

AWARDS GIVEN TO GRADUATE STUDENTS WHILE UNDER  
DR. CINDY MESTON'S MENTORSHIP

\*Denotes graduate or undergraduate student working under Dr. Meston's supervision

- 1999 \*Frohlich, P. F., & Meston, C. M. Winners of international essay competition, "Tactile sensitivity and female sexual function." Presented by Boston University School of Medicine and the Department of Urology, Boston, MA.
- 2000 \*Frohlich, P. F., & Meston, C. M. (2000). Winner of the Lee Willerman Award for Excellence in Research. "Evidence that serotonin affects female sexual functioning via peripheral mechanisms." Award for best student publication in clinical psychology at the University of Texas at Austin.
- 2003 \*Rellini, A. H., & Meston, C. M. Winners of international essay competition, "Psychophysiological sexual arousal in women with a history of childhood sexual abuse." Presented by the International Society for the Study of Women's Sexual Health (ISSWSH).
- 2003 \*Rellini, A. H., & Meston, C. M. Student Poster Honorable Mention. "The Physiology of Sexual Response in PTSD and No-PTSD Women." Presented by the International Society for the Study of Traumatic Stress Annual Conference, Chicago.
- 2003-2006 \*Rellini, A. H., & Meston, C. M. (Mentor). The Mental Health of Female Sexual Abuse Survivors. NRSA. National Institutes of Health.
- 2004 \*Rellini, A. H., & Meston, C. M. "Desire and Sexually-Relevant Language in Women with a History of Sexual Abuse." Winner of the Bjorn Lundquist New Investigator Award. presented by the International Society for the Study of Women's Sexual Health (ISSWSH).
- 2005-2008 \*Seal, B. National Sciences and Engineering Research Council of Canada Doctoral Award, PGS-D (Canadian Federal Scholarship) (Mentor: C. Meston).
- 2004 \*McCall, K. M., & Meston, C. M. Recipients of a Graduate Dissertation and Mentor Award/Grant, Social Science Research Council, Ford Foundation, New York.
- 2005 \*Bradford, A., & Meston, C. M. Winners of international essay competition, "The impact of anxiety on sexual arousal in women." Presented by the International Society for the Study of Women's Sexual Health (ISSWSH).
- 2005 \*Hill, Y., \*Rellini, A. H., & Meston, C. M. Winners of the best conference poster award, "The relationship between sexual fantasy, mental sexual arousal, and

sexual desire from a sample of university women.” Presented by the International Society for the Study of Women’s Sexual Health (ISSWSH).

- 2006 \*Bradford, A., & Meston, C. M. Honorable mention, Student Research Award. “Patient education and sexual outcomes following hysterectomy.” Presented by the Society for Sex Therapy and Research (SSTAR).
- 2006 \*Rellini, A. H., Ing, D., & Meston, C. M. Winners of international essay competition, “Implicit and explicit cognitive processes and sexual arousal in survivors of child sexual abuse.” Presented by the International Society for the Study of Women’s Sexual Health (ISSWSH).
- 2006 \*Rellini, A. H. & Meston, C. M. “Psychophysiological sexual arousal in women with a history of childhood sexual abuse.” Winner of the Lee Willerman Award for Excellence in Research. Award for best student publication in clinical psychology at the University of Texas at Austin.
- 2007-2009 \*Hamilton, L. D. National Sciences and Engineering Research Council of Canada Doctoral Award, PGS-D (Canadian Federal Scholarship) (Mentor: C. Meston).
- 2007 \*Seal, B. N., & Meston, C. M. Winners of international essay competition, “Self-focused attention, sexual arousal and body esteem in sexually dysfunctional women.” Presented by the International Society for the Study of Women’s Sexual Health (ISSWSH).
- 2007 \*Bradford, A., & Meston, C. M. “Correlates of placebo response in the treatment of sexual dysfunction in women: A preliminary report.” Winner of the Bjorn Lundquist New Investigator Award. Presented by the International Society for the Study of Women’s Sexual Health (ISSWSH).
- 2008 \*Harte, C. The Kinsey Institute Student Research Grant (Mentor: C. Meston)
- 2009 \*Ahrold, T., & Meston, C. M. Winners of the best conference poster award, “Psychoeducation as a brief intervention for sexual side effects of selective serotonin reuptake inhibitors: The role of medication attribution” Presented by the Society for Sex Therapy and Research (SSTAR).
- 2009 \*Harte, C., & Meston, C. M. (2000). Winner of the Lee Willerman Award for Excellence in Research. “The inhibitory effects of nicotine on physiological sexual arousal in nonsmoking women: Results from a randomized, double-blind, placebo-controlled cross-over trial.” Award for best student publication in clinical psychology at the University of Texas at Austin.

- 2009 – 2010 \*Pujols, Y., & Meston, C. M. (Principal Investigator) Role of Body Image in the Relation Between Early Abuse and Adult Intimate Relationships, Research supplement to promote diversity in health-related research. National Institute of Child Health and Human Development (NICHD).
- 2009-2011 \*Harte, C., & Meston, C. M. Acute and intermediate effects of smoking cessation on erectile functioning. (F31 DA026276) NRSA. National Institutes of Mental Health.
- 2009-2012 \*Ahrold, T., & Meston, C. M. Efficacy of an acute exercise intervention for side effects of SSRIs. (F31 MH085416)1NRSA. National Institutes of Mental Health.
- 2010 \*Bradford, A., & Meston, C. M. Winners of international essay competition, "Behavior and symptom change among women treated with placebo for sexual dysfunction." Presented by the International Society for the Study of Women's Sexual Health (ISSWSH).
- 2011 \*Stephenson, K. R., \*Rellini, A. & Meston, C. M. Winners of the Bjorn Lundquist New Investigator Award, "Predictors of treatment response during cognitive behavioral sex therapy." Presented by the International Society for the Study of Women's Sexual Health (ISSWSH).
- 2011 \*Pallatto, C. A., \*Stephenson, K. R. & Meston, C. M. Winners of the best conference poster award, "Moderators of the association between sexual functioning and distress: Childhood sexual abuse and the importance of the perpetrator relationship." Presented by the International Society for the Study of Women's Sexual Health (ISSWSH).
- 2011 \*Raja, A.W., \*Khoury, Y., & Meston, C. M. Winners of the best conference poster award, "Sexual activity frequency and body esteem predict sexual desire in young women." Presented by the Society for Sex Therapy and Research (SSTAR).
- 2012 \*Lorenz, T. K., & Meston, C. M. Winners of the Bjorn Lundquist New Investigator Award, "Expressive writing improves sexual dysfunction, distress, and satisfaction in women with a history of childhood sexual abuse: Results from a randomized clinical trial." Presented by the International Society for the Study of Women's Sexual Health (ISSWSH).
- 2012 \*Lorenz, T. K., & Meston, C. M. (2012). Winner of the Lee Willerman Award for Excellence in Research. "x." Award for best student publication in clinical psychology at the University of Texas at Austin.
- 2013 \*Pulverman, C. S., \*Lorenz, T. K., & Meston, C. M. Winners of international essay competition, "Linguistic changes in expressive writing predict psychological

outcomes in women with a history of child sexual abuse and adult sexual dysfunction.” Presented by the International Society for the Study of Women’s Sexual Health (ISSWSH).

- 2013 \*Pulverman, C. S., \*Lorenz, T. K., & Meston, C. M. Winners of the Sandra J. Leiblum Student Research Award, “Linguistic changes in expressive writing predict psychological outcomes in women with a history of child sexual abuse and adult sexual dysfunction.” Presented by the Society for Sex Research and Therapy (SSTAR).
- 2016 \*Stanton, A. M., & Meston, C. M. Winners of the best conference poster award, “Autogenic training increases subjective and physiological sexual arousal in sexually functional women.” Presented by the International Academy of Sex Research (IASR).
- 2016 \*Handy, A.B., & Meston, C. M. Winners of the best conference poster award, “Interoceptive awareness moderates the relationship between perceived and physiological genital arousal in women.” Presented by the Canadian Sex Research Forum (CSRF).
- 2017 \*Stanton, A. M., \*Handy, A. B., & Meston, C. M. Winners of the best conference poster award, “The impact of cancer on the sexual function of adolescents and young adults: A systematic review.” Presented by the Society for Sex Therapy and Research (SSTAR).
- 2017 \*Stanton, A. M., & Meston, C. M. Winners of the best abstract award, “Improvements in acute subjective sexual arousal after a brief session of autogenic training in women with sexual arousal problems.” Presented by the International Society for the Study of Women’s Sexual Health (ISSWSH).
- 2017 - 2020 \*Kilimnik, C. D. Canadian Institute of Health Research Doctoral Award, (Mentor: C. Meston).
- 2018 \*Stanton, A. M., & Meston, C. M. Winners of the best abstract award, “Improvements in perceived genital sensations and sexual arousal following app-based intervention: Preliminary results from a randomized-controlled trial.” Presented by the International Society for the Study of Women’s Sexual Health (ISSWSH).
- 2018 – 2021 (C. Meston, Principal Investigator; \*Chelsea Kilimnik). A cognitive bias intervention for the psychological and sexual well-being of women with a history of childhood sexual abuse. International Society for the Study of Women’s Sexual Health (ISSWSH), \$6,000.00.

- 2019 \*Handy, A. B., & Meston, C. M. Winners of best conference presentation, "Correlations among physiological lubrication and self-reported sexual arousal in women with and without sexual dysfunction." Presented by the European Society for Sexual Medicine (ESSM).
- 2019 – 2021 (C. Meston, Principal Investigator; \*Ariel Handy). Effects of oral contraception on women's sexual function. International Society for the Study of Women's Sexual Health (ISSWSH), \$6,000.00.
- 2019 \*Stanton, A. & Meston, C. M. (2000). Winner of the Lee Willerman Award for Excellence in Research. "Heart rate variability biofeedback increases sexual arousal among women with female sexual arousal disorder: Results from a randomized-controlled trial." Award for best student publication in clinical psychology at the University of Texas at Austin.
- 2020 \*Stanton, A. S., Boyd, R. L., \*Fogarty, J. J., & Meston, C. M. Winners of best manuscript, "Heart rate variability biofeedback increases sexual arousal among women with female sexual arousal disorder: Results from a randomized-controlled trial." Presented by the International Academy of Sex Research (IASR).
- 2020 – 2022 (C. Meston, Principal Investigator; \*Bridget Freihart). The relationship between physiological synchrony and sexual satisfaction in opposite-sex couples. International Society for the Study of Women's Sexual Health (ISSWSH), \$6,000.00.
- 2024 - 2026 \*Freihart, B. , & Meston, C. M. (2024). Winner of the Lee Willerman Award for Excellence in Research. "Physiological synchrony during partnered sexual activity." Award for best student publication in clinical psychology at the University of Texas at Austin.
- 2026-2028 (C. Meston, Principal Investigator; \*Kate Metcalfe). Sympathetic nervous system activation on physiological sexual arousal in menopausal women with FSAD. International Society for the Study of Women's Sexual Health (ISSWSH), \$8000.00.
- 2026 \*Ensign, A., Metcalfe, K., & Meston, C. M. Winners of the Bjorn Lundquist New Investigator Award, "Sexual Schemas Among Post-menopausal Women." Presented by the International Society for the Study of Women's Sexual Health (ISSWSH).