

## The Sexual Disgust Inventory

**INSTRUCTIONS:** The following items describe a variety of sex acts. Please use the scale below to rate how *sexually disgusting* you find the items. Some items you might consider extremely sexually disgusting; others you might consider not sexually disgusting at all. There are no right or wrong answers.

Not at all sexually disgusting				Moderately sexually disgusting				Extremely sexually disgusting
1	2	3	4	5	6	7		

1. Sex with animals
2. Whipping someone during sex
3. Simultaneous oral sex ("69")
4. Sex between two women
5. Threesomes or sex involving three people
6. Having sex with someone who has unpleasant body odor
7. Having sex with someone who is underage
8. Inflicting pain on someone during sex
9. A man performing oral sex on a woman
10. Male homosexuality
11. Watching pornography
12. Having sex with someone who has bad breath
13. Sexual pleasure through use of human feces
14. Bondage on a man
15. A woman performing oral sex on a man
16. Female homosexuality
17. Agreement between partners to have sex with people outside of the committed relationship ("swinging")
18. Rape
19. Bondage on a woman
20. Licking someone during sex
21. Group sex or orgies
22. Having sex with your sibling
23. Domination or submission during sex
24. Sex between two men
25. Having sex with your parent
26. Having sex with a dead person
27. Spanking someone during sex
28. Vomiting during sex

- 29. Having sex with your child
- 30. Choking someone during sex
- 31. Pornography involving children

To score the scale, create the average score for each of the following factors.

Taboo: items 1, 7, 13, 18, 22, 25, 26, 28, 29, 31

Incest subfactor: 22, 25, 29

Unusual sex subfactor: 1, 7, 13, 18, 26, 28, 31

Oral sex: items 3, 9, 15, 20

BDSM: items 2, 8, 14, 19, 23, 27, 30

Hygiene: items 6, 12

Same-sex attraction: items 4, 10, 16, 24

Promiscuity: items 5, 11, 17, 21

Sexual disgust composite score: Average of the above six factors