Amelia M. Stanton

Department of Psychiatry

Massachusetts General Hospital/Harvard Medical School

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**EDUCATION**

2019  **Doctor of Philosophy**, Clinical Psychology

The University of Texas at Austin

Accredited, American Psychological Association

Member, Academy of Psychological Clinical Science

*Dissertation: Autonomic Imbalance and Female Sexual Arousal Disorder: The Identification of Heart Rate Variability Level as a Risk Factor and Treatment Target*

*Chair of Dissertation Committee: Cindy M. Meston, Ph.D.*

2013 **Bachelor of Arts**, Comparative Literature

Brown University

Magna Cum Laude

Phi Beta Kappa

**PREDOCTORAL TRAINING**

2018~2019 **APA-Accredited Predoctoral Internship in Psychology**

Behavioral Medicine Track, Department of Psychiatry

Massachusetts General Hospital/Harvard Medical School

**POSTDOCTORAL TRAINING**

2019~ **Global Psychiatry Clinical Research Fellow**

Global Psychiatric Clinical Research Training Program

Massachusetts General Hospital/Harvard Medical School

**FELLOWSHIPS**

2018 **Ira Iscoe Fellowship**

Department of Psychology, The University of Texas at Austin

2017~2018 **University Graduate Continuing Fellowship**

Graduate School, The University of Texas at Austin

2017 **Jennifer Jean Malin Endowed Fellowship in Psychology**

Department of Psychology, The University of Texas at Austin

2015~2016 **Integrated Behavioral Health Psychology Fellowship**

Specialized training in integrated behavioral health care in primary care settings, motivational interviewing, family-centered care, and cultural competency

Department of Educational Psychology, The University of Texas at Austin

2015 **Dianne and Jerry Grammer Fellowship for Mental Health Research**

Department of Psychology, The University of Texas at Austin

**ACADEMIC HONORS, AWARDS, & GRANTS**

2020 **Outstanding Dissertation Award**

Department of Psychology, The University of Texas at Austin

2019 **Eugene L. Emerson Award for Outstanding Research Paper by an MGH Fellow in Psychology**

*Heart rate variability biofeedback increases sexual arousal among women with female sexual arousal disorder: Results from a randomized-controlled trial*

Department of Psychiatry, Massachusetts General Hospital/Harvard Medical School

2019 **Lee Willerman Award for Excellence in Research**

*Heart rate variability biofeedback increases sexual arousal among women with female sexual arousal disorder: Results from a randomized-controlled trial*

Department of Psychology, The University of Texas at Austin

2018 **Best Student Poster Award**

*Nonconsensual sexual experiences and sexual self-schemas in women’s sexual functioning: The role of self-identification.*

Society for Sex Therapy and Research (SSTAR)

2018 **M.A.P Education & Research Foundation Award Honorable Mention**

Heart rate variability intervention increases sexual arousal and genital sensations: Preliminary results from a randomized-controlled trial

Society for Sex Therapy and Research (SSTAR)

2018 **Graduate Student Assembly Travel Grant**

Graduate School, The University of Texas at Austin

2018 **Best Abstract Award**

*Improvements in perceived genital sensations and sexual arousal following app-based intervention: Preliminary results from a randomized-controlled trial*

International Society for the Study of Women’s Sexual Health (ISSWSH)

2017 **Best Poster Award: Voters’ Choice**

*The impact of cancer on the sexual function of adolescents and young adults: A systematic review*

Society for Sex Therapy and Research (SSTAR)

2017 **Best Abstract Award**

*Improvements in acute subjective sexual arousal after a brief session of autogenic training in women with sexual arousal problems*

International Society for the Study of Women’s Sexual Health (ISSWSH)

2016 **Graduate Student Research Proposal Grant**

Texas Psychological Foundation

2016 **Student Research Development Award**

International Academy of Sex Research (IASR)

2016 **Best Poster Award**

*Autogenic training increases subjective and physiological sexual arousal in sexually functional women*

International Academy of Sex Research (IASR)

2016 **Sandra R. Leiblum Student Research Award**

*Vagal activity during physiological sexual arousal in women with and without sexual dysfunction*

Society for Sex Therapy and Research (SSTAR)

2015~16 **Departmental Summer Research Award**

Department of Psychology, The University of Texas at Austin

2013~16 **Professional Development Award**

Received grant to present an original paper at a relevant conference

Office of Graduate Studies, The University of Texas at Austin

2013 **Davids Book Prize in Psychology**

Awarded annually to an undergraduate student who shows outstanding promise as a scholar and researcher in the field of clinical psychology

Department of Cognitive, Linguistic, & Psychological Sciences; Brown University

2012 **Karen T. Romer Undergraduate Teaching and Research Award (UTRA)**

Grant to conduct independent research that directly contributes to course development

Office of the Dean of the College, Brown University

2010 **Foster Prize**

Awarded annually to a freshman who excels in the study of the French language and French Literature

Department of French Studies, Brown University

2008 **Commended Student**

National Merit Scholarship program

**PUBLICATIONS**

1. **Stanton, A.M.** & Kirakosian, N. (in press). The role of biofeedback in the treatment of sexual dysfunction. *Current Sexual Health Reports*.
2. Seehuus, M., Handy, A.B., & **Stanton, A.M.** (in press). Change in the popularity of ‘transgressive’ content in written erotica between 2000 and 2016. *Journal of Sex Research.*
3. Meston, C.M., **Stanton, A.M.**, & Althof, S.A. (in press). Female sexual arousal. In I.M. Binik & K.S.K. Hall (Eds.), *Principles and Practice of Sex Therapy* (6th Edition). New York: The Guilford Press.
4. Psaros, C., **Stanton, A.M.**, Bedoya, C.A., Mosery, N., Evans, S., Matthews, L., Haberer, J., Vangel, M., Safren, S.A., & Smit, J. (2020). Protocol for a prospective evaluation of postpartum engagement in HIV care among HIV-infected women in South Africa. *BMJ Open*, 10: e034465.
5. **Stanton, A.M.**, Goodman, G., Looby, S., Robbins, G., & Psaros, C. (2019). Sexuality and intimacy among older women living with HIV: A systematic review. *Current Sexual Health Reports*, *11*(4): 320-330.
6. Mallory, A.B., **Stanton, A.M.**, & Handy, A.B. (2019). Couples’ sexual communication and dimensions of sexual function: A meta-analysis. *Journal of Sex Research*, 57(6): 882-898.
7. Meston, C.M., **Stanton, A.M.**, & Buss, D.M. (2019). The Why Have Sex? Questionnaire. In R.R. Milhausen, J.K. Sakaluk, T.D. Fisher, C.M. Davis, & W.L. Yarber (Eds*.), Handbook of Sexuality-Related Measures (4th Edition)*. New York: Routledge.
8. Seehuus, M., **Stanton, A.M.**, & Handy, A.B. (2019). On the content of “real-world” sexual fantasy: Results from an analysis of 250,000+ anonymous text-based erotic fantasies. *Archives of Sexual Behavior,* *48*(3): 725-737.
9. Handy, A.B., **Stanton, A.M.**, & Meston, C.M. (2019). What does sexual arousal mean to you? Women with and without sexual arousal concerns describe their experiences. *The Journal of Sex Research*, *53*(3): 345-355.
10. Meston, C.M. & **Stanton, A.M.** (2019). Understanding sexual arousal and subjective—genital arousal desynchrony in women. *Nature Reviews Urology*, *16*:107-120.
11. **Stanton, A.M.,** Boyd, R.L., Fogarty, J.J.\*, & Meston, C.M. (2019). Heart rate variability biofeedback increases sexual arousal among women with female sexual arousal disorder: Results from a randomized-controlled trial. *Behaviour Research and Therapy*, *115*: 90-102.
12. **Stanton, A.M.**, Handy, A.B., & Meston, C.M. (2018). The effects of exercise on sexual function in women. *Sexual Medicine Reviews*, *6*(4): 548-557.
13. Meston, C.M. & **Stanton, A.M.** (2018). Sexuality and intimacy. *APA Handbook of Contemporary Family Psychology*. New York: American Psychological Association.
14. O’Cleirigh, C., Zvolensky, M.J., Smits, A.J., Labbe, A.K., Coleman, J.N., Wilner, J.G., **Stanton, A.M.,** Gonzales, A., Garey, L., Regenauer, K.S., & Rosenfield, D. (2018). Integrated treatment for smoking cessation and stress in people with HIV: A randomized clinical trial. *JAIDS, 72*(2): 261-268.
15. Meston, C.M. & **Stanton, A.M.** (2018). The gender difference in concordance is theoretically interesting but clinically irrelevant. *Current Sexual Health Reports, 10*(3): 73-75.
16. Kilimnik, C.D., Boyd, R.L., **Stanton, A.M.**, & Meston, C.M. (2018). Identification of nonconsensual sexual experiences and the sexual self-schemas of women: Implications for sexual functioning. *Archives of Sexual Behavior, 47*(6): 1633-1647.
17. **Stanton, A.M.**, Handy, A.B., & Meston, C.M. (2018). Sexual function in adolescents and young adults diagnosed with cancer: A systematic review. *Journal of Cancer Survivorship, 12*(1): 47-63.
18. Handy, A.B., **Stanton, A.M.**, & Meston, C.M. (2018). Understanding women’s subjective sexual arousal within the laboratory: Definition, measurement, and manipulation. *Sexual Medicine Reviews*, *6*(2): 201-216.
19. Meston, C.M. & **Stanton, A.M.** (2018). Comprehensive assessment of women’s sexual arousal requires both objective and subjective measurement. *Journal of Sexual Medicine*, *15*(4): 423-425.
20. **Stanton, A.M.**, Hixon, J.G., Nichols, L.M.\*, & Meston, C.M. (2018). One session of autogenic training increases acute subjective sexual arousal in pre-menopausal women with sexual arousal problems. *Journal of Sexual Medicine, 15*(1): 64-76.
21. Handy, A.B., **Stanton, A.M.**, Pulverman, C.S., & Meston, C.M. (2018). Differences in perceived and physiological genital arousal between women with and without sexual dysfunction. *Journal of Sexual Medicine, 15*(1): 52-63.
22. **Stanton, A.M.**, Meston, C.M., & Boyd, R. L. (2017). Sexual self-schemas in the real world: Exploring the ecological validity of language-based markers of childhood sexual abuse. *Cyberpsychology, Behavior, and Social Networking*, *20*(6): 382-388.
23. Althof, S., Meston, C.M., Perelman, M.A., Handy, A.B., Kilimnik, C.D., & **Stanton, A.M.** (2017). Opinion paper: On the diagnosis/classification of sexual arousal concerns in women. *Journal of Sexual Medicine*, *14*(11): 1365-1371.
24. Meston, C.M. & **Stanton, A.M.** (2017). Recent Findings on Women's Motives for Engaging in Sexual Activity. *Current Sexual Health Reports, 9*(3): 128-135.
25. **Stanton, A.M.**, & Meston, C.M. (2017). A single session of autogenic training increases acute physiological and subjective sexual arousal in sexually functional women. *Journal of Sex & Marital Therapy, 43*(7): 601-617.
26. Meston, C.M. & **Stanton, A.M.** (2017). Treatment of female sexual interest/arousal disorder. In W.W. IsHak (Ed.), *The Textbook of Clinical Sexual Medicine*. New York: Springer.
27. Meston, C.M. & **Stanton, A.M.** (2017). Evaluation of female sexual interest/arousal disorder. In W.W. IsHak (Ed.), *The Textbook of Clinical Sexual Medicine*. New York: Springer.
28. Meston, C.M. & **Stanton, A.M.** (2017). Sexual dysfunction. In: W.E. Craighead, D.J. Miklowitz, & L.W. Craighead (Eds.), *Psychopathology: History, Diagnosis, and Empirical Foundations (3rd Edition)*. New Jersey: John Wiley & Sons, Inc.
29. Pulverman, C.S., Boyd, R.L., **Stanton, A.M.,** & Meston, C.M. (2017). Changes in the sexual self-schema of women with a history of childhood sexual abuse following expressive writing treatment. *Psychological Trauma: Theory, Research, Practice, and Policy*, *9*(2): 181-188.
30. **Stanton, A.M.,** Pulverman, C.S., & Meston, C.M. (2017). Vagal activity during physiological sexual arousal in women with and without sexual dysfunction. *Journal of Sex & Marital Therapy, 43*(1), 78-89.
31. Meston, C.M. & **Stanton, A.M.** (2016). Acute exercise and physiological sexual arousal in women. In A.C. Hackney (Ed.), *Sex Hormones, Exercise & Women* (pp. 227-241). New York: Springer.
32. **Stanton, A.M.**, Boyd, R.L., Pulverman, C.S., & Meston, C.M. (2015). Determining women's sexual self-schemas through advanced computerized text analysis. *Child Abuse & Neglect, 46*, 78-88.
33. **Stanton, A.M.**, Pulverman, C.S., Lorenz, T.A., & Meston, C.M. (2015) Response to the letter to the editor. *Applied Psychophysiology and Biofeedback, 40*, 379, doi: 10.1007/s10484-015-9310-0
34. **Stanton, A.M.**, Lorenz, T.A., Pulverman, C.S., & Meston, C.M. (2015). Heart rate variability: A risk factor for female sexual dysfunction. *Applied Psychophysiology and Biofeedback*, *40*(3)*,* 229-237. **Highlighted as one of the top five papers of 2015 by *The* *Journal of Urology***.

\*Denotes an undergraduate supervisee.

**PUBLICATIONS UNDER REVIEW**

1. **Stanton, A.M.**, Lee, J.S., Wirtz., M.R., Andersen, L., Joska, J., Safren, S.A., van Zyl-Smit, R., & O’Cleirigh, C. (under review). Cigarette smoking and functional impairment among individuals who are receiving treatment for HIV in Cape Town, South Africa.
2. **Stanton, A.M.**, Batchelder, A.W, Kirakosian, N., Scholl, J.A., King, D., Grasso, C., Potter, J., Mayer, K., & O’Cleirigh, C. (under review) Mental health disparities among individuals who identify as gender non-binary.
3. **Stanton, A.M.**, Goodman, G., Psaros, C., & Raggio, G. (under review). Reflections on heart health among aging women living with HIV.
4. **Stanton, A.M.**, Bedoya, C.A., & Psaros, C. (under review). Identifying and coping with the psychological consequences of pelvic pain.
5. Psaros, C., **Stanton, A.M.**, Goodman, G., Raggio, G., Sweek, E., Robbins, G., & Park., E. (under review). Developing a resilience intervention for older women living with HIV.
6. Batchelder, A.W., **Stanton, A.M.**, Kirakosian, N., King, D., Grasso, C., Potter, J., O’Cleirigh, C., & Mayer, K. (under review). Differences in the prevalence of mental health and substance use diagnoses and treatment by sexual orientation and gender identity among patients accessing services in a Boston community health center.
7. Currin-McCulloch, J.A., **Stanton, A.M.**, Boyd, R.L, Neaves, M.A., & Jones, B.L. (revise and resubmit). Understanding breast cancer survivors’ information-seeking behaviors and overall experiences: A comparison of themes derived from social media posts and focus groups.

**PUBLICATIONS IN PREPARATION**

1. **Stanton, A.M.**, O’Cleirigh, C., Mayer, K., Thiim, A., & Batchelder, A.W. (in preparation). “It’s how we get to enjoy each other”: Substance use and sexual behavior among men who have sex with men who are living with HIV.
2. Zale, E.L., Labbe, A., Regenauer, K.S., **Stanton, A.M.**, Batchelder, A.W., Zvolensky, M., Smits, A.J., O’Cleirigh, C. (in preparation). Smoking abstinence expectancies and motivation to quit among people living with HIV.
3. Lee, J.S., Zopluoglu, C., Andersen, L.S., **Stanton, A.M.**, Magidson, J.F., Kagee, A., Joska, J.A., O’Cleirigh, C., & Safren, S.A. (in preparation). Measurement of food insecurity among people with comorbid depression and HIV in South Africa.

**EDITORIAL ACTIVITIES**

2019~present *Section Editor*, Female Sexual Dysfunctions and Disorders

Current Sexual Health Reports

2013~present *Ad hoc Reviewer*

AIDS and Behavior

AIDS Care

Archives of Sexual Behavior

Human Reproduction

Journal of Sex and Martial Therapy

Journal of Sexual Medicine

PLOS ONE

Psychotherapy

Sexual Health

**PEER-REVIEWED CONFERENCE PRESENTATIONS**

Symposium Presentations:

1. **Stanton, A.M.**, Potter, J., King, D., Grasso, C., Mayer, K., O’Cleirigh, C., & Batchelder, A. (2019, November). Gender non-binary individuals experience mental health disparities compared to their cis-gender counterparts: Findings from a large community health sample. In **A. Stanton** & M. Yusufov (Chairs), *Cognitive behavioral science beyond the psychotherapy room*: *Identifying mental health disparities to care to enhance health and well-being among diverse and vulnerable medical populations.* Association for Behavioral and Cognitive Therapies (ABCT) annual meeting, Atlanta, G.A.
2. Psaros, C., Raggio, G., **Stanton, A.M.**, Goodman, G., Sweek, E., Lin, N., Robbins, G.K., Park, E.R. (2019, March). Project BRIgHT: Developing a Resiliency Intervention for Older Women Living with HIV. In C. Psaros (Chair), *When Coping Isn’t Enough: Increasing Resiliency Among Diverse, Vulnerable Populations*. Society of Behavioral Medicine (SBM) annual meeting, Washington, D.C.
3. **Stanton, A.M.**, Boyd, R.L., Fogarty, J.J., & Meston, C.M. (2019, March). Improvements in female sexual function following app-based intervention: Preliminary results from a randomized-controlled trial. In **A. Stanton** (Chair), *Emerging themes and therapeutic tactics in behavioral medicine*. International Convention of Psychological Science (ICPS), Paris, France.
4. **Stanton, A.M.** (2016, March). The relationship between heart rate variability and sexual function in healthy women. In T.A. Lorenz (Chair), *Sexual psychophysiology in women: Measuring female sexual arousal and function.* Association for Applied Psychophysiology and Biofeedback (AAPB) annual meeting, Seattle, WA.

Podium presentations:

1. Kilimnik, C.D., Boyd, R.L., **Stanton, A.M.**, & Meston, C.M. (2018, May). Sexual self-schemas and sexual functioning: The role of nonconsensual sexual experience identification. European Federation of Sexology (EFS) annual meeting, Albufeira, Portugal.
2. **Stanton, A.M.** & Meston, C.M. (2018, April). Heart rate variability intervention increases sexual arousal and genital sensations: Preliminary results from a randomized-controlled trial. Society for Sex Therapy and Research (SSTAR) annual meeting, Philadelphia, PA.
3. **Stanton, A.M.**, Fogarty, J., & Meston, C.M. (2018, February). Improvements in perceived genital sensations and sexual arousal following app-based intervention: Preliminary results from a randomized-controlled trial. International Society for the Study of Women’s Sexual Health (ISSWSH) annual meeting, San Diego, CA. **Best Abstract Award**.
4. Handy, A.B., **Stanton, A.M.**, & Meston, C.M. (2018, February). Women’s experiences of sexual arousal: The importance of context. International Society for the Study of Women’s Sexual Health (ISSWSH) annual meeting, San Diego, CA.
5. Kilimnik, C.D., Boyd, R.L., **Stanton, A.M.**, & Meston, C.M. (2018, February). Sexual self-schemas and identification of nonconsensual sexual experiences: Implications for sexual functioning. International Society for the Study of Women’s Sexual Health (ISSWSH) annual meeting, San Diego, CA.
6. **Stanton, A.M.**, Boyd, R.L., & Meston, C.M. (2017, May). Sexual self-schemas in the real world: Exploring the ecological validity of language-based markers of childhood sexual abuse. World Association for Sexual Health (WAS) annual meeting, Prague, Czech Republic.
7. **Stanton, A.M.**, Nichols, L.M.\*, & Meston, C.M. (2017, April). Brief session of autogenic training improves subjective sexual arousal in women with sexual arousal problems. Society for Sex Therapy and Research (SSTAR) annual meeting, Montréal, Québec, Canada.
8. **Stanton, A.M.**, Handy, A.B., & Meston, C.M. (2017, February). The impact of cancer on the sexual function of adolescents and young adults: A systematic review. International Society for the Study of Women’s Sexual Health (ISSWSH) annual meeting, Atlanta, GA.
9. **Stanton, A.M.**, Nichols, L.M.\*, & Meston, C.M. (2017, February). Improvements in acute subjective sexual arousal after a brief session of autogenic training in women with sexual arousal problems. International Society for the Study of Women’s Sexual Health (ISSWSH) annual meeting, Atlanta, GA. **Best Abstract Award**.
10. **Stanton, A.M.**, Boyd, R.L., & Meston, C.M. (2016, June). Real-world sexual cognitions: Advanced text analysis technique replicates sexual self-schema themes in a large online sample. International Academy of Sex Research (IASR) annual meeting, Malmö, Sweden.
11. **Stanton, A.M.**, Pulverman, C.S., & Meston, C.M. (2016, April). Differences in vagal activity between women with and without sexual dysfunction during sexual arousal. Society for Sex Therapy and Research (SSTAR) annual meeting, Chicago, IL. **Society for Sex Therapy and Research Sandra R. Leiblum Student Research Award**.
12. **Stanton, A.M.**, Boyd, R.L., & Meston, C.M. (2016, February). Sexual cognitions in the real world: Quantifying and comparing sexual self-schemas in a large online sample. International Society for the Study of Women’s Sexual Health (ISSWSH) annual meeting, Charleston, SC.
13. **Stanton, A.M.**, Del Rey, G.M.\*, Nichols, L.\*, & Meston, C.M. (2016, February). A brief intervention to increase heart rate variability increases physiological sexual arousal in sexually functional women: Results from a pilot study. International Society for the Study of Women’s Sexual Health (ISSWSH) annual meeting, Charleston, SC.
14. **Stanton, A.M.**, Boyd, R.L., Pulverman, C.S., & Meston, C.M. (2015, November). Sexual self-schemas in women with and without histories of childhood sexual abuse: Results from a new computerized text analysis technique. International Society for Traumatic Stress Studies (ISTSS) annual meeting, New Orleans, LA.
15. **Stanton, A.M.**, Lorenz, T.A., Pulverman, C.S., & Meston, C.M. (2015, March). Heart rate variability predicts female sexual arousal dysfunction and overall sexual dysfunction. Association for Applied Psychophysiology and Biofeedback (AAPB) annual meeting, Austin, TX.
16. **Stanton, A.M.**, Lorenz, T.A., Pulverman, C.S., & Meston, C.M. (2015, February). Heart rate variability as an index of female sexual dysfunction: Results from a pilot study. International Society for the Study of Women’s Sexual Health (ISSWSH) annual meeting, Austin, TX.

Poster Presentations:

1. **Stanton, A.M.**, Lee, J.S., Andersen, L.S., Wirtz, M.R., Joska, J.A., Safren, S.A., & O’Cleirigh, C. (2020, November). Health-related quality of life, condomless sex, and sexual desire in people living with HIV in Cape Town, South Africa. International Association of Providers of AIDS Care (IAPAC)’s annual conference on HIV treatment and prevention adherence, Orlando, FL.
2. Lee, J.S., Andersen, L.S., **Stanton, A.M.**, Magidson, J.F., Kagee, A., Joska, J.A., O’Cleirigh, C., & Safren, S.A. (2020, August). Measurement of food insecurity among people with comorbid depression and HIV in South Africa. International Congress of Behavioral Medicine annual meeting, Glasgow, Scotland.
3. **Stanton, A.M.**, Lee, J.S., Wirtz, M.R., Andersen, L.S., Joska, J.A., Safren, S.A., van Zyl-Smit, R., & O’Cleirigh, C. (2020, July). Tobacco use and health-related quality of life among individuals receiving treatment for HIV in Cape Town, South Africa. International AIDS Conference (AIDS 2020), San Francisco and Oakland, CA.
4. **Stanton, A.M.**, O’Cleirigh, C., Mayer, K., Thiim, A., & Batchelder, A.W. (2019, June). “It’s how we get to enjoy each other”: Substance use and sexual behavior among men who have sex with men who are living with HIV. International Association of Providers of AIDS Care (IAPAC)’s annual conference on HIV treatment and prevention adherence, Miami, FL.
5. Kilimnik, C.D., Boyd, R.L., **Stanton, A.M.**, & Meston, C.M. (2018, April). Nonconsensual sexual experiences and sexual self-schemas in women’s sexual functioning: The role of self-identification. Society for Sex Therapy and Research (SSTAR) annual meeting, Philadelphia, PA. **Best Student Poster Award.**
6. Handy, A.B., **Stanton, A.M.**, & Meston, C.M. (2018, April). What does sexual arousal mean to you? Women with and without arousal concerns describe their experiences. Society for Sex Therapy and Research (SSTAR) annual meeting, Philadelphia, PA.
7. **Stanton, A.M.**, Nichols, L.M.\*, & Meston, C.M. (2017, May). One session of autogenic training increases acute subjective sexual arousal in pre-menopausal women with sexual arousal problems. World Association for Sexual Health (WAS) annual meeting, Prague, Czech Republic.
8. Seehuus, M., Handy, A. B., & **Stanton, A.M.** (2017, May). The themes and structure of sexual fantasy. Association for Psychological Science (APS) annual meeting, Boston, MA.
9. **Stanton, A.M.**, Handy, A.B., & Meston, C.M. (2017, April). The impact of cancer on the sexual function of adolescents and young adults: A systematic review. Society for Sex Therapy and Research (SSTAR) annual meeting, Montréal, Québec, Canada. **SSTAR Voters’ Choice Poster Award.**
10. **Stanton, A.M.**, Handy, A.B., & Meston, C.M. (2017, March). The impact of cancer on the sexual function of adolescents and young adults: A systematic review. Society of Behavioral Medicine (SBM) annual meeting, San Diego, CA.
11. **Stanton, A.M.**, Currin-McCulloch, J.A., & Jones, B.L. (2017, March). Analysis of natural language: A novel approach to understanding the themes of breast cancer survivorship. Society of Behavioral Medicine (SBM) annual meeting, San Diego, CA.
12. **Stanton, A.M.**, Nichols, L.M.\*, & Meston, C.M. (2017, March). Single session of autogenic training increases acute sexual arousal in women with sexual arousal problems. Society of Behavioral Medicine (SBM) annual meeting, San Diego, CA.
13. Handy, A.B., **Stanton, A.M.**, Pulverman, C.S., & Meston, C.M. (2017, February). The relationship between physiological genital arousal and genital sensations in women. International Society for the Study of Women’s Sexual Health (ISSWSH) annual meeting, Atlanta, GA.
14. Del Rey, G. M.\*, **Stanton, A.M.**, & Meston, C.M. (2017, February). The relationship between sexual shame and sexual self-schemas in college-aged women. International Society for the Study of Women’s Sexual Health (ISSWSH) annual meeting, Atlanta, GA.
15. **Stanton, A.M.**, Boyd, R.L., & Meston, C.M. (2016, November). Sexual self-schemas in a childhood sexual abuse-relevant online forum: A validation of previous findings from a laboratory sample. International Society for Traumatic Stress Studies (ISTSS) annual meeting, Dallas, TX.
16. **Stanton, A.M.**, Boyd, R. L., & Meston, C.M. (2016, September). Sexual self-schemas in women with and without a history of childhood sexual abuse: A comparison of laboratory and online findings. Canadian Sex Research Forum (CSRF) annual meeting, Québec City, Québec, Canada.
17. **Stanton, A.M**. & Meston, C.M. (2016, September). Single session of heart rate variability manipulation increases physiological and subjective sexual arousal in sexually healthy women. Canadian Sex Research Forum (CSRF) annual meeting, Québec City, Québec, Canada.
18. **Stanton, A.M.** & Meston, C.M. (2016, June). Autogenic training increases subjective and physiological sexual arousal in sexually functional women. International Academy of Sex Research (IASR) annual meeting, Malmö, Sweden. **International Academy of Sex Research Best Poster Award.**

1. **Stanton, A.M.**, Pulverman, C.S., & Meston, C.M. (2016, February). Vagal activity during physiological sexual arousal in women with and without sexual dysfunction. International Society for the Study of Women’s Sexual Health (ISSWSH) annual meeting, Charleston, SC.
2. Pulverman, C.S., Boyd, R.L., **Stanton, A.M.**, & Meston, C.M. (2016, February). Changes in the sexual self-schema of women with a history of childhood sexual abuse following expressive writing treatment. International Society for the Study of Women’s Sexual Health (ISSWSH) annual meeting, Charleston, SC.
3. Handy, A.B., **Stanton, A.M.**, Kilimnik, C.D., & Meston, C.M. (2016, February). Differences in why women with and without sexual dysfunction have sex. International Society for the Study of Women’s Sexual Health (ISSWSH) annual meeting, Charleston, SC.
4. **Stanton, A.M.**, Lorenz, T.A., Pulverman, C.S., & Meston, C.M. (2014, November). Heart rate variability predicts female sexual function status: Results from a pilot study. Texas Psychological Association (TPA) annual meeting, Dallas, TX.
5. Malin, J.J., Vine, V.J., **Stanton, A.M.**, Cannava, K., Bodie, G., & Pennebaker, J.W. (2014, March). The arc of narrative: Using language markers to identify stories. Society for Personality and Social Psychology (SPSP) annual meeting, Austin, TX.
6. Hamilton, L.D., Meston, C.M., & **Stanton, A.M.** (2014, February). Gender and age-related differences in sexual motivation. International Society for the Study of Women’s Sexual Health (ISSWSH) annual meeting, San Diego, CA.

**INVITED TALKS AND WORKSHOPS**

1. **Stanton, A.M.** (2019, June). Waiting to exhale: Using biofeedback to increase female sexual arousal. Psychiatry Grand Rounds presentation at Massachusetts General Hospital/Harvard Medical School, Boston, MA.
2. **Stanton, A.M.** (2019, March). Promoting sexual health: Mechanisms and interventions. Guest lecture for students enrolled in Abnormal Psychology course at Bard College, Annandale-on-Hudson, NY.
3. **Stanton, A.M.** (2017, January). Sexual dysfunction: Select case studies. Workshop conducted for the Family Medicine Residents at The University of Texas at Austin Dell Medical School, Austin, TX.
4. **Stanton, A.M.** (2016, October). Increasing sexual arousal in women: The role of heart rate variability manipulation and autogenic training. Workshop conducted at the Fielding Graduate University Cluster Meeting, Austin, TX.
5. Lorenz, T.A. & **Stanton, A.M.** (2016, March). Psychophysiology of sexual response: State of the field and future directions. Keynote address at the annual meeting of the Association of Applied Psychophysiology and Biofeedback (AAPB), Seattle, WA.
6. Lorenz, T.A. & **Stanton, A.M.** (2016, March). Biomarkers in sex research: Quantifying the erotic. Workshop conducted at the annual meeting of the Association for Applied Psychophysiology and Biofeedback (AAPB), Seattle, WA.
7. **Stanton, A.M.** (2016, August). Heart rate variability: Definition, measurement, and applications. Workshop conducted at the Center for Relationships, Austin, TX.

**RESEARCH EXPERIENCE**

***Behavioral Medicine Program***

***Department of Psychiatry***

***Massachusetts General Hospital/Harvard Medical School***

***Boston, MA***

2018~present *Title:* Developing a Resilience Intervention for Older, HIV-infected women

*Aim:* To investigate the feasibility and acceptability of a mind-body medicine resiliency intervention among older women living with HIV.

*Role:* Protocol therapist; *Supervisor:* Christina Psaros, Ph.D.

***The Fenway Institute***

***Fenway Health***

***Boston, MA***

2018~present *Title:* Project THRIVE+

*Aim:* To test the efficacy of a 10-session individual cognitive behavioral therapy treatment to reduce trauma-related distress and increase antiretroviral treatment adherence and engagement in HIV care in gay, bisexual, and other men who have sex with men living with HIV.

*Role:* Protocol therapist; *Supervisor:* Conall O’Cleirigh, Ph.D.

***Sexual Psychophysiology Laboratory***

***Department of Psychology***

***The University of Texas at Austin***

***Austin, TX***

2016~2018 *Title:* A Randomized-Controlled Trial of Heart Rate Variability Biofeedback for the Treatment of Female Sexual Arousal Disorder

*Aim:* To investigate the effects of heart rate variability biofeedback on physiological and subjective sexual arousal in women with sexual arousal problems

*Role:* Principal investigator; *Supervisor:* Cindy M. Meston, Ph.D.

2016~2017 *Title:* The Effect of a Brief Intervention to Increase Heart Rate Variability on Sexual Arousal in Women with Female Sexual Arousal Disorder

*Aim:* To investigate the effects of heart rate variability manipulation on physiological and subjective sexual arousal in women with sexual arousal problems

*Role:* Principal investigator; *Supervisor:* Cindy M. Meston, Ph.D.

2015~2017 *Title:* Food and Drug Administration Phase 2A Trial of Experimental Product for Female Sexual Arousal Dysfunction

*Aim:* A double-blind placebo-controlled two-way crossover trial examining the effects of an experimental product on genital and subjective sexual arousal in women with sexual arousal dysfunction.

*Role:* Study coordinator; *Supervisor:* Cindy M. Meston, Ph.D.

2015~2016 *Title:* The Effect of a Brief Intervention to Increase Heart Rate Variability on Sexual Arousal in Sexually Healthy Women

*Aim:* To investigate the effects of heart rate variability manipulation on physiological and subjective sexual arousal in healthy women

*Role:* Principal investigator; *Supervisor:* Cindy M. Meston, Ph.D.

2014~2015 *Title:* Vagal Activity and the Role of the Parasympathetic Nervous System during Sexual Arousal in Women With and Without Sexual Dysfunction

*Aim:* To examine differences in respiratory sinus arrhythmia and other indices of vagal activity during physiological sexual arousal in women with and without sexual dysfunction

*Role:* Principal investigator; *Supervisor:* Cindy M. Meston, Ph.D.

2013~2015 *Title:* Heart Rate Variability and Female Sexual Function

*Aim:* Examined heart rate variability level as a risk factor for sexual arousal dysfunction and overall sexual dysfunction in women

*Role:* Principal investigator; *Supervisor:* Cindy M. Meston, Ph.D.

***Psychosocial Research Department***

***Butler Hospital***

***Providence, RI***

2012~2013 *Title:* Holistic Approaches to Depression

*Aim:* A National Institute of Health-funded treatment study examining the effects of yoga as an adjunctive treatment for major depressive disorder

*Role:* Research assistant; *Supervisor:* Lisa A. Uebelacker, Ph.D.

***Program for Anxiety Research***

***The Warren Alpert Medical School***

***Brown University***

***Providence, RI***

2012~2013 *Title:* Attention and Interpretation Modification (AIM) for Panic Disorder

*Aim:* An open trial examining the effects of a computerized cognitive bias modification treatment on symptoms of panic disorder

*Role:* Research assistant; *Supervisors:* Risa B. Weisberg, Ph.D. & Courtney Beard, Ph.D.

***Research Division***

***Providence VA Medical Center***

***Providence, RI***

Summer 2012 *Title:* Acupuncture as a Complementary and Alternative Medicine Therapy for PTSD

*Aim:* Examined the effects of acupuncture as a complementary and/or alternative treatment for PTSD in combat veterans

*Role:* Research assistant; *Supervisors:* Madhavi K. Reddy, Ph.D. & M. Tracie Shea, Ph.D.

**CLINICAL EXPERIENCE**

2018~present **Clinical Fellow in Psychology**, **Department of Psychiatry**

**Massachusetts General Hospital/Harvard Medical School**

Supervisors: Giselle Perez-Lougee, Ph.D., Timothy Wallace, Ph.D., Abigail Batchelder, Ph.D., MPH, Allison Labbe, Ph.D., Stephanie Sogg, Ph.D., Michelle Jacobo, Ph.D., Jonathan Lerner, Ph.D., & Michelle Stein, Ph.D.

* Individual outpatient CBT for patients with a broad range of affective disorders and medical co-morbidities
* Group dialectical behavior therapy (DBT) for adults with borderline personality disorder
* Brief individual psychotherapy on an inpatient psychiatric unit with adults with severe depressive disorders, psychotic disorders, substance use disorders, and suicidal behavior
* Individual psychosocial assessments for adults seeking bariatric surgery and individual CBT for patients with binge eating disorder
* Weekly interdisciplinary team meetings and psychiatry rounds on adult inpatient unit
* Three hours of weekly clinical supervision (group and individual)

2017~2018 **Practicum student**, **North Austin Urology**

Supervisor: Vagdevi Meunier, Psy.D.

* Individual CBT for patients with sexual dysfunction in a urogynecology setting
* Consultation services to physicians and nurse practitioners

2017~2018 **Practicum student**, **The Center for Relationships**

Supervisor: Vagdevi Meunier, Psy.D.

* Gottman assessments and interventions for couples experiencing relational distress and/or sexual problems

2016~2018 **Practicum student**, **Anxiety and Stress Clinic**

**The University of Texas at Austin**

Supervisors: Jasper A. J. Smits, Ph.D. & Mark B. Powers, Ph.D.

* Individual CBT for patients with anxiety and traumatic stress disorders
* Specialized training in Prolonged Exposure Therapy for PTSD

2015~2018 **Practicum student, Private practice**

Supervisor: Michael J. Telch, Ph.D.

* Individual CBT for patients with severe OCD and agoraphobia

2016~2017 **Practicum student**, **Blackstock Family Health Clinic**

**The University of Texas at Austin Dell Medical School**

Supervisor: Jennifer L. Ayres, Ph.D.

* Individual CBT, ACT, and interpersonal therapy for underserved adults with depression, anxiety, obsessive compulsive, and psychotic disorders in a primary care outpatient setting
* Brief individual therapy for inpatients on family medicine service at Brackenridge Hospital
* Consultation with physicians and residents on both inpatient and outpatient cases
* Bi-monthly interdisciplinary palliative care case conference

2015~2016 **Practicum student, Lone Star Circle of Care Family Clinic**

**Texas A&M Health Science Center**

Supervisor: George A. Hill, Ph.D.

* Individual CBT, ACT, and interpersonal therapies for underserved adults with depression, anxiety, psychotic, substance abuse, chronic illness, and personality disorders in a primary care outpatient setting
* Consultation services to physicians, nurses, and social workers
* Monthly training in interprofessional communication

2014~2015 **Practicum student, Psychology Training Clinic (Therapy)**

**The University of Texas at Austin**

Supervisors: Jasper A. J. Smits, Ph.D. & Martita A. Lopez, Ph.D.

* Intake interview, SCID, WAIS-IV, MMPI-2, and symptom self-report assessments
* Delivered tailored feedback and wrote integrative reports
* Individual CBT for depression and anxiety disorders

2014 **Practicum student, Psychology Training Clinic (Assessment)**

**The University of Texas at Austin**

Supervisors: A. Rebecca Neal-Beevers, Ph.D. & Kim Fromme, Ph.D.

* Intake interview, SCID, WAIS-IV, and MMPI-2 assessments
* Delivered tailored feedback and wrote integrative reports

**ADDITIONAL CLINICAL TRAINING**

2017 ***Gottman Method Couples Therapy, Level 1 Clinical Training***

**The Center for Relationships, Austin TX**

Instructor: Vagdevi Meunier, Psy.D.

* Attended two-day course on research-based strategies to help couples successfully manage conflict
* Received training in assessment and interventions to identify solvable problems and manage irresolvable differences

2015 ***Collaborative Care and Medical Family Therapy Training***

**The University of Texas at Austin Integrated Behavioral Health Fellowship**

Instructors: Susan H. McDaniel, Ph.D., ABPP & Frank V. deGruy, M.D., MSFM

* Attended full-day course on collaborative care and medical family therapy
* Received leadership and interprofessional communication coaching

2014 ***Generalized Anxiety Disorder Workshop***

**The University of Texas at Austin Department of Psychology**

Instructor: Eni S. Becker, Ph.D.

* Attended half-day course on generalized anxiety disorder
* Participated in group activities, observations, and discussions
* Viewed videos of assessment sessions

**TEACHING EXPERIENCE**

***Teaching Assistantships***

**Harvard University Extension School**

2019 Personality Psychology

Professor: Stephanie Sogg, Ph.D.

**Department of Psychology**

**The University of Texas at Austin**

2017, 2016 Introduction to Human Sexuality

Professors: David Buss, Ph.D. & Cindy Meston, Ph.D.

2015, 2014, 2013 Introduction to Clinical Psychology

Professor: Kirsten Bradbury, Ph.D.

2016, 2014 Behavior Problems of Children

Professor: Kirsten Bradbury, Ph.D.

**GUEST LECTURES**

2018 **Male and Female Sexual Anatomy and Female Sexual Arousal**

Introduction to Human Sexuality

Professors: Cindy M. Meston, Ph.D. & David M. Buss, Ph.D.

* Lectured to class of 100 undergraduate students
* Lectured in the UT Austin Synchronous Massive Online Course (SMOC) system television studio which was broadcast to over 400 students online

2017 **Treating Female Sexual Dysfunction**

Empirically Supported Treatments for Adults

Professor: Michael J. Telch, Ph.D.

* Lectured to class of 8 graduate students

2014 **Panel on Applying to Psychology Doctoral Programs**

Psi Chi Honors Society (undergraduate club)

* Represented clinical psychology on panel with graduate students from other fields

2013 **Applying to Clinical Psychology Doctoral Programs**

Women in Psychology (undergraduate club)

* Lectured on graduate admissions process

**VOLUNTEER EXPERIENCE**

2017~present ***Member***, **Professional Development Committee**

**Department of Psychology, Clinical Area; The University of Texas at Austin**

* Organized a future career/professional development series for clinical psychology graduate students

2010~2013 ***Instructor***, **Writers’ Group**

**Brown University**

* Facilitated creative writing workshops for developmentally disabled adults
* Organized readings for writers’ group members to share their work with community members

2012~2013 ***Editor-in-Chief,* Post-**

**Brown University**

* Edited weekly arts and leisure supplement of the *Brown Daily Herald*

2009~2011 ***Editor*, Street Sights**

**Providence, RI**

* Wrote and edited articles in newspaper written for and produced by the homeless community of Providence, RI

**PROFESSIONAL AFFILIATIONS**

2019~present Association for Behavioral and Cognitive Therapies (ABCT)

2016~present International Academy of Sex Research (IASR)

2015~present Society for Sex Therapy and Research (SSTAR)

2013~present Rhode Island Alpha of Phi Beta Kappa

**LANGUAGES**

Fluent in speaking and writing French