



# Sexual experience affects reproductive behavior and preoptic androgen receptors in male mice

William T. Swaney<sup>a</sup>, Brittany N. Dubose<sup>b</sup>, James P. Curley<sup>b</sup>, Frances A. Champagne<sup>b,\*</sup>

<sup>a</sup> Behavioural Biology and Helmholtz Institute, Utrecht University, 3508 TB Utrecht, The Netherlands

<sup>b</sup> Department of Psychology, Columbia University, 1190 Amsterdam Avenue, Room 406, Schermerhorn Hall, New York, NY 10027, USA

## ARTICLE INFO

### Article history:

Received 8 November 2011

Revised 20 December 2011

Accepted 3 January 2012

Available online 11 January 2012

### Keywords:

Reproduction

Sexual behavior

Sexual experience

Olfaction

Testosterone

Androgen receptor

Astrogen receptor

Hypothalamus

Preoptic area

## ABSTRACT

Reproductive behavior in male rodents is made up of anticipatory and consummatory elements which are regulated in the brain by sensory systems, reward circuits and hormone signaling. Gonadal steroids play a key role in the regulation of male sexual behavior via steroid receptors in the hypothalamus and preoptic area. Typical patterns of male reproductive behavior have been characterized, however these are not fixed but are modulated by adult experience. We assessed the effects of repeated sexual experience on male reproductive behavior of C57BL/6 mice; including measures of olfactory investigation of females, mounting, intromission and ejaculation. The effects of sexual experience on the number of cells expressing either androgen receptor (AR) or estrogen receptor alpha (ER $\alpha$ ) in the primary brain nuclei regulating male sexual behavior was also measured. Sexually experienced male mice engaged in less sniffing of females before initiating sexual behavior and exhibited shorter latencies to mount and intromit, increased frequency of intromission, and increased duration of intromission relative to mounting. No changes in numbers of ER $\alpha$ -positive cells were observed, however sexually experienced males had increased numbers of AR-positive cells in the medial preoptic area (MPOA); the primary regulatory nucleus for male sexual behavior. These results indicate that sexual experience results in a qualitative change in male reproductive behavior in mice that is associated with increased testosterone sensitivity in the MPOA and that this nucleus may play a key integrative role in mediating the effects of sexual experience on male behavior.

© 2012 Elsevier Inc. All rights reserved.

## Introduction

Sexual behavior in male rodents consists of species-typical patterns of anticipatory and consummatory behavior. These involve approach and olfactory investigation of the female (especially anogenital sniffing), followed by bouts of mounting, intromission and then ejaculation, with a subsequent refractory period of reduced interest in females. The variations on this basic behavioral template have been characterized in different species (Hull et al., 2002) and in strains of the same species (McGill, 1962b), but patterns of male reproductive behavior also change over the adult life of the individual. One important modifier of mating behavior is sexual experience, which has long-term effects on both anticipatory and consummatory behaviors. The detection and investigation of female odor cues is a key trigger for the initiation of male sexual behavior in rodents and male behavioral responses to female odors are sensitive to sexual experience. While disruption of either the olfactory or vomeronasal system has severe effects on male sexual behavior in many rodents (Mandiyan et al., 2005; Powers and Winans, 1975; Steel and Keverne, 1985), these effects are less pronounced if subjects are sexually experienced (Meredith, 1986; Pfeiffer and Johnston,

1994). It should be noted, however, that in mice the data are less clear and sexually experienced males receiving lesions to the main olfactory epithelium have been reported both to retain normal copulatory performance (Edwards and Burge, 1973) and to suffer total loss of mating behavior (Keller et al., 2006). While this more recent study suggests that sexual experience may not protect male mice from the behavioral disruption caused by olfactory lesions, sexually experienced male mice respond to a wider range of female chemosignals than virgins (Sipos et al., 1992) and acquire preferences for the odors of receptive females with sexual experience (Hayashi and Kimura, 1974). As well as affecting pre-copulatory behaviors, sexual experience also has effects on the motor components of sexual behavior itself. Studies in different rodent species, including rats (Dewsbury, 1969; Larsson, 1959), guinea pigs (Valenstein et al., 1955) and lemmings (Coopersmith et al., 1986), have shown that behavioral components of copulation including mounting, intromission and ejaculation occur with shorter latencies and higher frequencies in sexually experienced males.

Male mating behavior is governed by a complex interaction between different systems in the brain which process sensory inputs, regulate reward and motivation, and integrate hormonal signals (Hull et al., 2002). Gonadal steroids play a key role in this regulatory system, as is evident from the suppression of sexual behavior caused by castration, and its restoration by subsequent testosterone treatment (McGinnis and Dreifuss, 1989). However even the effects of

\* Corresponding author. Fax: +1 212 854 3609.

E-mail address: [fac2105@columbia.edu](mailto:fac2105@columbia.edu) (F.A. Champagne).

castration are reduced by sexual experience in some male rodents (Costantini et al., 2007; Manning and Thompson, 1976). This suggests that while androgens occupy a primary role in the regulation of sexual behavior, the brain systems that integrate steroid hormone signals into behavioral output are modified by sexual experience. The secretion of testosterone itself is also affected by sexual experience. During a sexual encounter, levels of circulating androgens increase after initial exposure to female cues and again in response to copulation (Batty, 1978; Gleason et al., 2009). Sexual experience enhances both these female-elicited reflexive releases of testosterone (Bonilla-Jaime et al., 2006; Kamel et al., 1975) and increases baseline levels of circulating testosterone (Edinger and Frye, 2007; Wu and Gore, 2009).

Effects of testosterone on sexual behavior are mediated in the brain directly via the androgen receptor (AR) and indirectly (after local aromatization to estradiol) via estrogen receptors, primarily estrogen receptor alpha (ER $\alpha$ ) (Wersinger et al., 1997). The network of brain areas involved in the regulation of male sexual behavior includes the main olfactory and vomeronasal systems (Keverne, 2004), the mesocorticolimbic system that governs reward and motivation, (Balfour et al., 2004), and regions in the hypothalamus and preoptic area (Hull et al., 2002). These are sites of high expression of AR and ER $\alpha$  such as the bed nucleus of stria terminalis (BNST), medial amygdala (MeAmg), ventromedial hypothalamus (VMH) and medial preoptic area (MPOA) (Simerly et al., 1990). The MPOA is the critical integrative nucleus in male sexual behavior (Hull and Dominguez, 2006) and lesions of the MPOA disrupt mounting, intromission and ejaculation in rats (de Jonge et al., 1989), mice (Bean et al., 1981) and hamsters (Powers et al., 1987). The importance of testosterone sensitivity in the MPOA for male sexual behavior is illustrated by studies in which AR antagonists are injected into the MPOA, resulting in sexual behavior deficits resembling those seen after MPOA lesions (Harding and McGinnis, 2004; McGinnis et al., 1996). Moreover, conditional deletion of AR in the brain increases latencies to perform sexual behaviors and reduces incidences of copulation (Raskin et al., 2009), despite elevated circulating testosterone and intact MPOA ER $\alpha$  levels in these knockout males. Copulation-induced c-Fos has been shown to colocalize with AR in the MPOA, BNST and MeAmg of male hamsters (Wood and Newman, 1993), indicating that testosterone-sensitive neurons are activated in these brain areas during mating. Sexual experience induces a series of changes across this brain network that regulates reproductive behavior. After sexual experience, female odor-elicited c-Fos expression is greater in both the main olfactory and vomeronasal systems and their downstream androgen-sensitive targets, with particularly strong responses seen in the MeAmg, BNST and MPOA (Fewell and Meredith, 2002; Hosokawa and Chiba, 2005; Swaney et al., 2007). Copulation itself increases c-Fos immunoreactivity in the MPOA (Robertson et al., 1991) and this increase is greater in the brains of sexually experienced male rats than virgins (Lumley and Hull, 1999).

Research into the effects of sexual satiety in rats offers further evidence of neuronal plasticity in the circuits regulating male sexual behavior and of changes in testosterone sensitivity. Male rats that are allowed to mate *ad libitum* over a short period of time reach a state of sexual satiety in which they lose interest in females and do not fully recover sexual drive for up to 15 days (Phillips-Farfan and Fernandez-Guasti, 2009). This state of sexual satiety and lack of interest in females is associated with AR density reductions in the nucleus accumbens (NAc), VMH, lateral septum, MeAmg and especially in the MPOA (Fernandez-Guasti et al., 2003; Phillips-Farfan and Fernandez-Guasti, 2009). Conversely, ER $\alpha$  is elevated in the VMH, lateral septum and MPOA of sexually satiated males (Fernandez-Guasti et al., 2010; Phillips-Farfan et al., 2007). AR and ER $\alpha$  densities recover to previous levels as libido returns and this dynamic variation in gonadal steroid sensitivity indicates that receptor expression in the sexual brain network varies with sexual function in males.

In the current study, we explore the long-term effects of sexual experience on reproductive behavior and whether these effects involve changes in regulatory brain areas that are sensitive to testosterone. Our experimental design involved measurement of the effects of repeated sexual experience during cohabitation with females on reproductive behavior in male mice. We predicted that sexual experience would result in changes in interest in females as well as shorter latencies and higher frequencies of sexual behaviors. While such effects have been characterized in other rodent species, such as rats and hamsters, these effects have not been specifically studied in mice despite their increasing use in behavioral neuroscience research. Given previously reported increases in circulating testosterone after sexual experience and the dynamic changes in AR and ER $\alpha$  after sexual activity, we also examined whether behavioral effects of sexual experience are associated with long-term changes in numbers of AR and ER $\alpha$ -positive neurons in the primary nuclei that regulate sexual behavior in male mice. The MPOA, posterior MeAmg (pMeAmg), and BNST were selected for investigation based on their involvement in reproductive behavior, previously reported activity changes after sexual experience, and high levels of expression of AR and ER $\alpha$ .

## Materials and methods

To characterize the effects of sexual experience on reproductive behaviors, age-matched virgin and sexually experienced C57BL/6 (B6) male mice were given mating tests with receptive virgin B6 female mice. To investigate effects of sexual experience on AR and ER $\alpha$ , age-matched virgin and sexually experienced B6 male mice were sacrificed and their brains processed for AR and ER $\alpha$  immunohistochemistry. All procedures described were approved by the Institutional Animal Care and Use Committee of Columbia University.

## Animals

Adult male and female B6 mice were purchased from Charles River Laboratories (Kingston, NY) at approximately 2 months of age. Males and females were separately housed in groups of 4 or 5 at the Department of Psychology at Columbia University for 1 month of habituation to the animal facility. Mice were housed in 13.5"×8.1"×5.5" Plexiglas cages under a 12 hour reversed dark–light cycle (8 am: lights off, 8 pm: lights on) with wood shaving bedding, *ad libitum* water and chow. At the start of the experimental phase (see Fig. 1 for summary of experimental design), male mice were split into two experimental groups: virgin and sexually experienced males. Each sexually experienced male was housed in a novel clean cage with two gonadally intact B6 female mice which each received repeated hormonal priming to induce regular sexual receptivity. This priming involved subcutaneous injections of 50  $\mu$ g of estradiol benzoate (Fisher Scientific, Pittsburgh PA) dissolved in 50  $\mu$ l of peanut oil, followed 72 hours later by 400  $\mu$ g progesterone (Fisher Scientific) dissolved in 50  $\mu$ l of peanut oil. This injection schedule was repeated every 6 days so that males had repeated access to females that were sexually receptive. The injection schedules for the two females in each cage were staggered by 3 days so that males would have the opportunity to mate with a receptive female every 3 days. Males were housed under these conditions for 3 weeks, and then for a further week the females housed with the sexually experienced males received a different injection schedule. During this final week females received no estradiol injections and were given subcutaneous injections of 400  $\mu$ g progesterone in 50  $\mu$ l peanut oil every 2 days to prevent estrus (Morin, 1977) and keep them sexually unreceptive. This ensured that their male cage-mates did not have mating opportunities during the final week of mixed-sex housing and that any behavioral and brain effects measured were likely to be a longer-term consequence of sexual experience rather than recent copulation. Daily observations confirmed that no sexual activity occurred amongst the sexually-

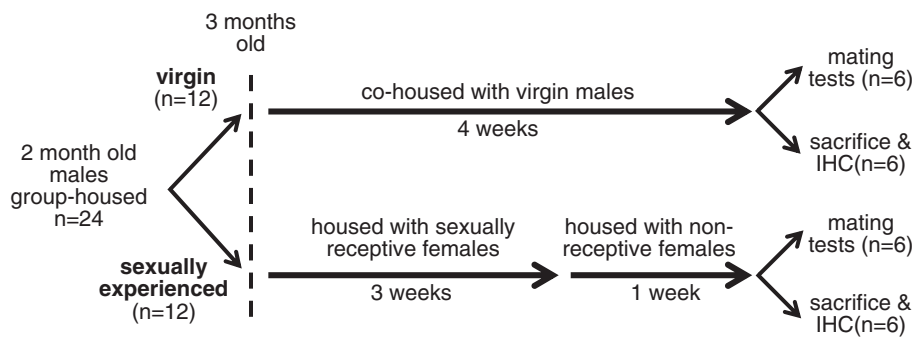


Fig. 1. Summary of experimental design indicating the treatment of virgin vs. sexually experienced males.

experienced males during this period. Virgin males were re-housed in new groups of four into a novel clean cage at the start of the experimental phase of the study (i.e. at the same time that the sexually experienced group males were re-housed with females) so that they experienced social change, albeit with unfamiliar males rather than females. This re-housing occurred at the start of the experimental phase and each co-housed male was included in the analysis. Previous literature has indicated that male-male aggression may induce changes within the behavioral and neuroendocrine outcomes being examined in the present study (Fuxjager et al., 2010). To ensure that aggressive encounters within the virgin male housing condition were not contributing to the long-term effects being assessed in this experimental design, we conducted daily observations of virgin and sexually-experienced housed males. We observed minimal male-directed aggression in either condition within the 2 hours following re-housing and during the subsequent 4-week housing period, no aggression was observed. Following the virgin housing/sexual experience phase, half of the male mice of each experimental group were given mating tests, the other half were sacrificed for analysis of brain immunohistochemistry.

#### Tests of male reproductive behavior

The mating behaviors of virgin and sexually experienced B6 males were measured in 1-hour tests with unfamiliar, hormonally-primed, virgin B6 females. These stimulus females were hormonally primed with subcutaneous injections of 50 µg of estradiol benzoate dissolved in 50 µl of peanut oil 72 hours before testing, followed by 400 µg progesterone dissolved in 50 µl of peanut oil 3 hours before testing. Each male was tested during the first 6 hours after lights out in a clean 13.5"×8.1"×5.5" Plexiglas cage without food or water. A male and a stimulus female were placed in the test cage for 1 hour and behavior was video recorded from above for later blind scoring. The male reproductive behaviors scored were anogenital sniffing of the female, mounting, intromission and ejaculation. The measures scored were latency and frequency of mounting, intromission and ejaculation, duration of anogenital sniffing before first mount, and the difference between duration of mounting and intromission (calculated by subtracting mounting duration from intromission duration). If a subject did not perform a behavior during the hour-long test, a maximum latency value of 3600 seconds was assigned for that behavior.

#### AR and ERα immunohistochemistry

Virgin and sexually experienced males were euthanized with an overdose of ketamine-xylazine anesthetic before being transcardially perfused with 20 ml of 0.1 M phosphate-buffered saline (PBS) followed by 20 ml of freshly prepared 4% paraformaldehyde in PBS. Brains were then removed and post-fixed for 4 hours at 4 °C in 4% paraformaldehyde in PBS, before being cryoprotected in 30% sucrose in PBS overnight, then frozen and stored at −80 °C. Brains were

sectioned coronally at 40 µm on a cryostat at −20 °C into two alternate series, and processed for AR and ERα expression. Sections encompassing the areas of interest were selected and washed twice in PBS, then incubated overnight at 4 °C in PBS with 0.3% Triton X-100 (PBST), 1.5% normal goat serum (Vector Laboratories, Burlingame CA) and either 1:5000 polyclonal anti-AR (rabbit) primary antibody or 1:5000 polyclonal anti-ERα (rabbit) primary antibody (Santa Cruz Biotechnology, Santa Cruz, CA). After two washes in PBS, sections were incubated for 15 minutes at room temperature in 4% hydrogen peroxide and 10% methanol in PBST, washed twice in PBS, then incubated for 30 minutes at room temperature in 1:2000 biotinylated anti-rabbit (goat) secondary antibody (ABC elite kit: Vector Laboratories) in PBST. After two further washes in PBS, sections were incubated for 30 minutes in avidin-biotin-peroxidase solution (ABC elite kit: Vector Laboratories) in PBST, washed twice in PBS, then stained in Vector SG peroxidase substrate solution (Vector Laboratories) for 3 minutes. The stained sections were washed twice in PBS before being mounted on gelatin-coated glass slides, dehydrated and cleared in a series of alcohol and xylene washes, then coverslipped with DePeX (Fisher Scientific).

#### Image analysis

For both the AR- and ERα-stained series, the mouse brain atlas of Paxinos and Franklin (2001) was used to select matched, sequential sections for each animal that encompassed the BNST (four sections centered around −0.22 mm from Bregma), pMeAmg (six sections centered around −1.46 mm from Bregma) and MPOA (six sections centered around 0.02 mm from Bregma). Images of these areas were captured at 20× magnification. The sections were analyzed using MCID imaging software (Interfocus Imaging, Linton, UK) to normalize background levels and apply a minimum staining threshold to all images. Stained cells were counted bilaterally within rectangular boxes overlaid on the areas of interest (BNST: 500×350 µm; pMeAmg: 500×375 µm; MPOA: 600×400 µm). In each region the mean number of stained cells per mm<sup>2</sup> per section was calculated for each animal.

#### Statistical analysis

Latency data from the mating tests were not normally distributed and so were log<sub>10</sub>(y + 1) transformed before analysis. All measures of male reproductive behavior were analyzed using Student's independent two-sample *t*-tests. A Bonferroni correction was applied to account for multiple comparisons: 8 tests were run, resulting in a corrected alpha value of *P* = 0.00625. All immunohistochemical data were normally distributed. Counts of stained AR and ERα cells were analyzed using Student's independent two-sample *t*-tests, or Welch's *t*-test when the variances were unequal.

## Results

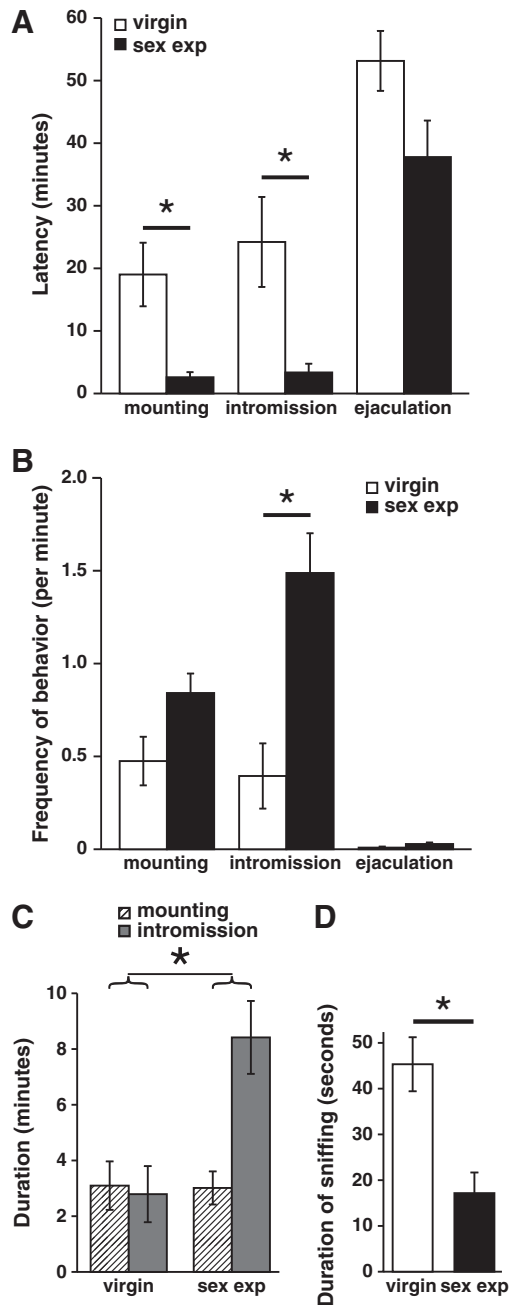
### Tests of male reproductive behavior

Significant effects of sexual experience were seen across multiple measures of male reproductive behavior (Fig. 2). Sexually experienced males had shorter latencies to mount females than virgin males ( $n=6/\text{group}$ ;  $t_{10}=-5.78$ ,  $P<0.001$ ), and shorter latencies to intromit than virgins ( $t_{10}=-5.41$ ,  $P<0.001$ ). However there was no significant difference between the groups in the latency to ejaculate during testing ( $t_{10}=-1.86$ ,  $P=0.093$ ). Comparison of the frequency

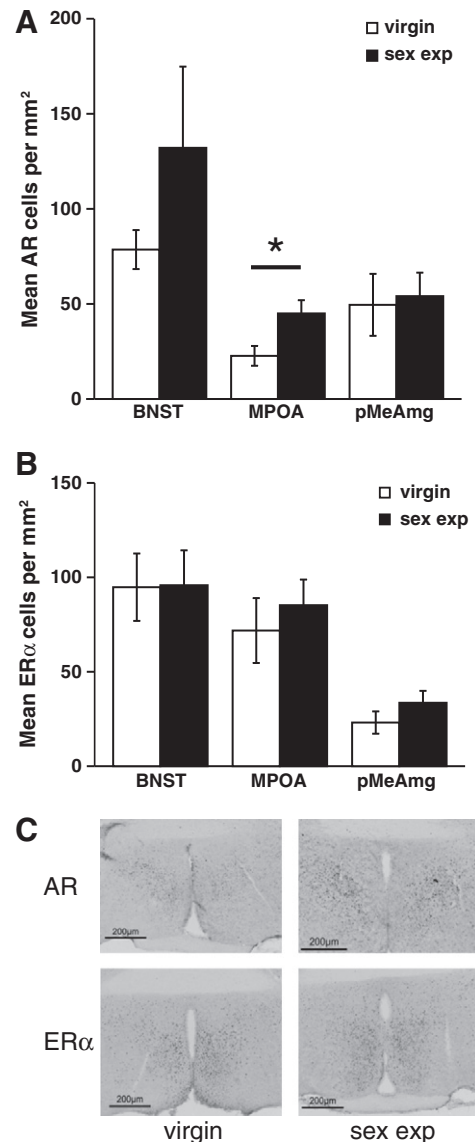
of behaviors indicated that intromission frequency was significantly higher among sexually experienced males than virgins ( $t_{10}=3.95$ ,  $P=0.003$ ), however differences between sexually experienced and virgin males in frequency of mounting ( $t_{10}=2.19$ ,  $P=0.054$ ) or frequency of ejaculation ( $t_{10}=1.95$ ,  $P=0.080$ ) did not reach statistical significance. Initial olfactory investigation of females was markedly reduced in sexually experienced males, who engaged in significantly less anogenital sniffing of the female before their first mount ( $t_{10}=-4.51$ ,  $P=0.004$ ). The difference in duration of intromission relative to mounting was also significantly affected by sexual experience, with longer duration of intromission relative to mounting among sexually experienced males than virgin males ( $t_{10}=4.24$ ,  $P=0.002$ ).

### AR and ER $\alpha$ cell counts

Both AR and ER $\alpha$  staining was clearly visible in the regions selected for their importance in male reproductive behavior. The effects of sexual experience on AR and ER $\alpha$  expression ( $n=6$  males/group) were not uniform but area and receptor type specific (Fig. 3). There



**Fig. 2.** Measures of sexual behaviour of virgin ( $n=6$ ) and sexually experienced ( $n=6$ ) male B6 mice in hour long mating tests with sexually receptive B6 female virgins. All values are means  $\pm$  S.E.M. Asterisks signify  $P<0.05$ . A) mean latency in minutes of mounting, intromission and ejaculation; B) mean frequency per minute of mounting, intromission and ejaculation; C) comparison of mean duration of mounting and intromission; D) mean duration in seconds of sniffing of the female prior to the male's first mounting attempt.



**Fig. 3.** Counts of A) AR- and B) ER $\alpha$ -positive cells in the BNST, MPOA and pMeAmg in virgin ( $n=6$ ) and sexually experienced ( $n=6$ ) male B6 mice. C) Representative photomicrographs indicating density of AR- and ER $\alpha$ -positive cells in the MPOA of virgin and sexually-experienced males. All values are means  $\pm$  S.E.M. Asterisks signify  $P<0.05$ .

was no effect of sexual experience on the number of stained AR cells in either the BNST ( $t_{10} = 1.22$ ,  $P = 0.272$ ) or the pMeAmg ( $t_{10} = 0.225$ ,  $P = 0.827$ ). However, sexually experienced males had significantly more stained AR cells than virgins in the MPOA ( $t_{10} = 2.57$ ,  $P = 0.028$ ). There was no effect of sexual experience on the number of ER $\alpha$  cells counted in any of the areas of interest, with no significant difference between the sexually experienced and virgin males in either the BNST ( $t_{10} = -0.516$ ,  $P = 0.617$ ), the pMeAmg ( $t_{10} = 1.762$ ,  $P = 0.108$ ) or the MPOA ( $t_{10} = 0.755$ ,  $P = 0.468$ ).

## Discussion

Sexual experience resulted in robust changes in reproductive behavior in male mice and increased numbers of AR-positive neurons in the MPOA, the primary regulatory nucleus in male reproductive behavior. Mirroring findings in other rodents (Dewsbury, 1969; Larsson, 1959), sexually experienced male mice had shorter latencies to mount and intromit, had higher frequencies of intromission, and spent significantly longer engaged in intromission behavior than mounting. These are interesting results as intromission and mounting have been shown to have qualitatively different properties from the perspective of both the mating male and female. Mating-mediated conditioning studies have shown that while ejaculation is the most effective sexual stimulus for conditioning (Pfaus et al., 2001), intromission is also intrinsically rewarding and is a sufficiently strong stimulus to produce spatial preferences in B6 male mice (Kudwa et al., 2005). Intromission without ejaculation results in increased motivation to investigate females, while mounting alone has little effect (Whalen, 1961), suggesting that intromission is also more rewarding than mounting alone. Intromission may have been reinforced during previous matings in the sexually experienced males, leading to longer durations of intromission relative to unrewarding mounting behavior. Alternatively, sexually experienced males may be more sexually “competent” and so able to achieve intromission more easily, an idea that is supported by research showing that inappropriate mounting behavior is reduced in sexually experienced male mice (McGill, 1962a).

In addition to the proposed mechanistic explanations for the change in intromissive behavior, there is also evidence that such a change might have adaptive consequences for mating males. Intromission, but not mounting, has been shown to result in an increase in NAc dopamine in mated female hamsters (Kohlert and Meisel, 1999), and extensive mounting without intromission results in reduced lordosis in female rats (Hardy and Debold, 1971). This suggests that intromission is a rewarding component of mating for females and that such stimulation by the male may be important for maintenance of appropriate female behavior during copulation. Moreover, intromission has also been shown to positively affect female reproductive physiology. Female rats are both more likely to conceive and less likely to continue estrous cyclicity after either intromission (Adler, 1969) or analogous artificial cervical stimulation (Terkel et al., 1990). Copulation with male rats that have high frequencies of intromission is also more likely to result in pregnancy (Wilson et al., 1965). In mice, it has been suggested that the pattern of intromission has a direct bearing on the likelihood of induction of pregnancy or pseudopregnancy (Diamond, 1970). Sexually experienced males that exhibit higher intromission frequencies and longer total duration of intromission may thus be more likely to successfully impregnate females and so produce offspring. Sexually experienced male mice have been reported to have higher fecundity than virgin males (Rastogi et al., 1981), indicating that sexual experience may indeed have such adaptive consequences for male mice.

In contrast to the changes in mounting and intromission, we saw no effect of sexual experience on either the latency or frequency of ejaculation. This absence of an effect on ejaculation behavior appears surprising given the fact that both latency to ejaculate and frequency

of ejaculation are changed by sexual experience in rats (Sura et al., 2001). However the species differences in sexual behavior patterns are important in this regard. While rats ejaculate repeatedly during a single mating bout, mice lose sexual drive for at least 24 hours after a single ejaculation (McGill, 1962b). None of the B6 mice we tested ejaculated more than once and some males failed to ejaculate during the hour-long tests despite repeated mounting and intromission with females. Tests of longer duration, such as the 10 hour tests employed by Raskin et al. (2009), might have improved our data on ejaculation latency and shown differences between sexually experienced and virgin males. The ejaculation frequency data for each individual was thus limited to a maximum value of 1, resulting in a narrower range of values than would be obtained in analogous tests with rats, where at test an individual is likely to ejaculate repeatedly and variation in ejaculation frequency can be more easily measured.

We also found that sexually experienced males spent significantly less time engaged in olfactory investigation of stimulus females before initiating sexual behavior. Sexually experienced males have been shown to spend longer investigating female odor cues (Hosokawa and Chiba, 2005; Swaney et al., 2007), however these studies involved exposing males to the urine or volatile odors of females, rather than direct interaction with a stimulus female. Our data suggest that the sexually experienced males required less olfactory and/or vomeronasal stimulation to initiate sexual behavior. This may be due to more rapid arousal of neuroendocrine responses to female odors or to more rapid recognition of females as potential mates.

Behavioral changes as a function of sexual experience were associated with increased numbers of AR-positive cells in the MPOA of sexually experienced males, however we found no effect of sexual experience on numbers of AR-positive cells in the BNST or pMeAmg, nor did we see an effect on numbers of ER $\alpha$ -positive cells. This suggests that sexual experience produces a long-term increase in testosterone sensitivity in the MPOA, the key nucleus in the regulation of sexual behavior. While both AR and ER $\alpha$  are involved in reproductive behaviors in male rodents, previous studies indicate that actions of testosterone *via* AR have a more important role in male sexual behavior. Sexual behavior is restored after castration by administration of testosterone, but not by estradiol or dihydrotestosterone, (McGinnis and Dreifuss, 1989). These actions of testosterone after castration are blocked by AR-antagonists, and while anti-estrogens prevent the testosterone-induced restoration of social behaviors, they do not block the restoration of sexual behavior by testosterone (Vagell and McGinnis, 1998). The effects of testosterone on sexual behavior appear thus to be primarily mediated through AR, and our data suggest that the behavioral effects of sexual experience may be due to some degree to an increase in AR levels within the MPOA. Variation in AR expression in the male sexual brain has been extensively studied in the context of sexual satiety, and decreased AR in the MPOA is associated with a lack of sexual drive in sexually satiated males (Romano-Torres et al., 2007). These studies have shown that AR levels in the male sexual brain are dynamic and vary with sexual interest. Our data suggest that while recent sexual activity reduces AR in the MPOA, the acquisition of sexual experience produces a sustained increase in MPOA AR.

One caveat to our results is that although we found an increase in MPOA AR in sexually experienced male mice, a recent study with sexually experienced and virgin male rats found no difference in AR or ER $\alpha$  levels (Wu and Gore, 2009). This may be due to a species difference in the mechanisms by which sexual experience affects reproductive behavior, however it may also be a function of subtle differences in experimental design. Sexual satiety results in reduced AR in the MPOA, however even a single ejaculation is sufficient to reduce MPOA AR expression in male rats 24 hours later (Fernandez-Guasti et al., 2010). Male rat subjects in the Wu and Gore (2009) study were mated every other day for a month before being sacrificed for

immunohistochemistry 24 hours after the final mating test. It may be that the temporal proximity of ejaculation to the time of AR detection affected levels of AR, potentially masking any long-term effect of sexual experience on MPOA AR levels in these male rats.

Mating is associated with increases in circulating testosterone, and testosterone has been shown to upregulate expression of AR (Meek et al., 1997; Wu and Gore, 2010). During the acquisition of sexual experience, the males in our study mated repeatedly over a 3-week period and would thus have experienced repeated increases in levels of testosterone which may be a mechanism by which levels of AR in the MPOA could be modulated. An increase in AR could increase the capacity of the MPOA to respond to increased testosterone signaling after sexual experience, as both basal and mating-associated testosterone levels are elevated in sexually experienced males (Bonilla-Jaime et al., 2006; Edinger and Frye, 2007). Increased sensitivity to testosterone in the MPOA also has potential ramifications for mating-associated dopaminergic activity in the MPOA. Testosterone mediates female-elicited release of dopamine in the MPOA, which is necessary for successful copulation (Hull et al., 2003). This dopamine release is regulated by nitric oxide synthase, which is itself regulated by testosterone levels (Du and Hull, 1999; Sato et al., 2005). Increased sensitivity to testosterone via MPOA AR might play a role in nitric oxide synthase-mediated local dopamine release. Indeed, levels of nitric oxide synthase in the MPOA have been shown to be elevated in sexually experienced male rats (Dominguez et al., 2006), indicating that this circuit is also sensitive to sexual experience and potentially pointing to an interaction between gonadal steroids and dopamine within the MPOA. Elucidating these interactions would provide insight into the mechanisms of plasticity in the male brain that are recruited during reproductive experience.

## Acknowledgments

This research was supported by Grant Number DP2OD001674 from the Office of the Director, National Institutes of Health. WTS received support from a Utrecht University High Potential grant.

## References

- Adler, N.T., 1969. Effects of the male's copulatory behavior on successful pregnancy of the female rat. *J. Comp. Physiol. Psychol.* 69, 613–622.
- Balfour, M.E., Yu, L., Coolen, L.M., 2004. Sexual behavior and sex-associated environmental cues activate the mesolimbic system in male rats. *Neuropsychopharmacology* 29, 718–730.
- Batty, J., 1978. Acute changes in plasma testosterone levels and their relation to measures of sexual behaviour in the male house mouse (*Mus musculus*). *Anim. Behav.* 26, 349–357.
- Bean, N.Y., Nunez, A.A., Conner, R., 1981. Effects of medial preoptic lesions on male mouse ultrasonic vocalizations and copulatory behavior. *Brain Res. Bull.* 6, 109–112.
- Bonilla-Jaime, H., Vazquez-Palacios, G., Arteaga-Silva, M., Retana-Marquez, S., 2006. Hormonal responses to different sexually related conditions in male rats. *Horm. Behav.* 49, 376–382.
- Coopersmith, C.B., Huck, U.W., Conant-Huck, L., Banks, E.M., 1986. Effects of pre- and postpubertal social experience on sexual and social behavior in male and female brown lemmings (*Lemmus sibiricus*). *J. Comp. Psychol.* 100, 406–412.
- Costantini, R.M., Park, J.H., Beery, A.K., Paul, M.J., Ko, J.J., Zucker, I., 2007. Post-castration retention of reproductive behavior and olfactory preferences in male Siberian hamsters: role of prior experience. *Horm. Behav.* 51, 149–155.
- de Jonge, F.H., Louwerse, A.L., Ooms, M.P., Evers, P., Endert, E., van de Poll, N.E., 1989. Lesions of the SDN-POA inhibit sexual behavior of male wistar rats. *Brain Res. Bull.* 23, 483–492.
- Dewsbury, D.A., 1969. Copulatory behaviour of rats (*Rattus norvegicus*) as a function of prior copulatory experience. *Anim. Behav.* 17, 217–223.
- Diamond, M., 1970. Intromission pattern and species vaginal code in relation to induction of pseudopregnancy. *Science* 169, 995–997.
- Dominguez, J.M., Brann, J.H., Gil, M., Hull, E.M., 2006. Sexual experience increases nitric oxide synthase in the medial preoptic area of male rats. *Behav. Neurosci.* 120, 1389–1394.
- Du, J., Hull, E.M., 1999. Effects of testosterone on neuronal nitric oxide synthase and tyrosine hydroxylase. *Brain Res.* 836, 90–98.
- Edinger, K.L., Frye, C.A., 2007. Sexual experience of male rats influences anxiety-like behavior and androgen levels. *Physiol. Behav.* 92, 443–453.
- Edwards, D.A., Burge, K.G., 1973. Olfactory control of the sexual behavior of male and female mice. *Physiol. Behav.* 11, 867–872.
- Fernandez-Guasti, A., Swaab, D., Rodriguez-Manzo, G., 2003. Sexual behavior reduces hypothalamic androgen receptor immunoreactivity. *Psychoneuroendocrinology* 28, 501–512.
- Fernandez-Guasti, A., Arteaga-Lopez, P., Antonio-Cabrera, E., 2010. Copulation modifies AR and ERA mRNA expression in the male rat brain. *Physiol. Behav.* 101, 738–745.
- Fewell, G.D., Meredith, M., 2002. Experience facilitates vomeronasal and olfactory influence on Fos expression in medial preoptic area during pheromone exposure or mating in male hamsters. *Brain Res.* 941, 91–106.
- Fuxjager, M.J., Forbes-Lorman, R.M., Coss, D.J., Auger, C.J., Auger, A.P., Marler, C.A., 2010. Winning territorial disputes selectively enhances androgen sensitivity in neural pathways related to motivation and social aggression. *Proc. Natl. Acad. Sci. U. S. A.* 107, 12393–12398.
- Gleason, E.D., Fuxjager, M.J., Oyegbile, T.O., Marler, C.A., 2009. Testosterone release and social context: when it occurs and why. *Front. Neuroendocrinol.* 30, 460–469.
- Harding, S.M., McGinnis, M.Y., 2004. Androgen receptor blockade in the MPOA or VMN: effects on male sociosexual behaviors. *Physiol. Behav.* 81, 671–680.
- Hardy, D.F., Debold, J.F., 1971. Effects of mounts without intromission upon the behavior of female rats during the onset of estrogen-induced heat. *Physiol. Behav.* 7, 643–645.
- Hayashi, S., Kimura, T., 1974. Sex-attractant emitted by female mice. *Physiol. Behav.* 13, 563–567.
- Hosokawa, N., Chiba, A., 2005. Effects of sexual experience on conspecific odor preference and estrous odor-induced activation of the vomeronasal projection pathway and the nucleus accumbens in male rats. *Brain Res.* 1066, 101–108.
- Hull, E.M., Dominguez, J.M., 2006. Getting his act together: roles of glutamate, nitric oxide, and dopamine in the medial preoptic area. *Brain Res.* 1126, 66–75.
- Hull, E.M., Meisel, R.L., Sachs, B.D., 2002. Male sexual behavior. In: Pfaff, D.W., et al. (Ed.), *Hormones, Brain and Behavior*. Academic Press, Amsterdam, pp. 1–137.
- Hull, E.A., Putnam, S.K., Sato, S., 2003. Effects of testosterone metabolites on copulation and medial preoptic dopamine release in castrated male rats. *Horm. Behav.* 44, 419–426.
- Kamel, F., Mock, E.J., Wright, W.W., Frankel, A.I., 1975. Alterations in plasma concentrations of testosterone, LH, and prolactin associated with mating in the male rat. *Horm. Behav.* 6, 277–288.
- Keller, M., Douhard, Q., Baum, M.J., Bakker, J., 2006. Sexual experience does not compensate for the disruptive effects of zinc sulfate-lesioning of the main olfactory epithelium on sexual behavior in male mice. *Chem. Senses* 31, 753–762.
- Keverne, E.B., 2004. Importance of olfactory and vomeronasal systems for male sexual function. *Physiol. Behav.* 83, 177–187.
- Kohlert, J.G., Meisel, R.L., 1999. Sexual experience sensitizes mating-related nucleus accumbens dopamine responses of female Syrian hamsters. *Behav. Brain Res.* 99, 45–52.
- Kudwa, A.E., Dominguez-Salazar, E., Cabrera, D.M., Sibley, D.R., Rissman, E.F., 2005. Dopamine D5 receptor modulates male and female sexual behavior in mice. *Psychopharmacology* 180, 206–214.
- Larsson, K., 1959. Experience and maturation in the development of sexual behaviour in male puberty rat. *Behaviour* 14, 101–107.
- Lumley, L.A., Hull, E.M., 1999. Effects of a D1 antagonist and of sexual experience on copulation-induced Fos-like immunoreactivity in the medial preoptic nucleus. *Brain Res.* 829, 55–68.
- Mandiyani, V.S., Coats, J.K., Shah, N.M., 2005. Deficits in sexual and aggressive behaviors in *Cnga2* mutant mice. *Nat. Neurosci.* 8, 1660–1662.
- Manning, A., Thompson, M.L., 1976. Postcastration retention of sexual behaviour in the male BDF1 mouse: the role of experience. *Anim. Behav.* 24, 523–533.
- McGill, T.E., 1962a. Reduction in "head-mounts" in the sexual behavior of the mouse as a function of experience. *Psychol. Rep.* 10, 284.
- McGill, T.E., 1962b. Sexual behavior in three inbred strains of mice. *Behaviour* 19, 341–350.
- McGinnis, M.Y., Dreifuss, R.M., 1989. Evidence for a role of testosterone-androgen receptor interactions in mediating masculine sexual behavior in male rats. *Endocrinology* 124, 618–626.
- McGinnis, M.Y., Williams, G.W., Lumia, A.R., 1996. Inhibition of male sex behavior by androgen receptor blockade in preoptic area or hypothalamus, but not amygdala or septum. *Physiol. Behav.* 60, 783–789.
- Meek, L.R., Romeo, R.D., Novak, C.M., Sisk, C.L., 1997. Actions of testosterone in prepubertal and postpubertal male hamsters: dissociation of effects on reproductive behavior and brain androgen receptor immunoreactivity. *Horm. Behav.* 31, 75–88.
- Meredith, M., 1986. Vomeronasal organ removal before sexual experience impairs male hamster mating behavior. *Physiol. Behav.* 36, 737–743.
- Morin, L.P., 1977. Progesterone: inhibition of rodent sexual behavior. *Physiol. Behav.* 18, 701–715.
- Paxinos, G., Franklin, K.B.J., 2001. *The Mouse Brain in Stereotaxic Coordinates*. Academic Press, San Diego.
- Pfaus, J.G., Kippin, T.E., Centeno, S., 2001. Conditioning and sexual behavior: a review. *Horm. Behav.* 40, 291–321.
- Pfeiffer, C.A., Johnston, R.E., 1994. Hormonal and behavioral responses of male hamsters to females and female odors: roles of olfaction, the vomeronasal system, and sexual experience. *Physiol. Behav.* 55, 129–138.
- Phillips-Farfan, B.V., Fernandez-Guasti, A., 2009. Endocrine, neural and pharmacological aspects of sexual satiety in male rats. *Neurosci. Biobehav. Rev.* 33, 442–455.
- Phillips-Farfan, B.V., Lemus, A.E., Fernandez-Guasti, A., 2007. Increased estrogen receptor alpha immunoreactivity in the forebrain of sexually satiated rats. *Horm. Behav.* 51, 328–334.
- Powers, J.B., Winans, S.S., 1975. Vomeronasal organ: critical role in mediating sexual behavior of the male hamster. *Science* 187, 961–963.
- Powers, J.B., Newman, S.W., Bergondy, M.L., 1987. MPOA and BNST lesions in male Syrian hamsters: differential effects on copulatory and chemoinvestigatory behaviors. *Behav. Brain Res.* 23, 181–195.

- Raskin, K., de Gendt, K., Duittoz, A., Liere, P., Verhoeven, G., Tronche, F., Mhaouty-Kodja, S., 2009. Conditional inactivation of androgen receptor gene in the nervous system: effects on male behavioral and neuroendocrine responses. *J. Neurosci.* 29, 4461–4470.
- Rastogi, R.K., Milone, M., Chieffi, G., 1981. Impact of socio-sexual conditions on the epididymis and fertility in the male mouse. *J. Reprod. Fertil.* 63, 331–334.
- Robertson, G.S., Pfau, J.G., Atkinson, L.J., Matsumura, H., Phillips, A.G., Fibiger, H.C., 1991. Sexual behavior increases c-fos expression in the forebrain of the male rat. *Brain Res.* 564, 352–357.
- Romano-Torres, M., Phillips-Farfan, B.V., Chavira, R., Rodriguez-Manzo, G., Fernandez-Guasti, A., 2007. Relationship between sexual satiety and brain androgen receptors. *Neuroendocrinology* 85, 16–26.
- Sato, S., Braham, C.S., Putnam, S.K., Hull, E.M., 2005. Neuronal nitric oxide synthase and gonadal steroid interaction in the MPOA of male rats: co-localization and testosterone-induced restoration of copulation and nNOS-immunoreactivity. *Brain Res.* 1043, 205–213.
- Simerly, R.B., Chang, C., Muramatsu, M., Swanson, L.W., 1990. Distribution of androgen and estrogen receptor mRNA-containing cells in the rat brain: an in situ hybridization study. *J. Comp. Neurol.* 294, 76–95.
- Sipos, M.L., Kerchner, M., Nyby, J.G., 1992. An ephemeral sex pheromone in the urine of female house mice (*Mus domesticus*). *Behav. Neural Biol.* 58, 138–143.
- Steel, E., Keverne, E.B., 1985. Effect of female odour on male hamsters mediated by the vomeronasal organ. *Physiol. Behav.* 35, 195–200.
- Sura, A., Overstreet, D.H., Marson, L., 2001. Selectively bred male rat lines differ in naive and experienced sexual behavior. *Physiol. Behav.* 72, 13–20.
- Swaney, W.T., Curley, J.P., Champagne, F.A., Keverne, E.B., 2007. Genomic imprinting mediates sexual experience-dependent olfactory learning in male mice. *Proc. Natl. Acad. Sci. U. S. A.* 104, 6084–6089.
- Terkel, J., Witcher, J.A., Adler, N.T., 1990. Evidence for “memory” of cervical stimulation for the promotion of pregnancy in rats. *Horm. Behav.* 24, 40–49.
- Vagell, M.E., McGinnis, M.Y., 1998. The role of gonadal steroid receptor activation in the restoration of sociosexual behavior in adult male rats. *Horm. Behav.* 33, 163–179.
- Valenstein, E.S., Riss, W., Young, W.C., 1955. Experiential and genetic factors in the organization of sexual behavior in male guinea pigs. *J. Comp. Physiol. Psychol.* 48, 397–403.
- Wersinger, S.R., Sannen, K., Villalba, C., Lubahn, D.B., Rissman, E.F., De Vries, G.J., 1997. Masculine sexual behavior is disrupted in male and female mice lacking a functional estrogen receptor alpha gene. *Horm. Behav.* 32, 176–183.
- Whalen, R.E., 1961. Effects of mounting without intromission and intromission without ejaculation on sexual behavior and maze learning. *J. Comp. Physiol. Psychol.* 54, 409–415.
- Wilson, J.R., Adler, N., Le Boeuf, B., 1965. The effects of intromission frequency on successful pregnancy in the female rat. *Proc. Natl. Acad. Sci. U. S. A.* 53, 1392–1395.
- Wood, R.I., Newman, S.W., 1993. Mating activates androgen receptor-containing neurons in chemosensory pathways of the male Syrian hamster brain. *Brain Res.* 614, 65–77.
- Wu, D., Gore, A.C., 2009. Sexual experience changes sex hormones but not hypothalamic steroid hormone receptor expression in young and middle-aged male rats. *Horm. Behav.* 56, 299–308.
- Wu, D., Gore, A.C., 2010. Changes in androgen receptor, estrogen receptor alpha, and sexual behavior with aging and testosterone in male rats. *Horm. Behav.* 58, 306–316.