#### Curriculum Vitae

# YASISCA PUJOLS KHOURI

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#### **EDUCATION**

2007 - Present Ph.D. Candidate, Clinical Psychology (Expected degree in 2013)

University of Texas at Austin

Austin, Texas

2010 M.A., Clinical Psychology

University of Texas at Austin

Austin, Texas

2003 B.A., Studio Art and Business (Minor)

University of Texas at Austin

Austin, Texas

#### **HONORS AND AWARDS**

2009-2010 PA-08-190: Research Supplement to Promote Diversity in Health-Related

Research; awarded by NICHD

\$30,000

2009 Graduate Dean's Prestigious Fellowship Supplement

Graduate School, University of Texas at Austin

2009-2010 Professional Development Award

Department of Psychology, University of Texas at Austin

2007 Ralph and Caroline Helmreich Endowed Presidential Fellowship

Graduate School, University of Texas at Austin

2006-2007 Department of Psychology Honors Program

Department of Psychology, University of Texas at Austin

Undergraduate Thesis: "Correlates of Monogamy in a National Sample"

2000 Dean's honor list

University of Texas at Austin

1999-2003 Southwest Airlines National Academic Scholarship

\$5,000 (renewed 3 years)

#### **PUBLICATIONS**

- 1. **Pujols, Y.,** Meston, C. M., & Seal, B. N. (2010). The association between body image, sexual functioning, and sexual satisfaction. *Journal of Sexual Medicine*, 7, 905 916.
- 2. **Khouri, Y. P.,** Pallato, C., & Meston, C.M. (In Press). Female Orgasmic Disorder among Women with Cancer. In: J.P. Mulhall, I. Goldstein, L. Incrocci, & R. Rosen (Eds.). Cancer and Sexuality.
- 3. Love, R. & **Khouri, Y. P**. (Under Review). Maximizing Decision Style and the Desire for Body Change. International Journal of Eating Disorders.
- 4. **Khouri, Y. P.,** & Meston, C. M. (Under Review). Body esteem predicts sexual functioning and satisfaction for women reporting childhood sexual abuse. Body Image.
- 5. **Khouri, Y. P.,** Telch, M. J. Development and Validation of the Erectile Performance Anxiety Index for Men. Manuscript in final stage of preparation.
- 6. Watts, T., Stephenson, K., Lorenz, T., **Khouri, Y.P.,** Meston, C. An analysis of Sexual Schema Theme Frequency in an Expressive Writing Intervention among Childhood Sexual Abuse Survivors. Manuscript in final stage of preparation.
- 7. **Khouri, Y. P.,** Argueta, N., Hamilton, L. D., Seal, B., Meston, C. Predictors of Monogamy and Non-monogamy in a National Sample. Manuscript in preparation.

## **CONFERENCE INVITED TALKS/PAPERS**

- 1. Seal, B., **Pujols, Y.,** & Meston, C.M. (2010, April). Positive and Negative Self-Awareness Enhance Sexual Arousal among Women with Sexual Dysfunction. Podium presentation at the annual meeting of the Society of Behavioral Medicine, Seattle, Washington.
- 2. **Pujols, Y.**, & Meston, C.M. (2010, February). Analysis of Body Esteem and Sexual Satisfaction among Victims of Early Sexual Abuse. Podium presentation at the annual meeting of the International Society for the Study of Women's Sexual Health, St. Petersburg, Florida.
- 3. Stephenson, K.R., Ahrold, T.K., **Pujols, Y.,** & Meston, C.M. (2009, February). The Associations Between Motivations for Sex and Sexual Satisfaction Differ by Gender. Podium presentation at the annual meeting of the International Society for the Study of Women's Sexual Health, Florence, Italy.

## **CONFERENCE PRESENTATIONS**

1. Raja, A.¹, **Khouri, Y. P.,** Meston, C. (2011, February). Body Esteem, Sexual Attitudes, Extraversion, and Sexual Activity Frequency Predict Sexual Desire in Young Women. Poster presentation at the International Society for the Study of Women's Sexual Health Conference, Scottsdale, Arizona.

- 2. Raja, A.¹, **Khouri, Y. P.,** Meston, C. (2011, April). Use it, Love it, or Lose it: Sexual Activity Frequency and Body Esteem Predict Sexual Desire in Young Women. Poster presentation at the Annual Meeting of the Society for Sex Therapy and Research, Palm Beach, Florida. 

  <sup>1</sup> Research Assistant under the direct supervision of Y. P. Khouri
- 3. **Khouri, Y. P.,** & Telch, M. (2010, November). The Association between Male Sexual Performance Anxiety, Social Anxiety, and Sexual Functioning. Poster presentation at the Association of Behavioral and Cognitive Therapy's 44th Annual Convention, San Francisco, California.
- 4. **Khouri, Y. P.,** Rodriguez, J., Peveto, L., & Meston, C.M. (2010, November). Media Image-Induced Body Dissatisfaction Impacts Subjective Sexual Arousal among Young Women. Poster presentation at the Association of Behavioral and Cognitive Therapy 44th Annual Convention, San Francisco, California.
- 5. **Pujols, Y.,** Seal, B. S., & Meston, C.M. (2009, August). Cognitive Distractions Predict Sexual Satisfaction Among a National Sample of Women. Poster presentation at the annual meeting of the International Academy of Sex Research, San Juan, Puerto Rico.
- 6. **Pujols, Y.,** & Meston, C.M. (2009, August). Body Esteem Predicts Sexual Functioning Status for Women Reporting Childhood Sexual Abuse. Poster presentation at the annual meeting of the International Academy of Sex Research, San Juan, Puerto Rico.
- 7. **Pujols, Y.,** Seal, B. N., & Meston, C. M. (2009, February). Body Image and Sexuality Variables Individually Predict Sexual Satisfaction among Women in a Relationship. Poster presented at the International Society for the Study of Women's Sexual Health Conference, Florence, Italy.
- 8. **Pujols, Y.,** Hamilton, L. D., Seal, B. N., & Meston, C. M. (2007, February). Monogamy and Sexuality in U.S. Women. Poster presented at the International Society for the Study of Women's Sexual Health Conference, Orlando, Florida.
- 9. **Pujols, Y.** (2006, December). Correlates of Monogamy in a National Sample. Poster presented at the Undergraduate Honors Psychology Poster Session, Austin, Texas.
- 10. **Pujols, Y.,** David, L., Seal, B.N., & Meston, C.M. (2006, March). Body Image Self-Consciousness and Sexual Response among Undergraduate Women. Poster presented at the Annual Meeting of the Society for Sex Therapy and Research, Philadelphia, Pennsylvania.

#### **CLINICAL EXPERIENCE**

Cumulative Practica Hours: 526 face-to-face therapy hours, 191 assessment hours (through Nov. 1, 2011)

#### Cognitive Behavioral Therapy Practica

2008-2009 Cognitive-Behavior Therapy for Anxiety and Mood Disorders

Clinical Psychology Training Clinic, University of Texas at Austin Supervisors: Michael Telch, Ph.D. & Martita Lopez, Ph.D.

- O Short-term CBT for outpatients with depression and anxiety
- o Included initial assessments with integrative report writing

<sup>&</sup>lt;sup>1</sup> Research Assistant under the direct supervision of Y. P. Khouri

#### 2009 – 2010 Cognitive-Behavior Therapy for ADHD

ADD Austin Community Clinic

Supervisor: Roberta Tsukahara, Ph.D.

- O Short- and longer-term CBT for adult outpatients with Attention Deficit Hyperactivity Disorder and other impulse-related disorders
- o Co-lead a supportive group for adults with ADHD
- o Included IQ and cognitive assessments with integrative report writing

### 2010 – present

# Cognitive-Behavior Therapy and Exposure Response Prevention for Anxiety Disorders

Department of Psychology, University of Texas at Austin Supervisor: Michael Telch, Ph.D.

o Short- and longer-term treatments for adult outpatients with social anxiety disorder, obsessive compulsive disorder, and agoraphobia

#### 2010 - Present

## Gottman Couples Therapy (CBT orientation)

Clinical Psychology Training Clinic, University of Texas at Austin Supervisor: Vagdevi Meunier, Psy.D.

 Long-term empirically validated treatment for couples with relationship difficulties

## Psychodynamic Therapy and Mixed Approach Practica

#### 2009 - 2010

## Control Mastery Therapy (Psychodynamic orientation)

Clinical Psychology Training Clinic, University of Texas at Austin Supervisor: Elayne Landsford, Ph.D.

o Long-term psychodynamic and cognitive therapy for one client with depression

#### 2010 - 2011

## Interpersonal and Cognitive Behavioral Therapy

Counseling and Mental Health Center, University of Texas at Austin Supervisors: Judith Mitchell, Ph.D., Mark Zentner, Ph.D.

O Brief treatment of undergraduate and graduate students with varying clinical presentations (i.e., depression, anxiety, eating disorders, relationship/family issues, sexual orientation issues)

#### 2011 - Present

## Interpersonal Therapy and Narrative Therapy for Trauma Survivors

Center for Survivors of Torture, Austin, Texas

Supervisor: Samantha McGrath, LPC

 Intake assessments for PTSD diagnostic criteria and treatment of traumarelated symptoms among an international population of sexual trafficking victims and refugees and asylum seekers who have endured psychological and physical torture

#### 2011 - Present

## Interpersonal and Cognitive Behavioral Therapy

Blackstock Family Health Center, Brackenridge Hospital, Austin, Texas Supervisor: Jennifer Ayres, Ph.D.

o Intake assessments and treatment of outpatient adults and children from diverse multicultural, low-income backgrounds

## Other Practicum Experiences

2008 - 2009 Intellectual and Personality Assessment

Department of Psychology, University of Texas at Austin Supervisors: Cindy M. Meston, Ph.D. & Kim Fromme, Ph.D.

 Conducted intake assessments and administered and interpreted the WAIS-III, WISC-IV, and MMPI-2; delivered tailored feedback, wrote integrative reports

## Other Clinical Experience

2007-2009 Diagnostic Interviewing

UT Combat Stress Project, University of Texas at Austin

Supervisor: Michael J. Telch, Ph.D.

 Administered SCID and Clinician-Administered PTSD Scale (CAPS) interviews to soldiers prior to and following their deployment to Iraq

2009 - 2010 Sexual Schema Therapy for Survivors of Childhood Sexual Abuse

Department of Psychology, University of Texas at Austin

Supervisor: Deborah Stote, Ph.D.

 Conducted brief treatment of female clients participating an expressive writing research study

2011 - Present **Prolonged Exposure Therapy for PTSD** 

Department of Psychology, University of Texas at Austin

Supervisor: Michael J. Telch, Ph.D.

O Conducted intake assessments and standard treatment of outpatient clients with PTSD enrolled in a clinical research study

## Clinical Supervision of Other Students

2007 – 2009 Clinical Teaching Assistant; Personality and IQ Assessment Practicum

Department of Psychology, University of Texas at Austin

Supervisors: Kim Fromme, Ph.D. and Rebecca Neal-Beevers, Ph.D.

O Supervised clinical psychology graduate students with intake assessments, and taught a weekly objective personality assessment practicum

**Certifications** 

2010 Level 1 Certification in Gottman Couples Therapy

St. Edwards University, Austin, Texas; Instructor: Vagdevi Meunier, Psy.D.

2011 Certificate of Safe Space Ally Training

University of Texas, Austin, Texas; Instructor: Shane Whalley, MSSW

2011 Completion of Prolonged Exposure Therapy for PTSD Training

University of Pennsylvania, Philadelphia, Pennsylvania

Instructors: Edna Foa, Ph.D., Sandy Capaldi, Psy.D., Elna Yadin, Ph.D.

#### **TEACHING EXPERIENCE**

2011 Assistant Instructor

Department of Psychology, University of Texas at Austin

Introduction to Psychology (1 course); Instructor rating 4.7/5.0

2009 – present Graduate Teaching Assistant

Department of Psychology, University of Texas at Austin

Intellectual Assessment (2 courses), Personality Assessment (2 courses),

Advanced Inferential Statistics (1 course), Clinical psychology CBT practicum (1

course)

2007 – present Undergraduate Teaching Assistant

Department of Psychology, University of Texas at Austin

Introduction to Psychology (3 courses), Research Methods and Statistics (1

course), Cognition (1 course), Human Sexuality (2 courses)

## **Guest Lectures**

2008 – 2011 Body Image and Sexuality, Sexual Anatomy, ADHD

Department of Psychology, University of Texas at Austin

2011 History and Practice of Intellectual Assessment

Department of Psychology, St. Edwards University, Austin, Texas

## Mentoring/Co-mentoring Experience

2008 – present **Research Assistant Supervisor**; Direct supervision of 11 undergraduate

research assistants for training and running various lab research projects

2009 – present Summer Undergraduate Research Experience; 2 students

2010 – present Undergraduate Psychology Honors Program; 1 student

#### GRADUATE - LEVEL PROFESSIONAL EXPERIENCE

2007 – present Ad-hoc reviewer, Archives of Sexual Behavior, Journal of Sexual Medicine,

Journal of Sex & Marital Therapy

2011 – present American Psychological Association APAGS Campus Representative

2010 Invitation to NIH NICHD Grant Writing Workshop; Bethesda, MD

#### PROFESSIONAL AFFILIATIONS

Graduate Student Affiliate of the American Psychological Association

Student Member of the Texas Psychological Association