

## Kate B. Metcalfe

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The University of Texas at Austin  
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### Education

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- 2023 – present     **Doctor of Philosophy, Clinical Psychology**  
University of Texas at Austin | College of Liberal Arts  
Advisor: Cindy Meston, Ph.D. | The Sexual Psychophysiology Laboratory  
Degree anticipated, May of 2029
- 2019 – 2022     **Bachelor of Arts in Psychology (First Class Honors Division)**  
Department of Psychology, University of New Brunswick, Canada.  
Dean's List (Cumulative GPA: 4.0)  
Thesis: *Understanding Sexual Violence as Witnessed by Peers in Mixed-Sex Social Interactions.*  
Supervisors: Lucia O'Sullivan, Ph.D. & Scott Ronis, Ph.D.
- 2018 – 2019     **Minor in Interdisciplinary Leadership Studies**  
Department of Leadership Studies, University of New Brunswick, Canada

### Honors and Awards

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- 2024     **International Education Fee Scholarship**, University of Texas at Austin
- 2024     **Graduate School Summer 2024 Fellowship**, University of Texas at Austin
- 2023     **Canadian Graduate Scholarships Masters Program – SSHRC**, Awarded to be held at the University of Saskatchewan, Canada (*award declined*)
- 2022     **Canadian Psychological Association Certificate of Academic Excellence**, Awarded to the student with best Honors Thesis from each Canadian Institution
- 2022     **Dr. Florence Snodgrass Graduating Prize in Psychology**, Top Honors Thesis, University of New Brunswick
- 2022     **H.H. (Mike) Mikaelian Memorial Prize**, Undergraduate student research award, University of New Brunswick
- 2022     **Dean's Book Award**, Highest GPA in the Department of Arts Graduating Class, University of New Brunswick

- 2022     **UNB Recognition of Excellence and Distinction Award**, Student contribution award to community and campus diversity, University of New Brunswick
- 2022     **Snodgrass Best Honours Conference Presentation Award – Runner Up**, Outstanding presentation at the Honors Conference in Psychology
- 2021     **Snodgrass Honors Prize in Psychology**, Highest Standing Honors candidate entering the University of New Brunswick psychology Honors program
- 2021     **UNB Richard Scott Merit Award**, Contribution to community, University of New Brunswick
- 2020     **Dr. Florence Snodgrass Memorial Prize in Developmental Psychology**, University of New Brunswick
- 2020     **Dr. Florence Snodgrass Memorial Prize in Clinical Psychology**, University of New Brunswick
- 2019     **Dr. Florence Snodgrass Memorial Prize in Social Psychology**, University of New Brunswick
- 2019     **Renaissance College Domestic Internship Award**, University of New Brunswick
- 2018 –     **Dean’s List (First Class Honors Division)**  
2022     Faculty of Arts, University of New Brunswick

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#### Peer Reviewed Journal Publications

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- Metcalfe, K. B.**, McFeaters, C. D., & Voyer, D. (in press). Time-perception deficits in attention-deficit/hyperactivity disorder: A systematic review and meta-analysis. *Developmental Neuropsychology*. <https://doi.org/10.1080/87565641.2023.2293712>
- Metcalfe, K. B.**, Cormier, L. A., O’Sullivan, L. F., Lacroix, P. (in press). “I was worshiped and in control:” Sugar relationships involving transactional sex from the perspective of both sugar babies and sugar benefactors. *The Journal of Sex Research*. <https://doi.org/10.1080/00224499.2023.2293888>
- Metcalfe, K. B.**, O’Sullivan, L. F., & Ronis, S. T. (2023). Examining how bystanders intervene and perpetrators respond to intervention during experiences of sexual aggression. *The Canadian Journal of Human Sexuality*, 32(2), 208-220. <https://doi.org/10.3138/cjhs-2022-0054>
- Matthews, V., Ramirez, C., **Metcalfe K. B.**, Wiseman, M., & Voyer, D. (in press). Sex differences in self-reported spatial abilities and affect: A systematic review and meta-analysis. *Spatial Cognition and Computation: An Interdisciplinary Journal*. <https://doi.org/10.1080/13875868.2023.2250537>
- Coon, L. C. H., **Metcalfe, K. B.**, Belu, C. F., & O’Sullivan, L. F. (2023). Recalling, reacting but not so much regretting: How young adults describe their sexual and romantic infidelity experiences. *The Canadian Journal of Human Sexuality*, 32(3), 321-331. <https://doi.org/10.3138/cjhs.2023-0001>

## Conference Presentations

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- Metcalfe, K. B.,** Kilimnik, C. D., Abdalla, S., Chapa, F. I., Ensign, A. C., & Meston, C. M. (2024). *Having Sex Out of a Sense of Duty: The Influence of Nonconsensual Sexual Experiences and Sexual Functioning*. Discussed E poster presentation. International Society for the Study of Women's Sexual Health Annual Meeting 2024, Long Beach, California.
- Metcalfe, K. B.,** O'Sullivan, L. F., & Ronis, S. T. (2022). *What is Going on? Understanding Sexual Assault Perpetration Behaviour from the Perspective of the Bystander*. Oral presentation (Data Blitz). Annual Meeting of the Canadian Sex Research Forum (CSRF) 2022, Waterloo, Ontario.
- Cormier, L. A., **Metcalfe, K. B.,** & O'Sullivan, L. F. (2022). *Having Sex Anyway – Why Not Get Paid For it?: Characteristics of Sugar Relationships from Both “Babies” and “Parents”*. Oral presentation. Annual Meeting of the Canadian Sex Research Forum (CSRF) 2022, Waterloo, Ontario.
- Coon, L. C. H., **Metcalfe, K. B.,** Belu, C. F., & O'Sullivan, L. F. (2022). *Recalling, Reacting, But Not Really Regretting: Memorable Experiences of Sexual and Romantic Infidelity*. Poster presentation. Annual Meeting of the Canadian Sex Research Forum (CSRF) 2022, Waterloo, Ontario.
- Metcalfe, K. B.,** O'Sullivan, L. F., & Ronis, S. T. (2022). *What is Going On? Understanding Perpetrator Strategies from the Perspective of the Bystander*. Poster Presentation. University of New Brunswick Department of Psychology Honours Conference 2022, Fredericton, New Brunswick.

## Research Experience

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### *Sexual Psychophysiology Laboratory (Dr. Cindy Meston)*

*Department of Psychology*

*The University of Texas at Austin*

*Austin, TX, United States*

- 2023 – present      *Title:* Having Sex out of a Sense of Duty. The Motivations, Outcomes, and Correlates of Duty Sex  
*Aim:* 1) To determine what motivates duty sex, how individuals feel after they engage in duty sex, and how duty sex relates to sexual function, sexual violence history, and relationship satisfaction.  
*Role:* Principal Investigator, *Supervisor:* Dr. Cindy Meston

### *Sex Meets Relationships Research Lab (Dr. Lucia O'Sullivan)*

*Department of Psychology*

*The University of New Brunswick*

*Fredericton, NB, Canada*

- Nov. 2022 – Aug. 2023      *Title:* Monogamy Maintenance in Long-Term Romantic Relationships and Attraction to Extradyadic Partners: Actor-Partner Interdependence Modelling (APIM)  
*Aim:* Daily diary partnered couple longitudinal study to investigate the prevalence and consequences of extradyadic attraction in long term relationships.  
*Role:* Research Assistant, *Supervisor:* Dr. Lucia O'Sullivan

- Aug. 2022 – Aug. 2023      *Title:* Identifying Scripts and Norms Guiding Young Men’s Use of Sexual Aggression Against Women in a sample of 3000 Young Canadian and American Men  
*Aim:* To investigate the rate and utilization of sexually violent and coercive behavior in a large sample, with particular focus on behaviors that are typically not reported.  
*Role:* Research Coordinator. *Supervisor:* Dr. Lucia O’Sullivan<sup>1</sup>. *Collaborators:* Dr. Scott Ronis<sup>1</sup>, Dr. Sandra Byers<sup>1</sup>, Dr. Zoe Peterson<sup>2</sup>, Dr. Bill McIver Jr<sup>3</sup>, <sup>1</sup>University of New Brunswick. <sup>2</sup> Kinsey Institute. <sup>3</sup>New Brunswick Community College
- Jan. 2021 – Aug. 2023      *Title:* Experiences of Sugar Dating: Understanding Power Dynamics, Stigma, Risks, and Relationship Negotiation in Transactional Sexual/Romantic Relationships.  
*Aim:* To investigate potential risks and the coercive nature of sugar relationships from the perspectives of both sugar benefactors (older, wealthier, typically male participants who provide financial compensation) and sugar babies (younger, attractive, typically female, participants who provide sexual and romantic companionship).  
*Role:* Co-investigator, *Supervisor:* Dr. Lucia O’Sullivan
- 2021      *Title:* Examining the Effectiveness of Phone Applications for Safety Planning and Help Seeking for Women Experiencing Intimate Partner Violence.  
*Aim:* Evaluation of the effectiveness of an app to promote safety and violence intervention in collaboration with New Brunswick Victim Services and New Brunswick Community College.  
*Role:* Research Coordinator, *Supervisor:* Dr. Lucia O’Sullivan

***Cognitive Research Lab (Dr. Daniel Voyer)***  
***Department of Psychology,***  
***The University of New Brunswick***  
***Fredericton, NB, Canada***

- 2021-2023      *Title:* Meta-Analysis on Time Perception Deficits in Individuals with ADHD.  
*Role:* Research Assistant, *Supervisors:* Dr. Corinna McFeaters, Dr. Daniel Voyer
- 2022 – 2023      *Title:* Meta-Analysis of Differences in Perceived Spatial Ability between Men and Women.  
*Role:* Research Assistant, *Supervisor:* Dr. Daniel Voyer
- 2020      *Title:* Examining the effect of repeated stimuli on temporal perception.  
*Role:* Research Assistant, *Supervisors:* Dr. Corinna McFeaters, Dr. Daniel Voyer

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**Clinical Experience**

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- 2023-2024      **Assessment Trainee**, University of Texas at Austin, Psychology Training Clinic

Conducting clinical interviews and administer various psychological assessments (i.e., WAIS-IV, DRS-2, CVLT-3, DKEFS, SCID-RV, and MMPI-3) to prepare integrated reports

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### Teaching Experience

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#### *Graduate Teaching Assistantship*

*Department of Psychology*

*University of Texas at Austin*

2023, 2024      Introduction to Human Sexuality

#### *Undergraduate Teaching Assistantship*

*Department of Psychology*

*University of New Brunswick*

2021      Introduction to Statistics in Psychology

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### Research Conference Involvement

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2022-2023      Student Ambassador Coordinator:  
Canadian Sex Research Forum (CSRF) Annual Meeting, 2023, Montreal, Quebec  
*Tasks:* Coordinated a team of eight students to spread information about CSRF to increase diversity and representation at the conference.

2022      Conference Coordinator Assistant:  
Canadian Sex Research Forum (CSRF) Annual Meeting 2022, Waterloo, Ontario  
*Tasks:* Aided Dr. Lucia O'Sullivan (Program Chair and CSRF President Elect) in the planning and facilitation of the conference. Communication with conference attendees, presentation scheduling, program design, registration support, & sponsorship recruitment.

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### Community Related Experiences

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2019 –      Residence Assistant (RA):  
May 2022      University of New Brunswick  
*Tasks:* Supported wellness, safety, and community of students living in residence on campus. Responded to students experiencing crisis (mental, physical, interpersonal).

2019      Criminal Defense Law Intern:  
Northwest Territories, Alberta, Saskatchewan (Canada)  
*Tasks:* Aid in preparing case files and trials, conduct interviews, prepare information, conduct research

2019 –      Mental Health Association President:

- 2021 University of New Brunswick  
Tasks: Organized events aimed to improve student mental health, facilitated conversations regarding student well-being on campus, worked with UNB counselling services on a mental health campaign.
- 2017 – Fundraising Coordinator – Movement for Mental Health:  
Aug. 2023 Twenty-four Hour Mental Health Fundraiser, WH Croxford High School, Airdrie Alberta  
Tasks: Planning an annual event that has raised over \$60,000 to increase access to mental health services in my hometown.

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### Professional Memberships and Certifications

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- Ad-Hoc Reviewer** – The Journal of Sex Research (2023-2024); Journal of Sex and Marital Therapy (2023-2024)
- Canadian Sex Research Forum** – 2022 Diversity Ambassador, student member
- Patient Orientated Research (POR) Training**, Canadian Institutes of Health Research – Strategy for Patient-Oriented Research (SPOR) – February 2022
- Bystander Intervention Training**, University of New Brunswick – September 2021
- Safe Talk: Suicide Intervention Training** - September 2021
- TCPS 2: CORE Certification**, Ethical Conduct for Research Involving Humans, January 2021

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### Knowledge Translation

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- Feb. 2024 **PsyPost.org**  
Title: The psychology of sugar dating: New research dives deep into the realities of sugar arrangements.  
Purpose: Interview based on research article published on sugar arrangements (Metcalfe, Cormier et al., 2024).  
<https://www.psypost.org/2024/02/the-psychology-of-sugar-dating-new-research-dives-deep-into-the-realities-of-sugar-arrangements-221200>
- Oct. 2023 **The Synapse: UPS's Psychology Student Publication**  
Title: "We need to step up and step in": Sexually Aggressive Behaviours and How Perpetrators Avoid Intervention When Witnesses are Present.  
Purpose: Interview based on my Undergraduate Honors Thesis  
<https://thesynapse-ups.squarespace.com/blog/we-need-to-step-up-and-step-in-sexually-aggressive-behaviours-and-how-perpetrators-avoid-intervention-when-witnesses-are-present>