefing sessions with program staff after each call
  - Position ended when St. Vincent's Hospital closed in April 2010

**PROFESSIONAL AFFILIATIONS**

---

- 2014~present Society for Sex Therapy and Research  
 2012~present American Psychological Association  
 2011~2013 Association for Psychological Science  
 2012~2013 Society of Behavioral Medicine

**LANGUAGES**

---

Fluent in Spanish