

Curriculum Vitae

Alessandra H. Rellini, Ph.D
 Associate Professor in Clinical Psychology
 The University of Vermont - UVM
 arellini@uvm.edu - (802) 419-0820
 John Dewey Hall
 2 Colchester Ave
 Burlington, VT

Education

- 2006 - 2007 **YALE, SCHOOL OF MEDICINE, PSYCHIATRY, NEW HAVEN, CT**
 Predoctoral fellow at Yale-New Haven Psychiatric Hospital – Adult Track.
- 2001 –2007 **UNIVERSITY OF TEXAS (UT) AT AUSTIN, AUSTIN, TX**
 Ph.D. Clinical Psychology. APA accredited.
 Dissertation Committee: Cindy Meston, James Pennebaker, Yvon DelVile, Gloria Gonzalez-Lopez, & Keenan Pituch.
- 1999-2001 **CALIFORNIA SCHOOL OF PROFESSIONAL PSYCHOLOGY, ALAMEDA, CA**
 M.A. in Clinical Psychology. APA accredited.
- 1993-1997 **WHITTIER COLLEGE, WHITTIER, CA**
 B.A. in Psychology, May 1997. Whittier Scholar Program.

Positions and Employment

- 2012 - present Associate Professor, Psychology (with tenure)
 University of Vermont.
- 2007 - 2012 Assistant Professor, Psychology
 University of Vermont.
- 2007- present Director, Sexual Health Research Clinic
 University of Vermont.
- 2007- present Clinical Psychologist, Behavior Therapy and Psychotherapy
 University of Vermont.
- 2002 - 2005 Research Coordinator, the Female Sexual Psychophysiology Laboratory
 University of Texas at Austin.

Other Experience and Professional Memberships

- 2009 **Rellini, A. H.** Nominated and elected member of the Board of Directors for the International Society for the Study of Women's Sexual Health, a multi-disciplinary society dedicated to the research and dissemination of knowledge on women's sexuality.
- 2008-2009 **Rellini, A. H.** Invited to serve as committee member for the American Foundation of Urologic Disease International Consensus Development Conference on the definition and classification of

female sexual dysfunction. Invited to serve as committee member for “Definition, Classification and Epidemiology of Sexual Dysfunction” at the 3rd International Consultation on Urological Diseases (ICUD), Paris, 2009. Recommendations from this committee are sent to WHO, NIH, FDA, EMEA and to world-wide ministries of health and regulators to serve as the basis for policies concerning urological diseases.

- 2008 **Rellini, A. H.** Scientific Committee Member for the Annual Conference of the International Society for the Study of Women’s Sexual Health
- 2007-2010 **Rellini, A. H.** Scientific Committee Member for the Annual Conference of the International Society for Psychosomatic and Obstetric Medicine.
- 2006-2010 **Rellini, A. H.** Invited to serve as member for the Standardization Committee for the recommendations for assessment and gold standards for clinical trials on sexual dysfunction. Committee sponsored by the International Society of Sexual Medicine. Recommendations from this committee are sent to FDA and pharmaceutical companies interested in developing treatments for sexual dysfunction.
- 2006 **Rellini, A. H.** Elected Full Member of the International Academy of Sex Research.
- 2006-2007 **Rellini, A. H.** Nominated Chair of the Membership Committee for the International Society for the Study of Women’s Sexual Health.
- 2004-2006 **Rellini, A. H.** Nominated Member of the Membership Committee for the International Society for the Study of Women’s Sexual Health.

Peer-reviewed journal publications (in reversed chronological order)

† indicates SHRC student author

1. Gargiulo, P., Vinci, P., & **Rellini, A. H.** (in press). Sexual functioning in women with mild and severe symptoms of Charcot-Marie-Tooth disease. *Journal of Sexual Medicine*.
2. Castellini, G., Losauro C., Lelli, L., Baldini, L., Vignozzi, L., **Rellini, A. H.**, Faravelli, C., Maggi, M., & Ricca V. (in press). Childhood sexual abuse moderates the relationship between sexual functioning and Eating Disorder psychopathology in Anorexia Nervosa and Bulimia Nervosa: A one year follow-up study. *Journal of Sexual Medicine*.
3. Giraldi, A., **Rellini, A. H.**, Pfaus, J., & Laan, E., (2013). Standard operating procedures for female sexual arousal disorder: Consensus by the International Society for Sexual Medicine. *Journal of Sexual Medicine*, 10, 58-73.
4. Stephenson, K. R., **Rellini, A. H.**, & Meston, C. M. (2013). Relationship satisfaction as a predictor of treatment response during cognitive behavioral sex therapy. *Archives of Sexual Behavior*, 42, 143-152.
5. Laan, E., **Rellini, A. H.**, & Barnes, T. (2013). Standard operating procedures for female orgasmic disorder: Consensus of the International Society for Sexual Medicine. *Journal of Sexual Medicine*, 10, 74-82.
6. †Zollman, G., **Rellini, A. H.**, †Desrocher, D. (2013). The mediating effect of daily stress on the sexual arousal function of women with a history of childhood sexual abuse. *Journal of Marital & Sex Therapy*, 39, 176-192. 10.1080/0092623X.2012.691950
7. **Rellini, A. H.**, †Stratton, N., Tonani, S., Santamaria, V., Brambilla, E., Nappi, R. E. (2013). Differences in sexual desire between women with clinical versus biochemical signs of hyperandrogenism in polycystic ovarian syndrome. *Hormones & Behavior*, 63, 65-71.
8. †Dundon, C., & **Rellini, A. H.** (2012). Emotional states of love moderate the association between catecholamines and female sexual responses in the laboratory. *Journal of Sexual Medicine*, 9, 2617-2630.

9. **Rellini, A. H.**, Zvolensky, M., & Rosenfield, D. (2012). The moderated mediation effect of emotion dysregulation and stress reactivity on the relationship between childhood maltreatment and self-efficacy for avoiding sexual behaviors. *Sexual and Relationship Therapy, 27*, 91-104.
10. Murray-Close, A., & **Rellini, A. H.** (2012). Cardiovascular reactivity and proactive and reactive relational aggression among women with and without a history of sexual abuse. *Biological Psychology, 89*, 54-62.
11. [†]Staples, J., & **Rellini, A. H.**, & [†]Roberts, S. P. (2012). Avoiding experiences: Sexual dysfunction in women with a sexual abuse history in childhood and adolescence. *Archives of Sexual Behavior, 41*, 341-350.
12. **Rellini, A. H.**, [†]Elinson, S., Janssen, E., Meston, C. M. (2012). The effect of pre-existing affect on the sexual responses of women with and without a history of childhood sexual abuse. *Archives of Sexual Behavior, 41*, 329-339. DOI: 10.1007/s10508-011-9772-y
13. Brotto, L. A., Seal, B., & **Rellini, A. H.** (2012). Pilot study of a brief cognitive behavioral versus mindfulness-based intervention for women with sexual distress and a history of childhood sexual abuse. *Journal of Sex & Marital Therapy, 38*(1),1-27.
14. **Rellini, A. H.**, Vujanovic, A. A., [†]Gilbert, M., & Zvolensky, M. J. (2012). Childhood maltreatment and difficulties in emotion regulation: Associations with sexual and relationship satisfaction among young adult women. *Journal of Sex Research, 49*: 434-442.
15. Laan, E., & **Rellini, A. H.** (2011). Can we treat anorgasmia in women? The challenge to experiencing pleasure. *Sexual and Relationship Therapy, 26*, 329-341. DOI:10.1080/14681994.2011.649691
16. Rehman, U. S., **Rellini, A. H.** & Fallis, E. (2011) The importance of sexual self-disclosure to sexual satisfaction and functioning in committed relationships. *Journal of Sexual Medicine, 8*(11), 3108-3115.
17. Giraldi, A., **Rellini, A.**, Pfaus, J. G., Bitzer, J., Laan, E., Jannini, E., Fugl-Meyer, A. R. (2011). Questionnaires for assessment of Female Sexual Dysfunction: A review and proposal for a standardized screener. *Journal of Sexual Medicine, 8*(10), 2681-2706.
18. **Rellini, A. H.**, Ing, A. D., & Meston, C. M. (2011). Implicit and explicit cognitive sexual processes in survivors of childhood sexual abuse. *Journal of Sexual Medicine, 8*(11), 3098-3107.
19. **Rellini, A. H.**, & Meston, C. M. (2011). Sexual self-schemas, sexual dysfunction, and the sexual responses of women with a history of childhood sexual abuse. *Archives of Sexual Behavior, 40*(2):351-362.
20. [†]Camuso, J., & **Rellini, A. H.** (2010). Sexual fantasies and sexual function in sexual abuse survivors. *Sexual and Relationship Therapy, 25*(3), 275-288.
21. Lewis, R. W., Fugl-Meyer, K. S., Corona, G., Hayes, R. D., Laumann, E. O., Moreira, E. D., **Rellini, A. H.**, & Segraves, R. T. (2010). Definition/Epidemiology/Risk Factors for Sexual Dysfunction. *Journal of Sexual Medicine, 7*,1598-1607.
22. **Rellini, A. H.**, Vujanovic, A. A., & Zvolensky, M. J. (2010). Emotional dysregulation: Concurrent relation to sexual problems among trauma-exposed adult cigarette smokers. *Journal of Sex & Marital Therapy, 36*, 137-153.
23. Meston, C. M., **Rellini, A. H.**, & McCall, K. M. (2010). The sensitivity of continuous laboratory measures of physiological and subjective sexual arousal for diagnosing women with an arousal disorder. *Journal of Sexual Medicine, 7*(2), 938-950.
24. [†]Dundon, C. M. & **Rellini, A. H.** (2010). More than sexual function: Predictors of sexual satisfaction in a sample of women age 40-70. *Journal of Sexual Medicine, 7*(2), 896-904.
25. [†]Dundon, C. M., **Rellini, A. H.**, Tonani, S., Santamaria, V., & Nappi, R. E. (2010). Mood disorders and sexual function in women with functional hypothalamic amenorrhea. *Fertility & Sterility, 94*(6), 2239-2243.
26. **Rellini, A. H.**, Hamilton, L. D., Delville, Y., & Meston, C. M. (2009). The cortisol response during physiological sexual arousal in women with a history of childhood sexual abuse. *Journal of Traumatic Stress, 22* (6), 557-565.

27. Hamilton, L. D., **Rellini, A. H.**, & Meston, C. M. (2008). Cortisol, sexual arousal, and affect in response to sexual stimuli. *Journal of Sexual Medicine*, 5(9), 2111-2118.
28. Meston, C. M., **Rellini, A. H.** & Telch, M. (2008). Short- and long-term effects of ginkgo biloba extract on sexual dysfunction in women. *Archives of Sexual Behavior*, 37(4), 530-547.
29. **Rellini, A. H.** (2008). Review of the empirical evidence for a theoretical model to understand the sexual problems of women with a history of CSA. *Journal of Sexual Medicine*, 5, 31-46.
30. **Rellini, A. H.**, & Meston, C. M. (2007). Sexual function and satisfaction in adults based on the definition of child sexual abuse. *Journal of Sexual Medicine*, 4, 1312-1321.
31. McCall, K. M., **Rellini, A. H.**, Seal, B., & Meston, C. M. (2007). Sex differences in memory for sexually-relevant information. *Archives of Sexual Behavior*, 36, 518-530.
32. **Rellini, A. H.**, & Meston, C. M. (2007). Sexual desire and linguistic analysis: A comparison of sexually abused and non-abused women. *Archives of Sexual Behavior*, 36, 67-77.
33. Meston, C. M., **Rellini, A. H.**, & Heiman, J. (2006). Women's history of sexual abuse, their sexuality, and sexual self-schemas. *Journal of Consulting and Clinical Psychology*, 74, 229-236.
34. **Rellini, A. H.**, & Meston, C. M. (2006). The sensitivity of event logs, self-administered questionnaires and photoplethysmography to detect treatment-induced changes in FSAD diagnosis. *Journal of Sexual Medicine*, 3, 283-291.
35. **Rellini, A. H.**, & Meston, C. M. (2006). Psychophysiological sexual arousal in women with a history of child sexual abuse. *Journal of Sex & Marital Therapy*, 32, 5-22.
36. **Rellini, A. H.**, McCall, K. M., Randall, P. K., & Meston, C. M. (2005). The relationship between women's subjective and physiological sexual arousal. *Psychophysiology*, 42, 116-124.
37. **Rellini, A. H.**, Nappi, R. E., Vaccaro, P., Ferdeghini, F., Abbiati, I., & Meston, C. M. (2005). Validation of the McCoy Female Sexuality Questionnaire (MFSQ) in an Italian sample. *Archives of Sexual Behavior*, 34, 641-648.
38. **Rellini, A. H.**, & Meston, C. M. (2004). Childhood sexual abuse. *Clinical Urologica*, 14, 80-83.
39. Kimerling, R., **Rellini, A.**, Kelly, V., Judson, L. P., & Learman, L. (2002) Gender differences in victim and crime characteristics of sexual assault. *Journal of Interpersonal Violence*, 17, 526-532.

Chapters & Other Publications

† indicates SHRC student author

1. **Rellini, A. H.** (in press). The treatment of sexual dysfunctions in survivors of sexual abuse. In I. Binik & K. Hall [Eds.], *Principles and practice of sex therapy – 5th Edition*.
2. Fugl-Meyer, K.S., Lewis, R.S., Corona, G., Hayes, R.D., Laumann, E., Moreira, E., **Rellini, A. H.**, Segraves, T. (In Press). Definitions, classification, and epidemiology of sexual dysfunction. In T. F. Lue, R. Basson, R. Rosen, F., Giuliano, S., Khoury, & F. Montorsi [Eds.], *Sexual medicine and sexual dysfunction in men and women*. Paris, France: Health Publications.
3. **Rellini, A. H.**, & †Clifton, J. (2011). Female orgasmic disorder. In Balon R [Ed.]: *Sexual Dysfunction: Beyond the Brain-Body Connection*. *Advances in Psychosomatic Medicine*. Basel:Karger, 31, 35–56 (DOI: 10.1159/000328807).
4. **Rellini, A. H.**, Farmer, M., & Golden, G. (2011). Hypoactive sexual desire disorder: Women's sexual response to cancer diagnosis and treatment. In J. Mulhall J., L. Incrocci, I. Goldstein, & R. Rosen [Eds.], *Cancer and Sexual Health*. Humana Press: Boston. 105-124.
5. Glina, S., Rodrigues Jr, O. M., & **Rellini, A. H.** (2010). Classic citations: Morokoff, P. J., & Heiman, J. R. (1980). Effects of erotic stimuli on sexually functional and dysfunctional women: Multiple measures before and after sex therapy. *Journal of Sexual Medicine*, 7, 2633-2636.

6. **Rellini, A. H., & †Dundon, C. M.,** (2009). Psychophysiology of Sex: Finally a book on psychophysiology for the sex researcher. [Book Review] *Sex Roles*, 61(7), 592.
7. Meston, C.M., & **Rellini, A.H.** (2007). Sexual Dysfunction. In: W. E. Craighead, D. J. Miklowitz, & L. W. Craighead [Eds.], *Psychopathology: History, theory and diagnosis*. New Jersey: John Wiley & Sons.
8. **Rellini, A.H.** (2005). Psychological factors of sexual abuse on women's sexual functioning. In Goldstein, I. Meston, C., Davis, S. & Traish, A. [Eds.], *Women sexual function and dysfunction: Study, diagnosis and treatment*, (pp. 98 -104). London: Taylor & Francis Group.
9. **Rellini, A. H.,** Telch, M. J., & Meston, C. M. (2003). *Sex Therapy Treatment Manual for the Therapist & Treatment Manual for Sexual Problems – Patient Manual*. Unpublished Manual.
10. Meston, C.M. & **Rellini, A.H.** (2004). Female Sex Therapy. In: W. E. Craighead, & C. B. Nemeroff [Eds.], *The concise Corsini encyclopedia of psychology and behavioral science: Vol 3.* (3rd ed., pp. 366-368). New York: John Wiley & Sons.
11. **Rellini, A.,** & Muller, I. (2003). Protocolli diagnostici per la disfunzione sessuale femminile. In Gisdisf [Eds.], *Le disfunzioni sessuali femminili*, (pp. 89-99). Pisa, Italy: Pacini Editori.

Invited Talks, Presentations, and Lectures

Invited Talks

- 02/2011 *Different types of desire or one form of desire? Symposium: Sexual motivation and Desire.* Paper presented at the annual meeting of the International Society for the Study of Women's Sexual Health, Arizona, USA.
- 01/2011 *Advances in the Treatment of Female Sexual Dysfunction. Obstetrics and Gynecology Grand Rounds, University of Vermont.*
- 09/2010 *Round table on co-morbidities affecting sexual health: Sexual abuse and women's sexual health.*
The 14th World Meeting of the International Society for Sexual Medicine. Seoul, South Korea.
- 05/2010 *Mechanisms of Female Sexual Desire and Sexual Arousal Function.*
Invited talk at the Reproductive Endocrinology and Infertility Academics at the National Naval Medical Center / National Institutes of Health (NIH/NICHD).
- 11/17/09 *Violence Towards Women's Sexual Health: Sexually Abused Women.*
Invited talk at the annual convention for the European Society of Sexual Medicine, Lyon, France.
- 11/16/09 *The relationship between continuous measures of physiological and subjective sexual arousal in women.*
Invited talk at the annual meeting of the Scandinavian Society for Sexual Medicine.
- 10/29/09 *Psychophysiological sexual arousal in women with a history of sexual abuse.*
Grand Rounds in Psychology, Concordia University, Canada.
- 09/21/09 *Focus on Female Sexual Health. Testimony presented at the public hearing: Moving Into the Future – New Dimensions and Strategies for Women's Health Research for NIH.*
- 07/12/08 *Standard of care (SOP) guidelines for the treatment of hypoactive sexual desire disorder, female sexual arousal disorder and female orgasmic disorder.* Presented to the International Society for Sexual Medicine – Standardization Committee, Hamburg, Germany.
- 05/27/08 *Sexual Responses in Sexual Abuse Survivors.*
Grand Rounds in Psychiatry, McGill University, Montreal, Canada.
- 03/12/06 *Predictors of Sexual Response in Women with a History of Child Sexual Abuse.*
Clinical Area Research Event, University of Texas at Austin, TX.
- 10/26/05 *Menopause, Body Image, and Sexual Function.*
Clinical Area Research Event, University of Texas at Austin, TX.

- 04/29/05 *Female Sexual Function Among Child Sexual Abuse Survivors.*
University of Texas at Austin, Developmental Psychology Area Talk.
- 2003-2005 *Lecture: PTSD Assessment and Treatment: A Review.*
University of Texas at Austin, Clinical Practicum Course.
- 12/07/02 *Community Workshop – Women’s Sexuality.*
Veteran Affairs Hospital San Antonio, TX.
- 07/15/01 *Research Methods in Human Sexuality.*
Ob/Gyn Department, University of Medicine in Pavia, Italy.
- 11/30/00 *Trauma and Sexual Compulsion.*
Invited lecture for the Trauma Seminar. University of California San Francisco, General Hospital, CA.

Podium Presentations

† indicates SHRC student author

1. Navarro-Cremades, F., Gargiulo, P., Vinci, P., & **Rellini, A. H.** (2012). Sexuality in women affected with neurological disease (CMT). Paper presented at the 11th congress of the European Federation of Sexology, Madrid, Spain.
2. †Seehuus, M., & **Rellini, A. H.**, Hale, S., Monson, M., & Bernstein, I. (2012). The relationship between sexual function and cardiovascular health in women: A preliminary study. Paper presented at the world meeting of the International Society for Sexual Medicine, Chicago, IL.
3. †Seehuus, M., & **Rellini, A.** (2011). Gender differences in the relationship between sexual satisfaction and propensity for risky sexual behavior. Paper presented at the meeting of the Society for the Scientific Study of Sexuality, Houston, TX.
4. †Clifton, J. C., **Rellini, A. H.**, Burt, K., & Janssen, E. (2011). *Implicit emotional processes affect sexually-relevant behavior.* Paper presented at the International Society for the Study of Women’s Sexual Health, Scottsdale, Arizona.
5. †Dundon, C., & **Rellini, A. H.** (2011). *What’s love got to do with it? Dopamine, norepinephrine and the sexual arousal responses of women in lust and love.* Podium presentation at the annual meeting of the International Society for the Study of Women’s Sexual Health, Scottsdale, Arizona.
6. **Rellini, A. H.**, Ing, A. D., & Meston, C. M. (2010). *Implicit and explicit cognitive processes and sexuality in survivors of childhood sexual abuse.* Paper presented at the meeting of the International Society for Sexual Medicine, Seoul, Korea. **Winner of Best Paper in Clinical Research, Zorgnotti-Newmann Prize.**
7. **Rellini, A. H.**, † Stratton, N., Martini, E., Terreno, E., Santamaria, V., Nappi, R. E., (2010). *Sexual desire in hyperandrogenic women with polycystic ovary syndrome (PCOS).* Paper presented at the meeting of the International Society for Sexual Medicine, Seoul, Korea.
8. Murray-Close, D., & **Rellini, A. H.** (2010). *Blunted physiological reactivity predicts relational aggression in women with a history of sexual abuse.* Paper presentation at the Society for Research on Adolescence, Philadelphia, PA.
9. **Rellini, A. H.**, Escher, L., Martinis, E., Terreno, E., Santamaria, V., & Nappi, R. E. (2010). *Hormonal profile of different types of sexual desire in women with polycystic ovary syndrome.* Paper presented at the meeting of the International Society for the Study of Women’s Sexual Health, St. Petersburg, FL.
10. † Roberts, S. P., & **Rellini, A. H.** (2009). *Sexual Self-Schemas, Family Support, and Sexual Problems in Adult Female Survivors of Child Sexual Abuse.* Paper presented at the meeting of the International Society for the Study of Women’s Sexual Health, Florence, Italy. **Winner of Best Essay Prize.**
11. † Dundon, C. M., & **Rellini, A. H.** (2009). *Predictors of satisfaction with sexual desire in a sample of menopausal women.* Paper presented at the meeting of the International Society for the Study of Women’s Sexual Health, Florence, Italy.

12. **Rellini, A. H.** (2008). *The impact of implicit and explicit sexual attitudes on the physiological sexual responses of women with a history of child sexual abuse*. Paper presented at the meeting of the Association for Behavioral and Cognitive Therapy, Orlando, FL.
13. **Rellini, A. H.**, & [†] Kuny, A. (2008). *The relationship between communication style and intimacy satisfaction in women with a history of sexual abuse*. Paper presented at the meeting of the International Society for the Study of Women's Sexual Health, San Diego, California.
14. **Rellini, A. H.**, Ing, D., & Meston, C. M. (2006). *Implicit and explicit cognitive processes and sexual arousal in survivors of child sexual abuse*. Paper presented at the meeting of the International Society for the Study of Women's Sexual Health, Lisbon, Portugal. **Winner of Best Essay Prize.**
15. [†] Salayta, M. A., **Rellini, A. H.**, Meston, C. M., & Levin, R. J. (2006). *Exploring the input/output slopes of the VPA (vaginal pulse amplitude) as a possible index of veno-occlusive engorgement*. Paper presented at the meeting of the International Society for the Study of Women's Sexual Health, Lisbon, Portugal.
16. **Rellini, A. H.**, Ricaldone, C., Vaccaro, P., Carla Pisani, Ballario, P., Nappi, R. E., & Meston, C. M. (2006). *Menstrual cycle dysfunction, body image & sexual function*. Paper presented at the meeting of the International Society for the Study of Women's Sexual Health, Lisbon, Portugal.
17. **Rellini, A. H.**, Meston, C. M. (2006). *Predictors of treatment-induced changes in female sexual satisfaction*. Paper presented at the meeting of the International Society for the Study of Women's Sexual Health, Lisbon, Portugal.
18. **Rellini, A. H.**, Hill, Y., & Meston, C. M. (2005). *The link between avoidance of traumatic memories and physiological sexual arousal in women with PTSD*. Paper presented at the meeting of the International Society for the Study of Women's Sexual Health, Las Vegas.
19. **Rellini, A. H.**, McDermott, M., & Meston, C. M. (2005). *Sexual satisfaction, relationship adjustment, body image, and climacteric symptoms in a clinical sample of menopausal women*. Paper presented at the meeting of the International Society for the Study of Women's Sexual Health, Las Vegas.
20. **Rellini, A. H.**, & Meston, C. M. (2004). *Desire and sexually relevant language in women with a history of childhood sexual abuse*. Paper presented at the meeting of the International Society for the Study of Women's Sexual Health, Atlanta. **Winner of Bjorn Lundquist New Investigator Award.**
21. **Rellini, A.**, & Meston, C. M. (2003). *Psychophysiological sexual arousal in women with a history of CSA*. Paper presented at the meeting of the International Society for the Study of Women's Sexual Health, Amsterdam, ND. **Winner of Best Essay Prize.**
22. **Rellini, A.**, Campbell, R. S., & Meston, C. M. (2003). *The language of sexuality in women with a history of childhood sexual abuse*. Paper presented at the meeting of the Scientific Society for the Study of Sexuality, San Antonio, TX.
23. **Rellini, A.**, & Meston, C. M. (2003). *Physiological and subjective sexual arousal of women with a history of childhood sexual abuse*. Paper presented at the meeting of the Scientific Society for the Study of Sexuality, San Antonio, TX.

Conference Poster Presentations

[†] indicates SHRC student author

1. [†]Bird, E., [†]Seehuus, M., [†]Clifton, J., & **Rellini, A. H.** (2012). *Dissociation and sexual function in women with and without a history of sexual abuse*. Poster presentation at the annual meeting of the International Academy of Sex Research, Lisbon/Estoril, Portugal.
2. [†]Seehuus, M., & **Rellini, A. H.** (2011). *Complex predictors of risky sexual behavior*. Poster presented at the meeting of the Society for the Scientific Study of Sexuality, Houston, TX.
3. **Rellini A. H.**, & Murray-Close, A. (2010). *Changes in androgens levels during the menstrual cycle and orgasm functioning in women*. Poster presented at the meeting of the International Society for Sexual Medicine, Seoul, Korea. **Winner of Best Poster Prize.**
4. [†]Roberts, S. R., & **Rellini, A. H.** (2010). *Subjective sexual arousal and sexual impulsivity in female survivors of childhood sexual abuse*. Poster presented at the meeting of the Society for Sex Therapy and Research, Boston. **Winner of Best Student Poster Prize.**

5. †Staples, J., **Rellini, A. H.**, & †Roberts, S. P. (2010). *Avoidance and sexual functioning in women with a history of childhood sexual abuse*. Poster presented at the meeting of the Society for Sex Therapy and Research, Boston.
6. Desrocher, D., **Rellini, A. H.**, & Zollman, G. (2010). *Daily stress and sexual arousal functioning in survivors of childhood sexual abuse*. Poster presented at the meeting of the Society for Sex Therapy and Research, Boston.
7. †McKay, L., & **Rellini, A. H.** (2010). *Cues for desire and sexual arousal in women*. Poster presented at the meeting of the Society for Sex Therapy and Research, Boston.
8. **Rellini, A. H.**, Vujanovic, A., & Zvolensky, M. (2009). *Emotion dysregulation: Concurrent relation to sexual dissatisfaction and functioning among trauma-exposed adults*. Poster presented at the meeting of the International Society for the Study of Women's Sexual Health, Florence, Italy.
9. †Islam, S., †Elinson, S., & **Rellini, A. H.** (2009). *The interaction of pre-existing affect and mood induction on mental sexual arousal in women*. Poster presented at the meeting of the International Society for the Study of Women's Sexual Health, Florence, Italy.
10. **Rellini, A. H.**, & Meston, C. M. (2009). *Sexual self-schemas, sexual dysfunction, and the sexual responses of women with a history of childhood sexual abuse*. Poster presented at the meeting of the International Society for the Study of Women's Sexual Health, Florence, Italy.
11. †Elinson, S., & **Rellini, A. H.** (2009). *Pre-existing affect and physiological sexual responses in women with a history of childhood sexual abuse*. Poster presented at the meeting of the International Society for the Study of Women's Sexual Health, Florence, Italy.
12. †Dundon, C., Tonani, S., Santamaria, V., Nappi, R. E., & **Rellini, A. H.** (2009). *Depression and anxiety in the sexual difficulties of women with functional hypothalamic amenorrhea*. Poster presented at the meeting of the International Society for the Study of Women's Sexual Health, Florence, Italy.
13. †Camuso, J., & **Rellini, A. H.** (2009). *Differences in sexual fantasies and their relationship with sexual arousal in adult women with a history of childhood sexual abuse*. Poster presented at the meeting of the International Society for the Study of Women's Sexual Health, Florence, Italy.
14. **Rellini, A. H.**, †Elinson, S., & Janssen, E. (2008). *Anticipatory affect and physiological sexual response in women with and women without a history of childhood sexual abuse*. Poster presented at the meeting of the International Academy of Sex Research, Leuven, Belgium.
15. Hill, Y., **Rellini, A. H.**, & Meston, C. M. (2005). *The relationship between sexual fantasy, mental sexual arousal and sexual desire among student women*. Poster presented at the meeting of the International Society for the Study of Women's Sexual Health, Las Vegas. **Winner of Best Poster Prize – Basic Science.**
16. McCall, K. M., **Rellini, A. H.**, Seal, B., & Meston, C. M. (2005). *Gender difference of sexually relevant material*. Poster presented at the meeting of the International Society for the Study of Women's Sexual Health, Las Vegas.
17. **Rellini, A. H.**, Hill, Y., & Meston, C. M. (2005). *The relationship between avoidance and physiological sexual arousal in women with a history of childhood sexual abuse and posttraumatic stress disorder*. Poster presented at the meeting of the International Academy for Sex Research, Ottawa.
18. Wolitzky, K. B., **Rellini, A. H.**, & Telch, M. J. (2005). *Investigating the mechanisms of change during exposure-based treatments for acrophobia*. Poster presentation at the meeting of Anxiety Disorder Association of America, Seattle.
19. Seal, B. N., **Rellini, A. H.**, Farmer, M. A., McCall, K. M., & Meston, C. M. (2004). *Effects of personality and religiosity on sexual satisfaction among oral contraceptive users*. Poster presented at the meeting of the International Society for the Study of Women's Sexual Health, Atlanta.
20. **Rellini, A. H.**, Seal, B., McCall, K., Farmer, M. A., Bradford, A., & Meston, C. M. (2004). *Content analysis of sexual fantasies and other essays written by women with a history of child sexual abuse*. Poster presented at the meeting of the International Academy for Sex Research, Helsinki.
21. Seal, B. N., **Rellini, A. H.**, Farmer, M. A., McCall, K. M., & Meston, C. M. (2004). *Sexual satisfaction among oral contraceptive users versus non-users*. Poster presented at the meeting of the International Academy for Sex Research, Helsinki.

22. McCall, K. M., **Rellini, A. H.**, Farmer, M., Bradford, A., Seal, B., & Meston, C. M. (2004). *Predictors of desire for sexual activity in women*. Poster presented at the meeting of the International Academy for Sex Research, Helsinki
23. Ferguson, J., **Rellini, A.**, McCall, K. M., & Meston, C. M. (2003). *The moderator role of affect on the relationship between physiological and psychological sexual arousal in women*. Poster presented at the meeting of the Scientific Society for the Study of Sexuality, San Antonio, TX
24. Farmer, M., **Rellini, A.**, & Meston C. M. (2003). *Predictors of sexual functioning: Associations with autonomic arousability and neuroticism*. Poster presented at the meeting of the Scientific Society for the Study of Sexuality, San Antonio, TX
25. **Rellini, A.**, & Meston, C. M. (2003). *The physiology of the sexual response in PTSD and no-PTSD women*. Poster presented at the meeting of the International Society for Traumatic Stress Study, Chicago, IL. **Student Poster Honorable Mention.**
26. **Rellini, A.**, Campbell, R. S., Hayes, S., & Meston, C. M. (2003). *Let's talk about sex: Differences in essays written by women with a history of sexual abuse and controls*. Poster presented at the meeting of the International Academy for Sex Research, Bloomington, IN.
27. **Rellini, A.**, & Meston, C. M. (2003). *Childhood sexual abuse, PTSD and the relationship between physiological and subjective sexual arousal*. Poster presented at the meeting of the International Academy for Sex Research, Bloomington, IN.
28. Ferguson, J., **Rellini, A.**, McCall, K. M., & Meston, C. M. (2003). *The relation between self-report and physiological measures of sexual arousal in women*. Poster presented at the meeting of the International Academy for Sex Research, Bloomington, IN.
29. Farmer, M., **Rellini, A.**, & Meston C. M. (2003). *Predictors of sexual functioning: Associations with autonomic arousability and neuroticism*. Poster presented at the meeting of the International Academy for Sex Research, Bloomington, IN.
30. **Rellini, A.**, Meston, C. M., DeVille, Y., Farmer, M., & Ferguson, J. (2001). *Cortisol and sexual arousal in women with a history of childhood sexual abuse*. Poster presented at the meeting of the International Society for the Study of Women's Sexual Health, Vancouver, BC.
31. **Rellini, A.**, & Nappi, R. E. (2001) *Validation of the McCoy Female Sexuality Questionnaire in a sample of Italian women*. Poster presentation at the meeting of the Female Sexual Functioning Forum, Boston, MA.

Honors

† indicates SHRC student author

- | | |
|------|---|
| 2010 | Rellini, A. H. , Ing, A. D., & Meston, C. M. (2010). <i>Implicit and Explicit Cognitive Processes of Sexual Stimuli in Women with a History of Childhood Sexual Abuse</i> . Winner of Best Paper in Clinical Research, Zornotti-Newmann Prize at the meeting of the International Society for Sexual Medicine, Seoul, Korea. |
| 2010 | Rellini, A. H. , & Murray-Close, D. Changes in androgens levels during the menstrual cycle and orgasm functioning in women. Winner of Poster Award presented at the meeting of the International Society for Sexual Medicine, Seoul, Korea. |
| 2010 | †Roberts, S. P., & Rellini, A. H. <i>Subjective sexual arousal and sexual impulsivity in female survivors of childhood sexual abuse</i> . Winner of Best Student Poster Prize presented by the Society for Sex Therapy and Research (SSTAR), Boston. |
| 2009 | †Roberts, S. P., & Rellini, A. H. "Sexual Self-Schemas, Family Support, and Sexual Problems in Adult Female Survivors of Child Sexual Abuse." Winner of international essay competition |

presented by the International Society for the Study of Women's Sexual Health (ISSWSH).
Florence, Italy.

- 2006 **Rellini, A. H.**, & Meston, C. M. "Psychophysiological sexual arousal in women with a history of childhood sexual abuse." Winner of the Lee Willerman Award for Research Excellence. Award for best student publication in clinical psychology at the University of Texas at Austin.
- 2006 **Rellini, A. H.**, Ing, D. & Meston, C. M. *Implicit Processes and Sexual Arousal in Survivors of Child Sexual Abuse*. Winners of international essay competition presented by the International Society for the Study of Women's Sexual Health (ISSWSH).
- 2006 **Rellini, A. H.** (2005). Psychological factors of sexual abuse on women's sexual functioning. In Goldstein, I. Meston, C., Davis, S. & Traish, A. (Eds.), *Women Sexual Function and Dysfunction: Study, Diagnosis and Treatment*, (pp. 98 -104). London: Taylor & Francis Group. Finalist for the Society of Authors & the Royal Society of Medicine Book Awards, 2006.
- 2005 Hill, Y. N., **Rellini, A. H.**, & Meston, C. M. "The Relationship between Sexual Fantasy, Mental Sexual Arousal, and Sexual Desire from a Sample of University Women." Winners of the best conference poster award presented by the International Society for the Study of Women's Sexual Health (ISSWSH).Las Vegas.
- 2004 **Rellini, A. H.** "*Desire and Sexually-Relevant Language in Women with a History of Sexual Abuse*." Winner of the Bjorn Lundquist New Investigator Award. presented by the International Society for the Study of Women's Sexual Health (ISSWSH).
- 2003 **Rellini, A. H.**, & Meston, C. M. "Psychophysiological Sexual Arousal in Women with a History of CSA." Winners of international essay competition presented by the International Society for the Study of Women's Sexual Health (ISSWSH).
- 2003 **Rellini, A.**, & Meston, C. "The Physiology of Sexual Response in PTSD and No-PTSD Women." Student Poster Honorable Mention presented by the International Society for the Study of Traumatic Stress Annual Conference, Chicago, 03.
- 2003 **Rellini, A. H.** Recipient of the David Burton, Jr. Fellowship. Award of academic excellence sponsored by the University of Texas at Austin.

Research Support

Active Research Support

Research Award for the Natural and Social Sciences (RANSS) – UVM 2012
The effects of dehydroepiandrosterone on sexual responses in women with comorbid depression and sexual dysfunction.
This study will test the role of DHEA/cortisol on the sexual responses in women with major depression.
Role: Principal Investigator (†Carolyn Dundon: Co-Investigator)

U.S. Fulbright Scholar Program 2012 – 2013
Early predictors for endothelial dysfunction in women

In this study we investigate the association between clitoral blood flow and endothelial health in women on hormonal contraceptives.
Role: Principal Investigator

CIHR (Canadian Institute of Health Research) 2011 – 2013
Androgen activity in women.
This project will investigate the effects of DHEA and cortisol diurnal variation on the sexual desire of women with a history of childhood molestation.
Role: Co-Investigator

NIH-NIDA –R34 DA031038-01A1 2011 – 2013
Integrated Treatment for Smoking Cessation & Anxiety Disorders in People with HIV.
Description: This R34 application proposes a Stage IB study that aims to develop and pilot test a smoking cessation intervention for HIV-infected adults with anxiety disorders.
Role: Rellini A. H. Consultant (Co-PI: Connal O-Creigh, Jasper Smits, Michael Zvolensky)

McNeil Prevention and Community Psychology Fund 2007 – present
Predicting Impairments in the Sexual Health of Women with a History of Child Sexual Abuse.
This study focuses on predictors of problems on physiological sexual responses among CSA survivors.
Role: Principal Investigator.

Completed Research Support

Undergraduate Summer Internship Program 2010
Sexual Scripts Congruency and Sexual Responses in Women
Role: Faculty Mentor [PI: Gena Zollman, student]

Undergraduate Research Endeavour Competitive Award (URECA!) 2010 – 2011
Endothelial health and vaginal vasocongestion.
Role: Faculty Mentor [PI: Kelsey Douquette, student]

Women's Center 2008 – 2009
Resiliency of Adult Women Exposed to Childhood Trauma.
This study investigates risk factors and resiliency factors in women with a history of CSA who did and do not experience revictimization within a 12 month prospective study.
Role: Principal Investigator

Loan Repayment Program (LRP)/ NICHD 2005 – 2007
Emotional Responses of CSA survivors. (C. Sanislow, Ph.D., Mentor)
The project investigated emotional processes of sexual and threat stimuli in CSA survivors.
Role: Principal Investigator

F31 MH068165/NIMH 2003 – 2006
The Mental Health of Female Sexual Abuse Survivors. (C. Meston, Ph.D., Mentor)
This project investigated a set of physiological components to the sexual problems of sexual abuse survivors.
Role: Principal Investigator

R01HD051676/ NICHD 2006-2006
Effects of Early Abuse on Adult Intimate Relationships
A study of a writing intervention designed to change sexual schemas in women with a history of child abuse.
Role: Project Coordinator

<p>R01AT000224/ NCCAM Gingko biloba: Antidepressant-induced female sexual dysfunction An investigation of the acute and chronic effect of ginkgo biloba extract on physiological sexual arousal among women experiencing antidepressants-induced sexual dysfunction. Role: Project Coordinator</p>	<p>2001-2006</p>
<p>FSSS Larry Klar Sexyg Scholarship Sexuality Special Interest Group of MENSA Physiological Components of Sexual Dysfunction Associated with Childhood Sexual Abuse This project investigated the role of cortisol and sympathetic activity in the sexual response of CSA survivors. Role: Principal Investigator</p>	<p>2002-2003</p>
<p>Liberal Art Graduate Research Fellowship University of Texas at Austin The psychophysiology of the sexual response in CSA survivors. This project investigated the role of cortisol and sympathetic activity in the sexual response of CSA survivors. Role: Principal Investigator</p>	<p>2002 – 2003</p>

Media and Community Outreach

Sexuality after Sexual Abuse

Presentation at the annual community event: *Dismantling Rape Conference*, organized by the UVM Women’s Center. 2008.

Across the Fence

Attended the UVM extension program aired by WCAX, a daily farm and home television program. Discussed the importance of relationships in people’s lives. March 2009.

SexualMed.Org

Wrote entries on sexual health for women for an educational web site sponsored by the Institute for Sexual Medicine.

<http://sexualmed.org/index.cfm/risk-factors/for-women/sexual-abuse/>
<http://sexualmed.org/index.cfm/sexual-health-resources/articles/fantasy-and-orgasm/?keywords=fantasy>

The Science of Lust.

Documentary on sex research filmed by the Discovery Channel. Filmed Aug 16, 2010.

Teaching Experience

<p>UVM</p>	<p>PSY295: Human Sexuality. Spr 2009: Enrollment 25; Course evaluation: 4.9; Instructor evaluation: 4.9</p>
<p>UVM</p>	<p>PSY 095: Teacher Advisor Program. Sexuality Myths & Facts (freshmen scientific writing) Fall 2008: Enrollment 18; Course evaluation: 4.1; Instructor evaluation: 4.1 Fall 2009: Enrollment 22; Course evaluation: 4.9; Instructor evaluation: 4.9</p>

UVM	PSY 152: Abnormal Psychology – Undergraduate Course Spr 2008: Enrollment: 194; Course evaluation: 3.7; Instructor evaluation: 3.6 Fall 2008: Enrollment 164; Course evaluation: 4.2; Instructor evaluation: 4.1 Spr 2010: Enrollment 225; Course evaluation: 4.5; Instructor evaluation: 4.5 Spr 2011: Enrollment 274: Course evaluation: XX; Instructor evaluation: XX
UVM	PSY 395: Dialectical Behavior Therapy – Graduate Seminar Fall 2007: Enrollment: 9; Course evaluation: 4.6; Instructor evaluation: 4.4 Spr 2010: Enrollment: 7; Course evaluation: 5.0; Instructor evaluation: 5.0
UT at Austin	Teaching Assistant – Introduction to Psychology, Eating disorders, Drugs and Behavior Fall 2001 to fall 2002: Enrollment: 420 undergraduate students.
CSPP	Tutor – Statistics Fall 2000- Spring 2001.
CSPP	Teaching Assistant – History and Systems Fall 2000 – Spring 2001: Enrollment: 12 graduate students.
Whittier	Teaching Assistant – Bio Basis of Behavior, Neuroscience Seminar & Laboratory, Statistics Spring 1996 – Spring 2007. Enrollment: between 20 and 30 undergraduate students.
Private lessons	Teacher – Latin, Italian Fall 1994 – Spring 1997 Private lessons for high school students.

Students Research Awards

Ronald Suiter Prize <i>Complex Predictor of Sexual Behaviors</i> Poster presented at the Annual Conference of the Society for the Scientific Study of Sexuality Role: Faculty Mentor (PI: Martin Seehuus)	04/2011
Ronald Suiter Prize <i>Sexual Script Congruency and Sexual Arousal Responses in Women</i> Poster presented at the Annual Conference of the Society for the Scientific Study of Sexuality Role: Faculty Mentor (PI: Gena Zollman)	04/2011
Undergraduate Research Mini-Grant (UVM) <i>Impaired Vaginal Vasocongestion as an Early Sign of Endothelial Injury</i> Role: Faculty Mentor (PI: Kelsey Duquette)	04/2011-03/2012
Undergraduate Research Mini-Grant (UVM) <i>Sexual Script Congruency and Sexual Arousal Responses in Women</i> Role: Faculty Mentor (PI: Gena Zollman)	04/2011-03/2012
Academic Programs for Learning and Engagement (APLE) Grant (UVM) <i>Hormonal Contraceptives and Sexual Desire</i> Role: Faculty Mentor (PI: Julia Camuso)	04/2010-03/2011
Academic Programs for Learning and Engagement (APLE) Grant (UVM) <i>Relationship preferences and Implicit Attitudes Towards Relationships</i> Role: Faculty Mentor (PI: Alyssa Maynard)	04/2010-03/2011

Ronald Suiter Prize <i>Daily Stress and Sexual Arousal in Survivors of Childhood Sexual Abuse</i> Poster presented at the Annual Conference of the Society for Sex Therapy and Research Role: Faculty Mentor (PI: Danielle Desrocher)	04/2010
Undergraduate Research Mini-Grant (UVM) <i>Hormonal Contraceptives and Sexual Desire.</i> Role: Faculty Mentor (PI: Julia Camuso)	10/2009-12/2009
Academic Programs for Learning and Engagement (APLE) Grant (UVM) <i>Emotion Dysregulation, Relationship and Sexual Dissatisfaction.</i> Role: Faculty Mentor (PI: Myani Gilbert)	11/2009-10/2010
Academic Programs for Learning and Engagement (APLE) Grant (UVM) <i>Long-Term Impacts of Childhood Emotional Abuse on Sexual Self-Schemas and Sexual Behavior in College-Age Women.</i> Role: Faculty Mentor (PI: Sarah Roberts)	11/2009-10/2010
Undergraduate Research Endeavour Competitive Award (UVM) <i>Individual Differences in the Physiological Responses to Music Mood Induction.</i> Role: Faculty Mentor (PI: Samantha Elinson)	4/2008 – 5/2009
Undergraduate Research Endeavour Competitive Award (UVM) <i>The Mediation of Catecholamines in the Relationship Between Love and Sexual Arousal.</i> Role: Faculty Mentor (PI: Carolyn Dundon)	4/2008 – 5/2009

Completed Undergraduate Theses and Honors Projects

Gena Zollman (2012)

Honors Thesis Title: "Sexual Script Congruency and Sexual Arousal Responses in Women"
[passed with highest honor].

Sarah Roberts (2010)

Honors Thesis Title: "Childhood Maltreatment, Family Environment, and Sexual Self-Schemas as Predictors of Men's and Women's Adult Hypo- and Hyper-sexuality" [passed with highest honor].

Julia Camuso (2010)

Honors Thesis Title: "Hormonal Contraceptives and Sexual Desire."

Myani Gilbert (2010)

Senior Project: "Emotion Dysregulation, Relationship and Sexual Dissatisfaction."

Samantha Elinson (2009)

Senior Project Title: "Individual Differences in the Physiological Responses to Music Mood Induction."

Carolyn Dundon (2009)

Senior Project Title: "The Mediation of Catecholamines in the Relationship between Love and Sexual Arousal."

McNair Mentor (UVM)

Sarah Roberts (2009). *The Sexual Self-Schemas of Women with a History of Childhood Sexual Abuse*.

Denisse Ballinas (2012). *Unpacking the Effects of Posttraumatic Stress Symptoms on Sexual Responses and Sexual Functioning in Women with a History of Childhood Sexual Abuse*.

Master Thesis and Dissertation

Content Specialist for Master's Thesis, Center for Physician Assistant Studies (2006)

Yael Nillni, University of Vermont, Committee Member (2008)

Samantha Erin Waxman, Queen University, Outside Expert (2009)

James Fox, University of Vermont, Committee Member (2010)

Languages & Other Skills

Native language: Italian. Fluent in written and spoken English

Familiar with SPSS, HLM, AcqKnowledge (Biopach), MatLab, and HLM.

Professional Affiliations

International Academy of Sex Research – Full Member

Society for Sex Therapy and Research – Full Member

International Society of Sexual Medicine – Member of Standardization Committee

International Society for the Study of Women's Sexual Health – Board of Directors

Gruppo Italiano per lo Studio della Disfunzione Sessuale Femminile - Founding Member

Editorial, Reviewing and Related Activities

Grant Review Activities (year completed in parentheses)

National Institute of Health – National Center for Complementary and Alternative Medicine (2012)

Royal College of Obstetricians and Gynecologists, UK (2009)

Natural Sciences and Engineering Research Council of Canada (2010)

Pharmaceutical – Consultant

Mock FDA Advisory Committee for Flibanserin, Boehringer-Ingelheim (2010)

Editorial Board

Archives of Sexual Behavior– Consultant

Journal of Sexual Medicine

Reviewer for

Addiction

Child Maltreatment

Journal of Abnormal Psychology

Journal of Andrology

Journal of Cognitive Therapy and Research

Journal of Consulting and Clinical Psychology

Journal of Sex Research

Journal of Sexual Medicine

Journal of Traumatic Stress

Journal of Women's Health

Primary Psychiatry

Relationship and Sex Therapy

Conferences

- Poster Judge - International Society for the Study of Women's Sexual Health (ISSWSH) Annual conference (2007, 2008, 2010).
Scientific Review Committee - International Society for the Study of Women's Sexual Health (ISSWSH) Annual conference (2006).
International Society for Psychosomatic Obstetrics and Gynecology – Scientific Committee (2010)
Society for Sex Therapy and Research (SSTAR) – Scientific Committee (2011)

Clinical Experience

- 07/2007 - present Clinical Supervisor. UVM
Served as secondary clinical supervisor for graduate students. Mostly provided individual training on DBT and DBT-related techniques. Specialized in working with students treating trauma survivors of chronically suicidal clients.
- 07/2006–06/2007 Predoctoral Psychology Fellow. Yale University
Served as primary clinician in Intensive Outpatient Dialectical Behavior Therapy Program and in Inpatient program at Yale Psychiatric Hospital. Co-leader of groups using motivational interviewing, family systems, and cognitive behavioral therapies. Supervisors: Seth Axelrod, PhD, Ellen Nasper, PhD, Don Quinlan, PhD, and Dwain Fehon, PsyD.
- 08/2006–06/2007 Research Psychology Fellow. Supervisor: Charles Sanislow, Ph.D. Yale University
Received formal training in semi structured interviews (i.e., Diagnostic Interview for Borderline – Revised, Diagnostic Interview for Personality Disorder – 5, and Clinician Administered PTSD Scale) to assess inclusion and exclusion criteria for neurocognitive studies.
- 05/2003–06/2006 Therapist. Supervisor: Henry M. Hanna, Ph.D. UT at Austin
Provided therapy to clients with severe mental illness including major depression, sexual compulsion, pedophilia, and social phobia. Used cognitive-behavioral therapy in combination with control mastery theories.
- 06/2005–06/2006 Therapist. Supervisor: Vagdevi Meunier, Psy.D. UT at Austin
Provided therapy to couples with sexual dysfunction. Used Gottman's theories, System Theories, Daniel Wyle's techniques, and Rosemary Basson's model for sexual cycle.
- 06/2005–03/2006 Therapist. Supervisor: Emanuel Ramirez III, Ph.D. UT at Austin
Provided therapy using concepts of multicultural psychology to treat Hispanic clients.
- 01/2004–02/2004 Therapist for Outcome Study. Supervisor: Aaron Rochlen, Ph.D. UT at Austin
Received 16 hours training on standardized dream interpretation using Hill's dream interpretation.
- 09/2003–06/2004 Therapist. Supervisor: Tracy Deagan, LPC,LCSW. Waterloo Counseling Center
Provided therapy to clients at a community based center serving gay, lesbian, and bisexual clients.
- 09/2002–12/2003 Sex Therapist. Supervisors: Cindy Meston, Ph.D., Michael Telch, Ph.D. UT at Austin
Sex therapist for outcome study. Designed and administered standardized treatment to women with Female Sexual Arousal Disorder, Hypoactive Sexual Desire Disorder, and Female Orgasmic Disorder.
- 09/2002–05/2003 Therapist. Supervisors: Martita Lopez, Ph.D., Michael Telch, Ph.D. UT at Austin

Trained in exposure-based cognitive-behavioral therapy for social phobia, specific phobias, panic disorder, general anxiety, and PTSD. Also trained in cognitive-behavioral therapy for depression.

- 06/2000–07/2001 Student Therapist. Supervisor: Judith Glass, Ph.D. Veteran Affairs, Concord, CA
Conducted individual, group, and couple psychotherapy for veterans. Co-therapist for a support group for women survivors of sexual abuse. Prepared manual and co-led couple's group for trauma survivors. Received 40 hrs training in trauma assessment and Trauma Therapy from the National PTSD Clinical Training Program organized by Menlo Park VA, California.
- 10/1999–09/2000 Interviewer. Supervisor: Rachel Kimerling, Ph.D. Univ. of California San Francisco
Conducted baseline and outcome interviews on 116 female rape survivors receiving treatment through an outcome study conducted at the San Francisco General Hospital, Trauma 1 Unit. Live supervision.