

# Chelsea D Kilimnik, M.S.

Department of Psychology  
University of Texas at Austin  
108 E. Dean Keeton Stop A8000, Austin, TX 78712  
[chelseakilimnik@utexas.edu](mailto:chelseakilimnik@utexas.edu)

## EDUCATION

---

- 2015~present **Doctor of Philosophy**, Clinical Psychology (expected degree, 2020)  
University of Texas at Austin, Austin, Texas, U.S.A.  
Accredited, American Psychological Association  
Member, Academy of Psychological Clinical Science  
*Chair of Dissertation Committee: Cindy M. Meston, Ph.D.*
- 2013~2015 **Master of Science**, Psychology  
Trent University, Peterborough, Ontario, Canada  
*Thesis Title: Sexual Consent: The Role of Nonconsensual Sexual Experiences, Identification, and Affective Sexuality*  
*Chair of Thesis Committee: Terry P. Humphreys, Ph.D.*
- 2007~2012 **Bachelor of Arts**, Psychology, with Thesis Honors  
University of Winnipeg, Winnipeg, Manitoba, Canada  
Second Major in English: Creative Writing  
*Thesis Title: Assault Identification in Women Reporting Severe Nonconsensual Sexual Experiences: Effects on Sexual and Emotional Adjustment*  
*Chair of Thesis Committee: Paul D. Trapnell, Ph.D.*

## AWARDS & ACADEMIC HONORS

---

- 2017~2020 **Doctoral Foreign Study Award**  
*Canadian Institute of Health Research*
- 2017 **Hixon Fellowship in Statistics**  
*University of Texas at Austin*
- 2017 **Best Student Oral Presentation Award**  
*Canadian Sex Research Forum*
- 2017 **Rising Scholar Recognition Award**  
*Society for the Scientific Study of Sexuality*
- 2016 **Summer Research Fellowship**  
*University of Texas at Austin*
- 2016 **Janet Hyde Graduate Student Research Grant – Honorable Mention**  
*Hyde Grant Committee*
- 2015 **Nominee for Excellence in Teaching Award (Teaching Assistant category)**  
*Trent University*

- 2015      **Graduate Student Bursary**  
*Trent University*
- 2014      **Janice M. Epp Student Scholarship Award**  
*The Society for the Scientific Study of Sexual (SSSS)*
- 2014      **Graduate Student Bursary**  
*Trent University*
- 2014      **Ontario Graduate Student Bursary (OGS)**  
*Government of Ontario*
- 2014      **Graduate Conference and Travel Grant**  
*Trent University Graduate Student Association*
- 2014      **Research and Training Bursary**  
*CUPE 3908 Unit 2*
- 2013      **Graduate Student Bursary**  
*Trent University*
- 2013      **Graduate Research Fellowship**  
*Trent University*
- 2013      **Graduate Conference and Travel Grant**  
*Trent University Graduate Student Association*
- 2013      **Research and Training Bursary**  
*CUPE 3908 Unit 2*
- 2009      **Millennium Excellence Award and Scholarship**  
*Canada Millennium Foundation*
- 2007      **Special Entrance Scholarship**  
*University of Winnipeg*

## PEER-REVIEWED PUBLICATIONS

---

1. **Kilimnik, C. D.**, Trapnell, P. D., & Humphrey, T. P. (2016). Negative affectivity in female's identification of their nonconsensual sexual experiences and sexual dissatisfaction. *Canadian Journal of Human Sexuality, 25*, 177-185, doi: 10.3138/cjhs.253-A1
2. **Kilimnik, C. D.**, & Meston, C. M. (2016). The role of body-esteem in the sexual excitation and inhibition responses of women with and without childhood sexual abuse. *Journal of Sexual Medicine, 13*, 1718-1728. doi: 10.1016/j.jsxm.2016.09.004
3. Lachowsky, N. J., Wentland, J. J., **Kilimnik, C. D.**, & Levere, D. D. (2017). Reflecting back, looking forward: A content analysis of scientific programs from the 2013-2016 Canadian Sex Research Forum Annual Conferences. *Canadian Journal of Human Sexuality*, (ahead of print), doi: 10.3138/cjhs.262-a5

4. **Kilimnik, C. D.**, & Meston, C. M. (2017). A developmentally relevant approach to classifying nonconsensual sexual experiences in the study of women's sexual well-being. *Journal of Sex Research*, online ahead of print. doi: 10.1080/00224499.2017.1366969
5. Althof, S. E., Meston, C. M., Perelmen, M., Handy, A. B., **Kilimnik, C. D.**, & Stanton, A. M. (2017). On the diagnosis/classification of sexual arousal concerns in women. *Journal of Sexual Medicine*. Online ahead of print.
6. **Kilimnik, C. D.**, & Humphreys, T. P. (In Review). Understanding consent: The role of rape myth acceptance and nonconsensual sexual experiences in undergraduate women.
7. **Kilimnik, C. D.**, Pulverman, C. P., & Meston, C. M. (In Review). Methodological considerations for the study of childhood sexual abuse in sexual health outcome research: A comprehensive review. [Invited Review]
8. **Kilimnik, C. D.**, Boyd, R. L., Stanton, A. M., & Meston, C. M. (In Review). Identification of nonconsensual sexual experiences and the sexual self-schemas of women: Implications for sexual functioning.
9. Pulverman, C. S., **Kilimnik, C. D.**, & Meston, C. M. (In Review). The impact of childhood sexual abuse on women's sexual health: A comprehensive review. [Invited Review].

## BOOK CHAPTERS

---

1. Snell, W. E., & **Kilimnik, C. D.** (In Press). Multidimensional Sexual Self-Concept Questionnaire. In R. Milhausen, J. Sakaluk, T. Fisher, C. Davis, and B. Yarber (Eds.), *The Handbook of Sexuality-Related Measures (4th Ed.)*, Taylor and Francis.
2. Snell, W. E., & **Kilimnik, C. D.** (In Press). Multidimensional Sexual Approach Questionnaire. In R. Milhausen, J. Sakaluk, T. Fisher, C. Davis, and B. Yarber (Eds.), *The Handbook of Sexuality-Related Measures (4th Ed.)*, Taylor and Francis.

## PRESENTATIONS

---

### Podium Presentations:

1. **Kilimnik, C. D.**, Boyd, R. L., Stanton, A. M., & Meston, C. M. (February, 2018). Sexual self-schemas and identification of nonconsensual sexual experiences: Implications for sexual functioning. Submitted for presentation at the International Society for the Study of Women's Sexual Health (ISSWSH). San Diego, California.
2. **Kilimnik, C. D.**, & Meston, C. M. (November, 2017). A sexual developmental approach to the classification of nonconsensual sexual experiences. Society for the Scientific Study of Sexuality (SSSS) annual meeting, Atlanta, Georgia.
3. **Kilimnik, C. D.**, & Meston, C. M. (October, 2017). Characteristics of nonconsensual sexual experiences explain heterogeneity in the sexual schemas of women. Canadian Sex Research Forum (CSRF) annual meeting, Fredericton, New Brunswick.
4. **Kilimnik, C. D.**, & Meston, C. M. (February, 2017). The importance of the developmental stage of nonconsensual sexual experiences in women's sexual adjustment. International Society for the Study of Women's Sexual Health (ISSWSH) annual meeting. Atlanta, Georgia.

5. **Kilimnik, C. D.**, & Meston, C. M. (September, 2016). Sexual excitation and inhibition in women with a history of nonconsensual sexual experiences: The role of the developmental stage of onset. Canadian Sex Research Forum (CSRF) annual meeting, Quebec City, Quebec.
6. Levere, D. D., McKie, R. M., **Kilimnik, C. D.**, Humphrey, T. P., & Reesor, A. (September, 2016). Assessing sexual consent negotiation and unwanted sexual experiences in a sample of incarcerated men in Ontario. Canadian Sex Research Forum (CSRF) annual meeting, Quebec City, Quebec.
7. **Kilimnik, C. D.**, & Humphreys, T. P. (November, 2015). Nonconsensual sexual experiences and sexual well-being: The role of identification and sexual self-esteem. Society for the Scientific Study of Sexuality (SSSS) annual meeting, Albuquerque, New Mexico.
8. **Kilimnik, C. D.**, & Humphreys, T. P. (November, 2014). The predictive utility of erotophobia-erotophilia in sexual consent perspectives. Society for the Scientific Study of Sexuality (SSSS) annual meeting. Omaha, Nebraska.
9. **Kilimnik, C. D.**, & Humphreys, T. P. (November, 2014). The role of nonconsensual sexual experiences on the expression of erotophobia-erotophilia. Society for the Scientific Study of Sexuality (SSSS) annual meeting. Omaha, Nebraska.
10. **Kilimnik, C. D.**, Trapnell, P., & Smith, S. (September, 2012). Assault identification in women reporting severe unwanted sexual experiences: Effects on sexual and emotional adjustment. Canadian Sex Research Forum (CSRF) annual meeting. Ottawa, Ontario.

#### Symposium Presentations:

1. **Kilimnik, C. D.**, & McKie, R. M. (November, 2015). Hard to reach populations: Ethically recruiting through barriers. In S. Skakoon-Sparling (Chair), *Research Methods for Sex Scientists*. Society for the Scientific Study of Sexuality (SSSS) annual meeting. Albuquerque, New Mexico.
2. **Kilimnik, C. D.**, & Humphreys, T. P. (June, 2015). Sexual consent and nonconsensual sexual experiences: The importance of language. In T. P. Humphreys (Chair), *Sexual consent symposium: Current challenges and successes*. Annual Guelph Sexuality Conference. Guelph, Ontario.

#### Poster Presentations:

1. **Kilimnik, C. D.**, Boyd, R. L., Stanton, A. M., & Meston, C. M. (April, 2018). Nonconsensual sexual experiences and sexual self-schemas in women's sexual functioning: The role of self-identification. For presentation at the Society for Sex Therapy and Research (SSTAR) annual meeting. Philadelphia, Pennsylvania.
2. Crosby, C. L., **Kilimnik, C. D.**, & Meston, C. M. (February, 2018). Sexual partners and compulsivity: An examination of body esteem in the sexual behaviors of women with and without nonconsensual sexual experiences. Submitted for presentation at the International Society for the Study of Women's Sexual Health (ISSWSH) annual meeting. San Diego, California
3. Freihart, B. K., **Kilimnik, C. D.**, Buss, D. M., & Meston, C. M. (February, 2018). Preliminary examinations of a short-form version of the YSEX scale. Submitted for presentation at the International Society for the Study of Women's Sexual Health (ISSWSH) annual meeting. San Diego, California.

4. Levere, D. D., McKie, R. M., **Kilimnik, C. D.**, Humphreys, T. P., & Reesor, A. (October, 2017). A qualitative analysis assessing incarcerated men's interest in healthy sexual relationship programs. Do they want them? Canadian Sex Research Forum (CSRF) annual meeting. Fredericton, New Brunswick.
5. **Kilimnik, C. D.**, & Meston, C. M. (February, 2017). The role of sexual schemas in the body appraisals and sexual functioning of women with nonconsensual sexual experiences. International Society for the Study of Women's Sexual Health (ISSWSH) annual meeting. Atlanta, Georgia.
6. **Kilimnik, C. D.**, Garcia, S. M., & Meston, C. M. (January, 2017). The role of approach-avoidant temperaments in the relationship between nonconsensual sexual experiences and the sexual self. Society for Personality and Social Psychology, San Antonio, Texas.
7. Bouchard, L. E., Humphreys, T. P., **Kilimnik, C. D.**, & McKie, R. M. (September, 2016). The Sexual Boundaries Scale (SBS): A new measure of perceptions and behaviours surrounding personal sexual limits. Canadian Sex Research Forum, Quebec City, Quebec.
8. **Kilimnik, C. D.**, Pulverman, C. S., Handy, A. B., & Meston, C. M. (February, 2016). An examination of a continuous measure of subjective sexual arousal in arousal specificity for abused and non-abused women. International Society for the Study of Women's Sexual Health, Charleston, South Carolina.
9. Handy, A. B., Stanton, A., **Kilimnik, C. D.**, & Meston, C. M. (February, 2016). Differences in why women with and without sexual dysfunction have sex. International Society for the Scientific Study of Women's Sexual Health, Charleston, South Carolina.
10. **Kilimnik, C. D.**, & Humphreys, T. P. (October, 2015). The importance of language: Subjective identification of nonconsensual sexual experiences with externally provided labels. Canadian Sex Research Forum (CSRF) annual meeting. Kelowna, British Columbia.
11. **Kilimnik, C. D.**, McKie, R. M., & Humphreys, T. P. (August, 2015). Understanding one's sexual self after nonconsensual sexual experiences. American Psychological Association (APA) annual meeting. Toronto, Ontario.
12. **Kilimnik, C. D.** and Humphreys, T. P. (October, 2014). Understanding sexual consent after a nonconsensual sexual experience: Does subjective identification of the experience matter? Canadian Sex Research Forum annual meeting (CSRF). Kingston, Ontario.
13. **Kilimnik, C. D.** and Humphreys, T. P. (October, 2014). Sexual assault prevalence: A comparison of identification and severity differences between a community and university sample. Canadian Sex Research Forum (CSRF) annual meeting, Kingston, Ontario.
14. **Kilimnik, C. D.**, McKie, R. M., and Humphreys, T. P. (June, 2014). The impact of a college or university human sexuality course on reactions and exposure to sexually explicit materials: Differences between previous sexual experiences and gender. Annual Guelph Sexuality Conference. Guelph, Ontario.
15. McKie, R. M., **Kilimnik, C. D.**, and Humphreys, T. P. (June, 2014). Gender and sexual orientation differences and similarities towards condom use, HIV knowledge, and healthy sexual communication post-completion of a college or university human sexuality course. Annual Guelph Sexuality Conference. Guelph, Ontario.

## TEACHING EXPERIENCE

---

### Teaching Assistantships:

*Department of Psychology  
University of Texas at Austin*

2017	Advanced Inferential Statistics (Graduate Level)
2017	Introduction to Psychology
2017	Introduction to Human Sexuality
2016	Psychoquantology
2016	Introduction to Human Sexuality
2015	Introduction to Child Development

*Department of Psychology  
Trent University*

2015	Introduction to Social Psychology
2014	Human Sexuality
2014	Intimate Relationships
2013	Emotion and Motivation

### Guest Lectures:

*Women in Psychology  
University of Texas at Austin*

2017	Graduate Psychology Trajectories, Clinical Graduate Student Representative
------	----------------------------------------------------------------------------

*Texas Women of Excellence  
University of Texas at Austin*

2016	Mental Health and Self-Image Panel, Sexual Health Expert
------	----------------------------------------------------------

*Department of Psychology  
University of Texas at Austin*

2016	Introduction to Human Sexuality, "Sexual Orientation and Gender Identity"
------	---------------------------------------------------------------------------

*Department of Psychology  
University of Guelph*

2016	Couple and Family Relationships, "Consent, Coercion, Assault, and Abuse"
------	--------------------------------------------------------------------------

*Department of Psychology  
Trent University*

2014	Human Sexuality, "Medicalized Sexual Functioning"
2014	Intimate Relationships, "Intimate Partner Violence and Conflict"

### Mentoring Experience:

2016~present	Sexual Psychophysiology Laboratory, University of Texas at Austin <ul style="list-style-type: none"> <li>• Supervisor to five undergraduate research assistants</li> <li>• Supervisor to three undergraduate honor students and their theses projects</li> </ul>
--------------	------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------

2015~present	Canadian Sex Research Forum, Student Mentorship Program
--------------	---------------------------------------------------------

- Mentor to two undergraduate student researchers
- Founder of the Canadian Sex Research Forum's Student Mentorship Program

- 2014~2015 Sexual Psychology Laboratory, Trent University
- Mentor to two undergraduate student researchers
  - Supervisor to two undergraduate research assistants

## FORMAL PRACTICA EXPERIENCE

---

- 2017~Present **External Practicum**  
Center for Relationships, Private Practice & Training Center  
Supervisor: Vagdevi Meunier, Psy.D.
- Received Gottman Method Couples Assessment and Therapy Training (Level 1)
  - Provided couples and individual therapy using the Gottman Method Couples Therapy, Emotion-Focused Couples Therapy, Cognitive Behavioral Therapy
  - Administered and scored Gottman assessments and symptoms self-reports, including delivering tailored feedback and writing clinical reports
  - Conducted workshops on sexual trauma, intimacy, trust, communication, and sexual and relational well-being
- 2016~Present **Psychology Training Clinic (Therapy)**  
University of Texas at Austin  
Supervisors: Martita A. Lopez, Ph.D. & Jasper Smits, Ph.D.
- Intake interviews, SCID, WAIS-IV, MMPI-2, and symptom self-report assessments
  - Delivered tailored feedback and wrote integrative clinical reports
  - Individual CBT for PTSD, mood, anxiety, and sexual disorders
- 2016 **Psychology Training Clinic (Assessment)**  
Clinical Psychology Training Clinic, University of Texas at Austin  
Supervisors: Kirstin Bradbury, Ph.D. & Kim Fromme, Ph.D.  
Austin, TX
- Conducted intake interviews
  - Administered, scored, and interpreted WAIS-IV and MMPI-2 assessments
  - Delivered tailored feedback and wrote integrative clinical reports

## ADDITIONAL CLINICAL TRAINING

---

- 2014 **Intensive Sex Therapy Training Program**  
Professors: Carm DeSantis, Ph.D. (c), RMFT & Peggy Kleinplatz, Ph.D.  
Guelph, ON, Canada
- Week-long intensive course on sexual dysfunctions, relational issues, and clinical interventions
  - Engaged in case conceptualization, treatment planning, and clinical report writing
- 2013 **Applied Suicide Intervention Skills Training**  
Trainers: Andrea Carlucci and Carmen Carlucci  
Winnipeg, MB, Canada
- Week-long immersive course on suicide, self-harm, and suicidal ideation
  - Instruction around the steps, language, and importance of suicide assessment and intervention
  - Engaged in intentional reporting, emergency responding, and active intervention

## OTHER CLINICAL EXPERIENCE

---

- 2012~2013 ***Youth Care Worker***  
**Marymount, Inc.**  
*Supervisor:* Paula Moynihan, M.A., B.S.W.  
 Winnipeg, Manitoba
- Counseling and general supervision of high-risk, female adolescents referred by court ordered sentencing, Child & Family Service apprehension, or guardian initiated placement.
  - Worked directly with young women who experiences sexual assault, sexual exploitation, interpersonal and intergenerational violence, as well as their families
- 2012~2013 ***Sexual Assault Crisis Counselor and Advocate***  
**Klinic Community Resource Center**  
*Supervisor:* Lorraine Parrington  
 Winnipeg, Manitoba
- Aided survivors of sexual assault presenting to the ER
  - Offered one-on-one counseling and crisis call counseling to survivors and families of survivors of sexual assault, rape, and childhood sexual abuse
  - Completed 90 hours of training in sexual assault survivor counseling, advocacy and hospital protocol

## **VOLUNTEER EXPERIENCE**

---

- 2016~present ***Clinical Cohort Representative***  
**University of Texas at Austin, Psychology Department**
- I was nominated by my peers to be the graduate clinical student representative for the clinical psychology committee.
  - I help organize departmental meetings and events, recruit researchers to give presentations at our research meetings, and act a voice for the clinical graduate students with in the department.
- 2016~present ***Graduate Student Member***  
**Voices Against Violence Student Organization, UT Counselling and Mental Health Centre**
- Volunteer as a student member of the organization to help prevent interpersonal violence on campus through education, awareness and outreach initiatives
  - Organize and implement various events and programming around campus to help with the prevention efforts of the program
- 2014~present ***Senior Student Representative***  
**Canadian Sex Research Forum (CSRF), Executive Committee**
- Worked with the committee on reviewing abstracts, organizing the annual conference, and planning networking activities.
  - Founded the CSRF Student Mentorship Program and Student Video Blog
- 2015 ***Graduate Student Representative***  
**Sexual Assault Prevention Committee, Trent University**
- Sat on the committee developed in response to the province's new action plan to end campus sexual violence as graduate student representative and expert in the field of sexual violence
  - Provided information around the conceptual issues for reporting sexual assault in attempts to develop an ethical reporting procedure for the university
  - Worked with the committee to develop the Sexual Assault Response Policy for the university
- 2014 ***Graduate Student Representative***



**Program Director Search Committee**

- Reviewed each nominee's dossiers, organized the forum of nominees' presentations of intentions, sat in on the interviews for the candidates, and worked with the committee to determine the most eligible candidate for the position of Graduate Psychology Program Director.

2013~2014

***Graduate Student Representative*****Distinguished Research Awards Committee, Trent University**

- Review policy, nominations, and applications of faculty and work with the committee to determine the faculty most deserving of the Distinguished Faculty Research Award.

2011~2012

***Designated Note Taker and Study Assistant*****Disability Student Services, University of Winnipeg**

- Took notes in class for students with disabilities
- Prepared study guides for my assigned students and helped them prepare for and complete tests and exams

2007~2008

***Disability Outreach Representative*****Reaching Equality Employment Services**

- Worked with individuals with different sensory challenges to seek, obtain, and maintain employment
- Completed 10 hours of training in American Sign Language (ASL) and disability services

2005~2008

***Literacy Advocate*****Library Read Aloud Program, Winnipeg Public Library**

- Read books to and with children under the age of 12 who were struggling with reading
- Proctored active learning exercises and reading activities

**WORK EXPERIENCE**

---

2015

***Contracted Researcher*****Ontario Ministry of Education**

Supervisor: Terry P. Humphreys

- Worked as part of a three person team to create and write empirically supported tip sheets for parental resources on children and youths' sexual health and healthy relationships

2011~2012

***Case Coordinator Assistant*****Family Services and Consumer Affairs, Government of Manitoba**

- Worked as intake role that assessed the needs, resources, supports, and risks that each client had and were requesting before determining the appropriate program for them based on eligibility criteria

**PEER-REVIEW RESPONSIBILITIES**

---

2017~present Ad-Hoc Reviewer for Archives of Sexual Behavior

2016~present Ad-Hoc Reviewer for the Journal of Sex and Marital Therapy

2016~present Reviewer for the Journal of Sex Research

**PROFESSIONAL AFFILIATIONS**

---

- 2016~present International Society for Traumatic Stress Studies (ISTSS)
- 2014~present Sexual Information and Education Council of Canada (SIECAN)
- 2014~present American Psychological Association (APA), Div. 56, Trauma Psychology
- 2014~present Society for Sex Therapy and Research (SSTAR)
- 2013~present Society for the Scientific Study of Sexuality (SSSS)
- 2012 ~present Canadian Sex Research Forum (CSRF)
- 2012~present American Psychological Association (APA), Div. 35, Psychology of Women